

Post Graduate Diploma in Guidance & Counselling
2nd Semester Examination - 2016 – 17
Bio-Psychology & Psychopathology
Sixth Paper (PGDGC-106)

ASSIGNMENT

(To be submitted by 14th January, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 10×2
- a) What is abnormal behavior?
 - b) What is SLD?
 - c) What is neuromodulator?
 - d) What is identity crisis?
 - e) What is delusion?
 - f) What is Synaptic delay?
 - g) What is GABA?
 - h) Write two functions of endocrine glands?
 - i) Define agoraphobia?
 - j) What do you mean by Dementia?
 - k) What is the difference between the term criminal and antisocial?
 - l) Mention two causes of Parkinson's disease.
2. Answer **any Six** Questions from the following : 6×10
- a) Discuss the biological causal factors/viewpoints of abnormal behavior.
 - b) What is 'stress'? Discuss the causes and coping mechanism of stress. 2+8
 - c) Discuss the symptoms and causes of psychosomatic disorders.
 - d) Describe the anatomical structure of a Neurone with suitable diagram.
 - e) What is PTSD? Discuss the causes and treatment of ADHD. 2+8
 - f) What is MR? Describe the causes of MR and their remedial measures.
 - g) What is personality? Discuss the causes, symptoms and treatment of Paranoid Personality Disorder. 2+3+ 2¹/₂ +2¹/₂
 - h) Discuss the causes of mood disorders and their treatments. 5+5
 - i) Discuss the symptoms and psychological perspective of Borderline Personality Disorder.
3. Answer **any one** Question from the following: 1×20
- a) Discuss in detail the different types of Schizophrenia spectrum disorder with their symptoms, causes and treatment.
 - b) Illustrate in detail the multi-axial classification system of Abnormal Behavior according to DSM-V and its significance.
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Post Graduate Diploma in Guidance & Counselling
2nd Semester Examination- 2016 – 17
Therapeutic Approaches in Psychology
Seventh Paper (PGDGC-107)

ASSIGNMENT

(To be submitted by 14th January, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 10×2
 - a) What is Psychotherapy?
 - b) What is Bio-feedback therapy?
 - c) What is crisis Intervention?
 - d) What are CAT & ACT?
 - e) State the importance of Interpersonal Psychotherapy.
 - f) What is Psychodrama?
 - g) How Dream Analysis can help us?
 - h) Mention tree methods of Psychotherapy applicable for Childs and adolescents.
 - i) Mention the different types of Aversion Therapy?
 - j) What do you mean by Reality Therapy?
 - k) Define Secondary Reinforcement with an example.
 - l) What is Punishment?

2. Answer **any Six** Questions from the following : 6×10
 - a) What is DBT? What are the components of DBT? Just mention what skills are taught in DBT? 3+4+3
 - b) Who are conceptualized Modeling techniques? Define Modeling. Explain Modeling process. 2+2+6
 - c) Describe the idea of Psychoanalysis.
 - d) What are the implementation structure of Methods you can use for Social Skill development?
 - e) What is core idea of Logo Therapy? Mention Philosophical and psychological concepts of Logo Therapy. Explain Logo Therapy techniques.
 - f) For a client design a method(s) with an example for the treatment who is suffering from OCD?
 - g) What is behavior? What are the Root Causes of Behavior Differences? Give examples where you can use Behavior Therapy? 2+4+4
 - h) Briefly describe about the ‘psychotherapy with older adults’.
 - i) Describe your concept about the ‘Biological Based Therapy’.

3. Answer **any one** Questions from the following : 1×20
 - a) Write note any two: (i) Family Therapy, (ii) Indian Psychotherapy & (iii) Gestalt Therapy. 10+10
 - b) Clear the concept about ‘Systematic Desensitization’. How many steps are involved in ‘Systematic Desensitization’ – Mention the name. How do you apply this method to treat your client who is suffering from fear of cockroaches? 5+3+12

Post Graduate Diploma in Guidance & Counselling
2nd Semester Examination- 2016 – 17
Counselling in Practice
Eighth Paper (PGDGC-108)

ASSIGNMENT

(To be submitted by 14th January, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 10×2
- a) Who are the gifted children?
 - b) Why Counselling differ from guidance?
 - c) Who are Substance users?
 - d) Define consultation skills with example.
 - e) What is low cognitive ability?
 - f) What are the characteristics emotionally disabled children?
 - g) What are the differences between seizure and epilepsy?
 - h) What is Delusional disorder?
 - i) How HIV and AIDS are interrelated?
 - j) What is your concept about Mental Status examination?
 - k) What are the differences between conventional and counselling?
 - l) What is Traumatized child?
2. Answer **any Six** Questions from the following : 6×10
- a) How do you counsel a student who did not get success a Secondary level?
 - b) Discuss the problems faced by visually impaired child in school? What are the steps of counselling for them? 4+6
 - c) Do you agree the statement – ‘Drug addicts require rehabilitation’? Why?
 - d) How would you manage an anxious geriatric patient?
 - e) How do you identify an autism child? Describe management techniques you apply on him. 4+6
 - f) Discuss the steps of counselling for gifted child? Do you think the parents of gifted child should be included in the counselling process? 7+3
 - g) How do you counsel a child and his/her parents before joining school for the first time?
 - h) What are the steps of counselling a student before entering technical college?
 - i) Discuss the role of a counselor as developmental and educational consultant.
3. Answer **any one** Questions from the following : 1×20
- a) Write an essay on ‘History taking process in counselling’.
 - b) Write an easy on ‘counselling on brain injury and cerebral palsy of a child’.
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