



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

5.3.2 Average number of sports and cultural events organized at the institution during the last five years

Reports of the events along with the photographs with captions and dates



Swami Vidyamritananda
Principal (Offg.)
Ramakrishna Mission Sikshanamandira
Belur Math, Howrah-711202, W.B.

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda



Session: 2022-2023

- 1) **Talent search programme:** The Sikshanamandira conducted an extraordinary talent search program that was both motivational and innovative. This program served as an open platform to showcase the latent talents of recently enrolled trainee-teachers. Through this event, the institution could identify the trainees' unique areas of expertise. The program aided in revealing the hidden qualities of the trainees. In the year 2022, it was organised over two days, August 29th and 31st. The institution aimed to discover the special qualities of the trainee-teachers. This motivational event played a crucial role in the comprehensive development of the learners.



Performing Group Song in Talent Search Programme 31.08.2022



Solo Performance in Talent Search Programme 31.08.2022



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

- 2) **College Foundation Day:** Since 1958, every year, the Institution observed the 4th of August as college Foundation Day.. In the year 2022, the trainee-teachers also observed it with a spirit of unity and reverence to their alma mater.



Welcome Address Given by Principal in College Foundation Day 4.08.2022

- 3) **Intramural Football Match:** During the latter part of August 2022 (from the 29th to the 31st), an intramural football tournament was held between the B.Ed. and M.Ed. trainee interclass teams. The participants were segregated into six distinct groups: B.Ed. 1st year A, B.Ed. 1st year B, B.Ed. 2nd year A, B.Ed. 2nd year B, M.Ed. 1st year, and M.Ed. 2nd year. Within each group, 50 trainees took on the roles of both players and enthusiastic team supporters. All the faculty members were designated as motivators across all six groups. In this particular year, the M.Ed. 1st year team secured victory and clinched the championship trophy.



Interclass Football Match at Ramakrishna Mission Sikshanamandira

Line ups before opening Match, Intramural Football Competition, 2022

- 4) **Vivekananda Study Circle:** Following the initiation of a new normalcy after the Covid-19 period, the Vivekananda Study Circle at Ramakrishna Mission Sikshanamandira resumed its activities in August 2022. Every Thursday evening, a study circle was conducted, and around 10-15 students participated

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

diligently each week. The primary goals of this initiative were to engage in discussions about Swami Vivekananda's concept of 'Man Making and Character Building' and to aid the trainees in incorporating this innovative idea into their lives.



Inaugural Speech on Vivekananda Study Circle to new trainees, 2022

- 5) **Independence Day observation:** Sikshanamandira observed the 76th Independence Day on Monday, the 15th of August 2022. Trainee-teachers and faculty members participated in the National Flag hoisting ceremony. Through patriotic speeches, the participants paid their respects to Mother India.



76th Independence Day Observations

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 6) **World Entrepreneurship Day observation:** This year, Sikshanamandira observed World Entrepreneurship Day on the 21st of August 2022. Trainee-teachers and faculty members participated in the program. The main objectives of the event were to discuss how to become an entrepreneur and overcome difficulties associated with it.



Special Lecture on World Entrepreneurship Day, 21.08.2022

- 7) **Puja Social:** Similar to past years, in 2022, the Puja Social (a cultural program) was presented by the current trainee-teachers on the 28th of September. Typically, it was organised right before the commencement of the puja vacation. Many trainee-teachers showcased various performances, such as songs, recitations, text readings, drama, instrument playing, and yoga exercises. This vibrant program was thoroughly enjoyed by all members of RKMSM. Through this event, we became acquainted with



Puja Social Ceremony , 28.09.2022

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

- 8) **Garment Distribution:** On 28th September, 2022 new garments distribution ceremony was organised by Vivekananda study circle of Ramakrishna Mission Sikshanamandira. About more than 20 needy persons offered new garments on account of the ensuing Durga Puja. Most of the beneficiaries were the local dwellers.



Garments distributed by Principal to local dwellers 28.09.2022

- 9) **Teachers' day:** Every year, the Institution observed the 5th of September as Teachers' Day. Primarily, trainee-teachers took the initiative to organise and celebrate this event. All the teachers gathered, and the trainee-teachers paid their respects through brief speeches and cultural presentations. A particular focus of the program was a special discourse on the life and teachings of the esteemed Sarvapally Radhakrishnan.
- 10) **Vidyarthi Vrata Homa:** This program represents the core socio-cultural heritage of RKM's educational institutions. Just like in previous years, on the 5th of September, 2022, Sikshanamandira also organised the Vidyarthi Vrata with a deeply spiritual atmosphere. The event commenced with offerings to the Holy Trio, and the new trainee-teachers had the opportunity to participate in the Homa ceremony. They took an oath to become exemplary learners and strive to be virtuous individuals while reciting the mantras derived from the Taittiriya Upanishad. After the completion of the ritual, the trainee-teachers shared a special lunch and engaged in cultural performances. The significance of this day was etched into their memories for eternity.



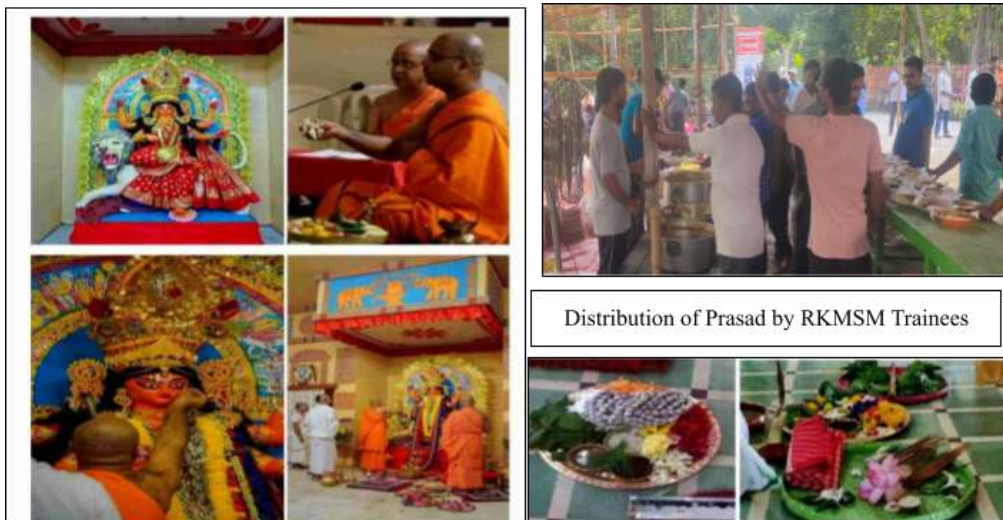
RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Vidyarthi Vrata Homa 5.09.2022

- 11) **Sri Sri Jagadhatri Puja:** On the 2nd of November, 2022, a ceremony was held at Saradapitha, a branch centre of Belur Math, dedicated to Sri Sri Jagadhatri Puja. Students diligently served food to devotees.



Distribution of Prasad by RKMSM Trainees

Worship to Sri Sri Maa Jagadhatri

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 12) **Special Lecture of Swami Sarvapriyananda:** On the 30th of November, 2022, a special lecture on the 'Importance of Focus in Education' was organized by Sikshanamandira. Respected Swami Sarvapriyananda (Minister-in-charge, Vedanta Society, New York) delivered a discourse on the topic.



Special Lecture given by Revered Swami Sarvapriyananda 30.11.2022

- 13) **National Youth Day Observation:** On the auspicious birthday of Swami Vivekananda, National Youth Day (12th January, 2023), was observed by our Sikshanamandira. More than 71 trainee teachers from the institution participated in the morning assembly at Belur Math and also delivered speeches and music performances.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Morning Rally in National Youth Day Celebration 12.01.2023

- 14) **Netaji Birth Day Observation:** Just like in previous years, this year in 2023, Sikshanamandira observed the auspicious day of the 23rd of January, the birthday of Netaji Subash Chandra Bose. Students and faculty members came together for this program. The national flag was hoisted by the revered Principal Maharaj. A few trainee-teachers delivered short speeches about the great life of Netaji. Revered Principal Maharaj shared valuable insights about S.C. Bose. Representatives from each class of trainee-teachers also contributed valuable points.



Principal Speech on Netaji Birth 23.01.2023

- 15) **Republic day observation:** Just like in previous years, in 2023 as well, Sikshanamandira observed Republic Day on the 26th of January. After the hoisting of the National flag, the respected Principal Maharaj delivered an inspiring short speech. Trainee-teachers played in a group band during the flag

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Republic day observation at college premises 26.01.2023

- 17) **The Annual sports:** The sports session of 2022-2023 took place on Friday, the 3rd of February and Saturday, the 4th of February, 2023. This year, a total of 18 sports events were conducted, beginning at 7 a.m. The annual sports were inaugurated by Swami Vidyamritanandaji Maharaj, the Principal of the college, who hoisted the national flag. The college flag was hoisted by the Controller of Examinations, Swami Urjitanandaji Maharaj. The events began with the national anthem and an oath taken by students to respect the nation, the college, and fair sports. The opening ceremony had Mr. Ajit Shaw, Senior Volleyball coach and Officer in charge of the Revenue Generation Cell at the Sports Authority of India, Kolkata, as the chief guest. Swami Vidyamritanandaji Maharaj, the Principal of the college, felicitated and introduced the chief guest, delivering a welcome address. The chief guest emphasised the importance of regular exercise in building a strong heart, bones, lung function, and preventing chronic diseases. He highlighted the role of sports in promoting a healthy lifestyle and building healthy habits. The majority of students, teaching and non-teaching staff members, and research scholars enthusiastically participated in various events. A special event was also organised for special needs students, where they competed with great interest. The valedictory function took place at 4:00 p.m., with faculty members distributing prizes to students. The closing ceremony concluded with a vote of thanks from Prof. Pradip Sarkar, a senior faculty member. Mr. Prashanta Hansda, a B.Ed. 1st-year student, received 5 gold medals (4 in individual events and 1 in a group event) and was recognized as the Best Athlete of the year.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
College with Potential for Excellence (CPE), College of Teacher Education (CTE) &
Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies

(033)2654-6081/9281/1635 rkmsmc@gmail.com, rkmsm@rediffmail.com www.rkmsm.org

Belur Math, Howrah - 711 202, West Bengal

Annual Sports Meet - 2023

The Annual Sports meet for the Session 2022-2023 of our institution will be held on Friday, 3rd February and Saturday, 4th February from 7:00 A.M. onwards at our College premises. All the students should participate in the Sports Meet mandatorily. Faculty members and non-teaching staff are requested to attend the event to encourage the participating students.

Following events will be held in the meet -

1. 100 metres Race
 2. 200 metres Race
 3. 400 metres Race
 4. Running Broad Jump (Long Jump)
 5. High Jump
 6. Shot Put
 7. Discus Throw
 8. Javelin Throw
 9. 4 X 100 metres Relay Race (Unit Wise)
 10. Hitting the Wickets
 11. Fall of Cones by kicking the Football
 12. Hitting the Target (*Handibhanga*) (for Differently abled Trainees)
 13. Dribble and Goal Shoot (for Research Scholars)
 14. Dart target hit (for Teaching and Non-teaching staff)
 15. Run and Goal Shoot (for Teaching and Non-teaching staff)
- Go as You Like- For All

Note: Students intending to participate in the sports meet should enlist their names to Sri Arumay Jana on and before 2nd February, 2023. A student can take part in a maximum of 4 events (2 Running and 2 others) except 4 X 100 metres relay race.

Arumay Jana

Sri Arumay Jana
(Convenor, Games and Sports Sub Committee)



Swami Vidyamritananda

Swami Vidyamritananda
(Principal) 28/1/23

Swami Vidyamritananda
Principal (Orig.)
Ramakrishna Mission SIKSHANAMANDIRA
Belur Math, Howrah-711202, W.B.

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda

Scanned with CamScanner

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Collage of Annual Sports Events 03.02.2023 & 4.02.2023

18) **Mother Language Day Observation:** On the 21st of February, the International Mother Language Day was observed by Ramakrishna Mission Sikshanamandira. Faculty members and trainee teachers participated in the afternoon session. A contemplation camp was conducted, featuring discussions by different scholars on the historical significance of the day in relation to mother languages.



Performing song by a trainee in Mother Language Day Celebration

19) **Educational Excursion:** On the 7th of February, 2023, Sikshanamandira conducted an Educational Excursion. The destination was Taki Ramakrishna Mission and the riverbank of the Ichamati River in the North 24 Parganas district of West Bengal. Approximately 150 trainee teachers, along with 16

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

college staff members and monks, participated in the excursion. The learning experience from this excursion was noteworthy and extraordinary. The participating trainee teachers gained insights into the marine ecosystem and the habitats of the biodiversity in that environment.



Collage of Educational Excursion

20) Public Celebrations on the Occasion of Janmatithi of Sri Ramakrishna Deva:

Public celebrations related to the Abirbhab or Janma Tithi of Sri Ramakrishna Paramhansadev were held at Belur Math on the 26th of February, 2023. In these celebrations, 65 trainee teachers from

“Education is the manifestation of the perfection already in man.”

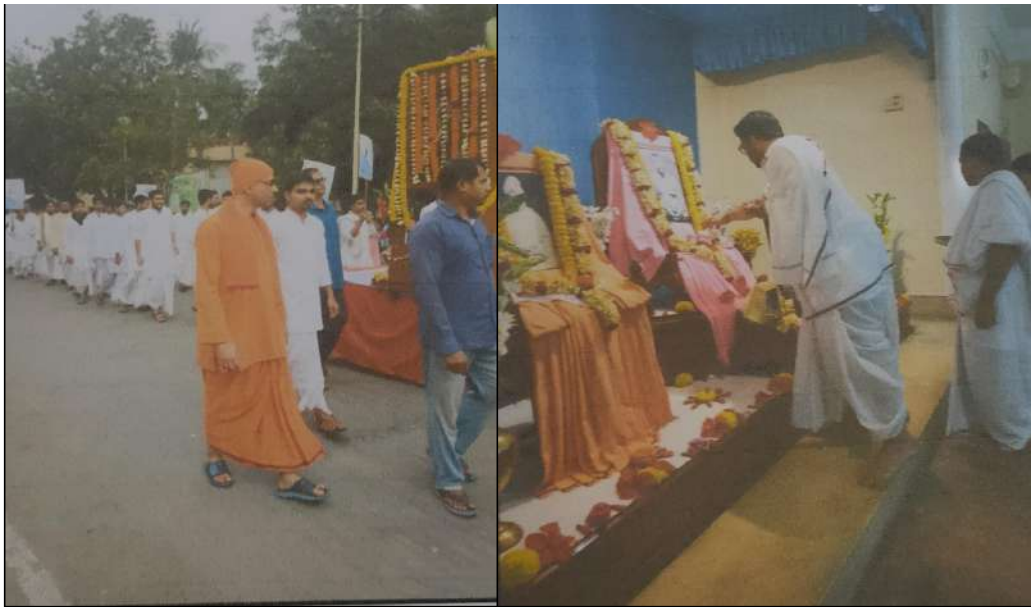
- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

Sikshanamandira enthusiastically participated in voluntary services.



Morning Rally to Belur Math Temple

Worship to Thakur at Prayer Hall

21) **Awareness Camp on ‘Yoga for Health and Awareness’:** On the 11th of March, 2023, Ramakrishna Mission Sikshanamandira organised a camp focused on Yoga for health and awareness. The program featured Dr. Asish Paul (Associate Professor, Dept. of Physical Education, Jadavpur University) and Dr. Pradyot Sinhamahapatra (Associate Professor, Dept. of Clinical Immunology and Rheumatology, IPGMR, SSKM Hospital, Kolkata) as resource persons. Around 110 trainees and 30 rheumatoid patients from various districts of southern West Bengal took part in the event. The primary goals of the program were to promote a healthy lifestyle and raise awareness about preventing rheumatoid diseases through Yoga practices.



Inauguration Song Performing by Trainees



Practical Demonstration of Yogic postures

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

22) **Blood Donation Camp:** On the 30th of April 2023, Sikshanamandira organised a blood donation camp. 42 students actively participated in the camp.



Blood Donation Camp

23) **Aids Awareness Camp:** An AIDS Awareness Camp was conducted by Ramakrishna Mission Sikshanamandira on the 10th of May, 2023. 44 trainees, including teachers, initiated an awareness rally from the college campus to the GT road Belur Bazar bus stand. Along their route, they distributed awareness leaflets to the public.



Rally on Aids Awareness

24) **Swachh Bharat Abhijan:** On the 10th of May, 2023, a cleanliness program was carried out by Ramakrishna Mission Sikshanamandira at Jagannath Ghat, Belur Math, as a part of the Swachh Bharat Abhijan initiative. 46 B.Ed. course trainees actively participated in the event, diligently cleaning the

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

designated

area.



During Cleaning of Jagannath Ghat, Belur Math

25) **International Day of Yoga Celebration:** The 9th International Day of Yoga was celebrated by Ramakrishna Mission Sikshanamandira on the 21st of June, 2023. Revered Swami Amiteshanandaji (Acharya, Brahmachari Training Centre, Belur Math) was invited to deliver a speech on the significance of the day and how yoga contributes to a positive life. A physical demonstration of the common yoga protocol was practised during the program. 36 trainee teachers and faculty members enthusiastically participated in the event.



Collage of 9th International Day of Yoga Celebration

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



Session: 2021-2022

1) **Talent search programme:** Sikshanamandira conducted an extraordinary cultural programme that was not only motivational but also innovative. This programme served as an open platform for the manifestation of the inner qualities of the newly admitted trainee-teachers. Through this event, the Institution discovered learners' special areas of knowledge and elicited the hidden inner qualities of the trainees. In the year 2021, it was organised over two days in online mode. The Institution learned about the special qualities of existing trainee-teachers through this motivational event, which aided in the holistic development of the learners.



Talent Search Programme

2) **Independence Day observation:** On 15th August 2021, Sikshanamandira observed Independence Day. Trainee-teachers and faculty members virtually participated in the National Flag hoisting ceremony. By delivering patriotic speeches, the participants paid homage to Mother India.

3) **Puja Social:** Like previous years, in the year 2021 on 28th September, the puja social (cultural programme) was presented by current trainee-teachers through a virtual platform. This event was traditionally arranged just before the puja vacation. Many trainee-teachers showcased various items like songs, recitations, text-reading, drama, instrument playing, yoga exercises, and more. This vibrant programme was thoroughly enjoyed by all members of RKMSM. Through this event, cultural heritage and socio-moral values of the puja festival were showcased.

4) **Teachers' day:** Every year, the Institution observed 5th September as Teachers' Day. Trainee-teachers took the initiative to celebrate this programme. All the teachers assembled, and trainee-teachers paid their reverence through short speeches and cultural performances. A special discourse on the life and teachings of respected Sarvapally Radhakrishnan was a prime focus of the programme. On this auspicious day, Swami Swami Suvirananda (General Secretary, Ramakrishna Math and Mission) motivated the trainee teachers.

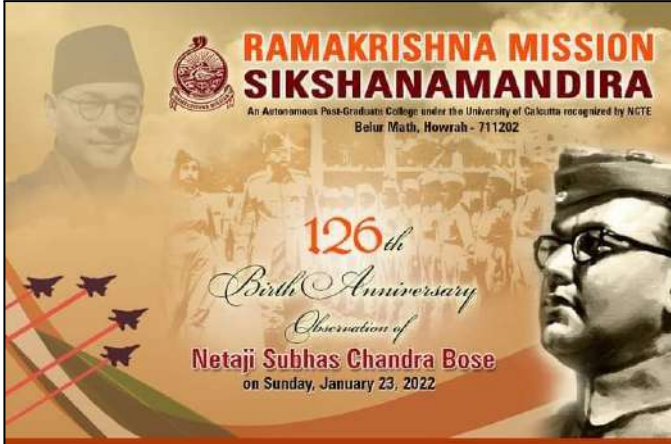
5) **Netaji birth day observation:** Similar to previous years, in 2022 as well, Sikshanamandira observed the auspicious day, the 23rd of January, which marks the birthday of Netaji Subash Chandra



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

Bose. Instead of offline mode, students and faculty members joined in online mode. The National flag was hoisted by the revered Principal Maharaj. Short speeches about the great life were delivered by a few trainee-teachers. Revered Principal Maharaj also shared valuable insights about S.C Bose. Representatives of trainee teachers from each class also contributed valuable points.



RAMAKRISHNA MISSION SIKSHANAMANDIRA
An Autonomous Post-Graduate College under the University of Calcutta recognized by NCTE
Belur Math, Howrah - 711202

126th Birth Anniversary
Observation of
Netaji Subhas Chandra Bose
on Sunday, January 23, 2022

TIME	PROGRAMME	PERFORMED BY
8:00 – 8:10 AM	Hoisting of the National Flag by Swami Vidyamritananda, Vice Principal & <i>Salutations to Mother India and Patriotic Song</i>	
8:10 – 8:15 AM	Speech	Swami Urjitananda, <i>Controller of Examinations</i>
8:15 – 8:20AM	Song	Student of B.Ed. 1 st Semester
8:20 – 8:25AM	Speech	Student of PGDYE 1 st Semester
8:25 – 8:30AM	Song	Student of M.Ed. 1 st Semester
8:30 – 8:35AM	Speech	Prof. Hitasish Bhowmik, Faculty
8:35 – 8:40 AM	Vote of Thanks	Sri Alik Kumar Mondal, Faculty

Closing Song – National Anthem



Netaji Subhas Chandra Bose Birthday Observation

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 6) **Republic day observation:** In 2022, similar to previous years, Sikshanamandira observed Republic Day on the 26th of January in a virtual platform. After the National flag was hoisted, the respected Principal Maharaj delivered an inspiring short speech. During the flag hoisting, trainee-teachers played the group band. A few trainee-teachers also presented short speeches on the importance of Republic Day. Promoting nationalism and patriotism remained the central objectives of this programme.
- 7) **Saraswati Puja:** On the 5th of February, 2022, Ramakrishna Mission Sikshanamandira organised Saraswati Puja, dedicated to the goddess of knowledge. Trainees participated in proper rituals and cultural programmes, expressing their devotion to Devi Saraswati.



Saraswati Puja at Sikshanamandira Campus

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

8) **The Annual sports:** The Annual sports for the Session 2021-2022 were held on Thursday, 10th March and Friday, 11th March, 2022. In this Year, a total of 18 sports events were conducted. The events started at 7 a.m. onwards. Swami Vidyamritanandaji Maharaj, vice-principal of the college, inaugurated the Annual sports by hoisting the national flag, and the college flag was hoisted by Controller of Examinations, Swami Urjitanandaji Maharaj. After the national anthem, students took oaths to respect the nation, college, and fair sports. Mr. Kamal Maitra, honourable General Secretary, West Bengal Athletic Association, was the chief guest in the opening ceremony. Swami Vidyamritanandaji Maharaj felicitated and introduced the chief guest, and a welcome address was delivered. The Chief Guest emphasised the importance of regular exercise for building a strong heart, bones, and lung function. He highlighted the role of sports in preventing chronic diseases and reducing stress. He also stressed that sports promote a healthy lifestyle and instil healthy habits. A majority of students, teaching and non-teaching staff members, and research scholars participated in various events with great enthusiasm. A special event was held for differently-abled students, where they competed with each other. The valedictory function concluded at 4:00 p.m., with faculty members distributing prizes to students. The closing ceremony ended with a vote of thanks by Prof. Pradip Kumar Sengupta, senior faculty of the college. Mr. Dilwar Hossain, M.Ed. 2nd year, secured 4 medals with 3 gold and 1 silver and was named the Best Athlete of the year.



Collage of Annual Sports, 2022

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



9) **Vidyarthi Vrata Homa:** The fundamental socio-cultural heritage programme of RKM's educational Institutions, Vidyarthi Vrata, was organised by Sikshanamandira on the 11th of December, 2021. In a fully spiritual environment, the event commenced with offerings to the Holy Trio. New trainee-teachers had the opportunity to participate in the Homa and take an oath to become ideal learners and perfect individuals. The mantras chanted during the ceremony were derived from the Taittiriya Upanishad. Following the offering, trainee-teachers shared a special lunch and engaged in cultural programmes. The memory of this day remains etched in their minds forever.



Vidyarthi Brata Homa

10) **World Entrepreneurship Day observation:** In the year 2021, Sikshanamandira observed World Entrepreneurship Day on the 21st of August. Trainee-teachers and faculty members participated through online platforms. Dr. Sekhar Chaudhuri (Ex Director and Professor of Strategic Management, IIM Calcutta), Dr. Sanjib Paul (Director, Ado Additive Manufacturing Private Limited), and Dr. Nandan Gupta (Swami Vivekananda Institute of Science and Technology) delivered lectures on Management & Entrepreneurship, How to be an Entrepreneur, and Future & Prospect of Entrepreneurship in Eastern India, respectively.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

World Entrepreneurship Day

11) **Webinar:** Sikshanamandira Praktoni association organized a webinar on Peace of Mind through Vedantic Inquiry on the 7th of August, 2021, with Revereed Swami Sarvapriyanandaji Maharaj (Minister-in-charge, New York Vedanta Society) delivering the discourse.

Webinar Peace of Mind through Vedantic Enquiry

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

12) **Webinar:** Sikshanamandira Praktoni association organised a webinar on Purushottam Shri Krishna on the 28th of August, 2021. The discourse was presented by Revered Swami Shastrajnanandaji Maharaj (Principal, Ramakrishna Mission Residential College, Narendrapur).

13) **Webinar:** Sikshanamandira organised a webinar on Bideshe Matribhasa: Samaj, Manon o Byakhya on the 7th of September, 2021. Shubhankar Mukhopadhyay (Journalist, Nashville, Tennessee, US) was the keynote speaker of this webinar.



14) **Webinar:** Sikshanamandira organised a webinar on Unity in Diversity on the 11th of September, 2021 emphasising the impact of Swami Vivekananda's inclusive philosophy of harmony between different race, sect, religion and nation for an increasingly interconnected global society.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA
 (A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
 Belur Math, Howrah - 711 202, West Bengal



Banner of Webinar on Unity in Diversity

15) **Webinar:** Sikshanamandira organised a webinar on Remembering the great actor Dilip Kumar on the 11th of September, 2021, with contributions from film director Sudehna Roy, Madhujā Mukherjee, and Shisir Roy.



Banner of Webinar on great actor Dilip Kumar

16) **Webinar:** Sikshanamandira organised a webinar on Chitrokolar Abanindranath on the 18th of September, 2021. The discourse was delivered by Sushobhan Adhikari (Kala Bhavan, Visva-Bharati) and Executive member of Shishu Kishore Academy, Govt. of West Bengal.

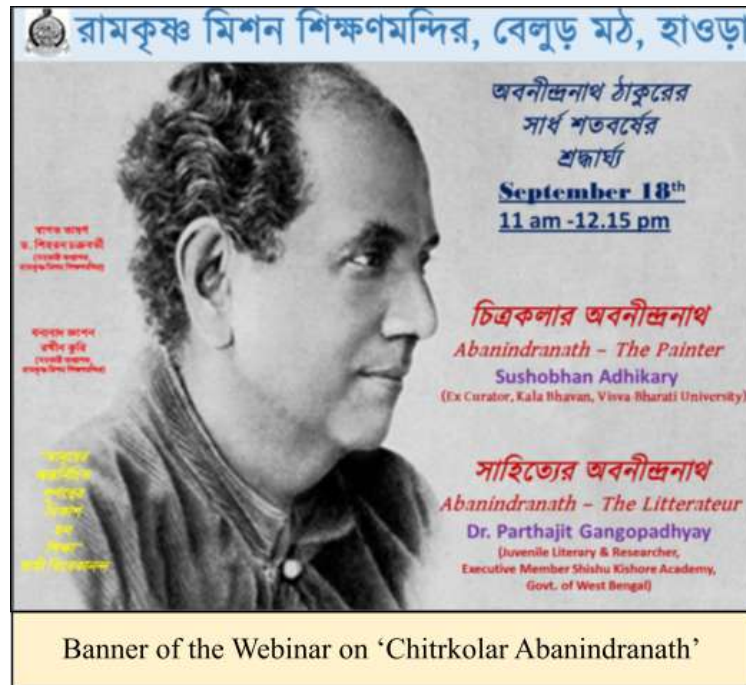
“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Banner of the Webinar on 'Chitrkolar Abanindranath'

17) **Webinar:** Sikshanamandira organised a webinar on Janoni Maa Sarada: Antore jagicho tumi antormoy on the 19th of September, 2021. Dr. Marufi Khan (Bangladesh) delivered the discourse.

18) **Service to mass (Jalasatra):** Sikshanamandira organised a program of 'Jalasatra' (fresh drinking water distribution) to common people near Belur Math during the summer season (April-June), 2022. 95 trainees and some faculty members actively participated in this program, aimed at developing social values and unity among common people.



Free Water distribution in summer

19) **Vivekananda Study circle:** After the pandemic, Sikshanamandira restarted the weekly 'Vivekananda Study Circle'. Every Thursday evening, trainees attended the program sincerely to absorb the man-making and character-building ideas of Swami Vivekananda.

“Education is the manifestation of the perfection already in man.”

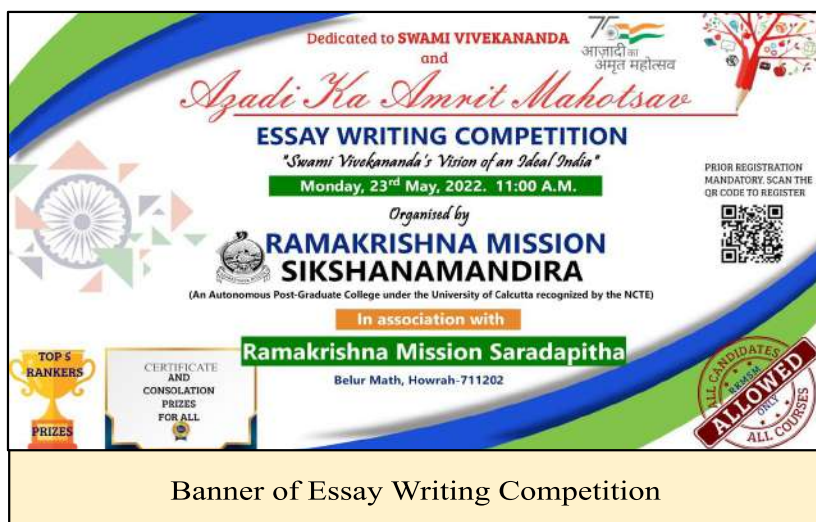
- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

20) **Essay writing competition:** On the occasion of Azadi ka Amrit Mahotsav, Ramakrishna Mission Sikshanamandira and Ramakrishna Mission Saradapitha, Belur Math, jointly organised an Essay Writing competition on the 23rd of May, 2022. A total of 34 trainees participated and competed against each other. Supriya Giri (M.Ed. 2nd year) secured the 1st position in this competition.



Banner of Essay Writing Competition

21) **Azadi ka Amrit Mahotsav:** On the occasion of Azadi ka Amrit Mahotsav, Ramakrishna Mission Sikshanamandira and Ramakrishna Mission Saradapitha, Belur Math, jointly organised an Elocution competition on the 25th of May, 2022. A total of 50 trainees participated and competed. Tejas Vyas (B.Ed. 2nd year) secured the 1st position in this competition.



Banner of Elocution Competition

22) **Yoga Quiz Competition:** On the occasion of the International Day of Yoga, Ramakrishna Mission Sikshanamandira organised a Yoga Quiz Competition on the 28th of April, 2022 where 62 students participated.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

23) **Yogasana Competition:** On the occasion of the International Day of Yoga, Ramakrishna Mission Sikshanamandira organised a Yogasana Competition on the 27th of May, 2022. A total of 58 trainees participated, with Shubhedu Pandit (PGDYE 2021-2022) securing the 1st position in this competition.



Prize handed over by the Principal

24) **Bicycle Rally:** As part of Azadi ka Amrit Mahotsav, Ramakrishna Mission Sikshanamandira organised a Bicycle Rally on the 3rd of June, 2022. 13 trainees participated in this rally.



Collage of Bicycle Rally Celebration

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

25) **Blood Donation Camp:** On the 17th of September, 2022, Sikshanamandira organised a blood donation camp. 18 students participated in this camp.



Blood Donation Camp

26) **Narayana Seva (free food distribution):** On the 20th of December, 2021, Sikshanamandira organised Narayana Seva (free food distribution). A significant number of trainee teachers participated in this program and dutifully carried out their responsibilities.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Narayana Seva

27) **Students' Week Observation:** Following the instruction of the Government of West Bengal, Ramakrishna Mission Sikshanamandira celebrated Students' Week Observation from the 1st of January to the 7th of January, 2022. The opening ceremony took place on the 1st of January, with an online workshop and interaction with guardians on students' welfare on the 2nd of January. On the 3rd day, a cultural contest was held, focusing on singing, recitation, and speech. A motivational lecture by Babar Ali (world young headmaster) was delivered on the 4th day. The 5th day included a program on career counselling conducted by Sikshanamandira placement cell unit. A camp on Mental Health, organised by the PGDGC department, was conducted on the 6th day. On the 7th day, a seminar on the Blend mode of Education was held, and the closing ceremony took place in a blended mode, with the presence of faculty members and trainee teachers.



Session: 2020-2021

- 1) **Webinar:** On March 22, 2021, Ramakrishna Mission Sikshanamandira organised a national-level webinar on the topic of World Water Day, focusing on "Manob Jibone jolergurutwa o Jalasankot." The discourse was delivered by Revered Swami Urjitanandaji (Controller of Examinations, Ramakrishna Mission Sikshanamandira) and Professor Alik Kumar Mondal (Faculty, Ramakrishna Mission Sikshanamandira).
- 2) **Webinar:** Similarly, on April 22, 2021, a webinar was organised on the occasion of World Earth Day with the theme "Restore our Earth." Revered Swami Mahapranjanandaji (Monastic Faculty, Ramakrishna Mission Vidyamandira) and Professor Satyajit Kar (Faculty, Ramakrishna Mission Sikshanamandira) delivered the discourse.



- 3) **Webinar:** On June 5, 2021, a webinar was organised to celebrate World Environment Day, focusing on "Manob Jibone Poribesher Gurutwa." The discourse was delivered by Dr. Jenia Mukhopadhyaya and Dr. Sayan Bhattacharya.
- 4) **Webinar:** Another webinar took place on June 6, 2021, discussing "Inclusive Pedagogy for Teacher Educators: Psychological and Educational Bases." The discourse was delivered by Dr. Sontoshi Halder (Associate Professor, Dept. of Education, University of Calcutta).



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 5) **Webinar:** On June 17, 2021, a webinar was held on the topic of "Digitalization of the Indian Education System," delivered by Dr. Khagendranath Chattopadhyay.



Webinar on Digitalization of the Indian Education System

- 6) **Webinar:** Furthermore, on June 19, 2021, a webinar on "Unish Shotoker Nobojagoron: Kichu Proshno" was organised, and the discourse was delivered by Dr. Mahua Sarkar (Professor, Dept. of History, Jadavpur University).
- 7) **Webinar:** Ramakrishna Mission Sikshanamandira organised a webinar on "Bangla Porar Nana Upay" on June 23, 2021, with the discourse delivered by Shri Biswajit Roy (Associate Professor, Dept. of Visva-bharati University).
- 8) **Webinar:** A webinar on "Personality Development" was conducted on June 19, 2021, with the discourse delivered by Dr. Panchajanya Ghatak.



Webinar on Personality Development

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 9) **International Day of Yoga celebration:** International Day of Yoga was celebrated through an online platform on June 21, 2021, where Dr. Rajat Ray (Dean of Students, Jadavpur University) and Shri Raju Roy (Guest Faculty, Ramakrishna Mission Sikshanamandira) discussed the significance of the day and how to develop psychosocial immunity. An online Yoga demonstration was also performed by trainees under the instruction of Shri Arumay Jana (Faculty, Ramakrishna Mission Sikshanamandira).
- 10) **Webinar:** On June 26, 2021, a webinar on "Vabnay Satyajit" was organised, and the discourse was delivered by Dr. Sukhen Biswas and Manabendra Saha.



- 11) **The birth anniversary of Rabindranath Tagore:** on May 8 was observed online on the 25th of Baisakh. Trainee-teachers and faculty members participated, offering speeches, recitations, songs, and even small drama performances in tribute to Kabiguru.
- 12) **Covid Test:** On June 17, 2021, Ramakrishna Mission Sikshanamandira set up an RT PCR test centre to facilitate affordable Covid testing, aiding in early virus detection.

RAMAKRISHNA MISSION
SIKSHANAMANDIRA
BELUR MATH, HOWRAH - 711202

Sponsored by Ramakrishna Mission Saradapitha Venue: Ramakrishna Mission Sikshanamandira (Belur B.T. College)

CORONA RT-PCR TEST VENUE

"GET YOUR TEST SAMPLES COLLECTED ON DESIGNATED DAYS FROM OUR CAMPUS AND RECEIVE RESULTS WITHIN 24 HOURS"

17.05.2021 ONWARDS PRICE: Rs.850/- (Subsidized) TO BE PAID DIRECTLY TO THE COMPANY

✳️ TESTS WILL BE ON MONDAY & THURSDAY ✳️ MUST BRING AADHAAR CARD ✳️ REGISTER 3-DAYS IN ADVANCE TO GET TESTED

For Registration, Call:

(033) 2654-9281

9AM - 9PM

Special pricing arrangements will be made for Low-Income groups

RT PCR test centre to facilitate affordable Covid testing

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 13) **Tree Plantation Programme:** A "Tree Plantation Programme" was arranged on June 5, 2021, with nearly 100 plants being planted by faculty members and trainee teachers.



Tree Plantation Programme

- 14) **Free Online Class:** Starting from May 27, 2021, Ramakrishna Mission Sikshanamandira initiated free online classes for students of classes X-XII, in collaboration with the alumni association.



Free online classes by our Alumnus

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 15) **Talent search programme:** The "Talent Search Programme" was an extraordinary cultural event conducted by Sikshanamandira, providing a platform for trainee-teachers to showcase their hidden talents. The event held on September 5, 2020, discovered the special abilities of the trainees.
- 16) **Independence Day** was observed on August 15, 2020, with virtual National Flag hoisting and patriotic speeches by trainee-teachers and faculty members.
- 17) **Netaji birth day:** Netaji Subhas Chandra Bose's birth anniversary on January 23, 2021, was observed online, with the hoisting of the National flag and short speeches on his life.
- 18) **Republic day:** Republic Day was observed on January 26, 2021, with virtual National Flag hoisting, a speech by the respected Principal Maharaj, and presentations on the importance of Republic Day by trainee-teachers.
- 19) **Puja Social:** The annual "Puja Social" cultural program was held on October 20, 2020, with current trainee-teachers presenting various items virtually, including songs, recitations, text readings, drama, instrument playing, and yoga exercises.
- 20) **Teachers' day:** Teachers' Day was observed on September 5 each year, where trainee-teachers paid their respects through speeches and cultural performances, with a focus on the life and teachings of respected Sarvepalli Radhakrishnan.



Teachers' day celebration on 5th september via online mode

- 21) **Saraswati Puja:** Saraswati Puja was organised on February 16, 2021, to honour the goddess of knowledge through rituals and cultural programs.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Saraswati Puja

- 22) **Covid-19 free vaccination drive:** Ramakrishna Mission Sikshanamandira arranged a Covid-19 free vaccination drive on July 1, 2021, providing vaccines to many people to combat the virus.



Vaccination Drive

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



Session: 2019-2020

- 1) **Tree Plantation' Programme:** On July 17th, 2019, the Institution organised a 'Tree Plantation' program to raise environmental awareness among trainee-teachers. A significant number of plants were planted across the campus. Before the planting began, resource persons delivered speeches on the importance of environmental protection. The objective was to make trainees aware of the significance of preserving greenery for their survival and ours.



Tree Plantation' Programme

- 2) **Convention of Sweepers and Scavengers of Neighbouring Municipal Areas:** On August 18th, 2019, the Institution hosted a unique convention for sweepers and scavengers from nearby municipal areas. About 190 individuals attended, and they were honoured by Swami Divyanandaji Maharaj, secretary of RKM Saradapitha. The convention aimed to promote practical Vedanta principles advocated by Swami Vivekananda, inspiring and motivating the delegates.
- 3) **Diamond Jubilee Celebration:** In 2019, the RKM Sikshanamandira celebrated its Diamond Jubilee, marking sixty years since its establishment in 1958. The Foundation Day was observed on August 4th, and the Annual Convocation was held on August 8th. The keynote address was delivered by Sri Pinaki Chandra Ghosh, Chairperson of the Lokpal of India. Swami Suviranandaji Maharaj presided over the event, where around 272 trainee-teachers received their diplomas.



Diamond Jubilee Celebration and Convocation, 2019



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

- 4) **5th & 6th August:** As part of the Diamond Jubilee Celebration, a two-day national-level seminar on Political Science was conducted on August 5th and 6th, 2019. The seminar took place at the Vivekananda Mandap of RKMSM, with participation from various colleges and universities. The seminar facilitated discussions on relevant political science topics, including Q&A sessions. The event was successful due to the cooperation of trainee-teachers and faculty members.
- 5) **7th August:** On August 7th, 2019, a youth convention was organised in collaboration with Akhil Bharat Vivekananda Yuva Mahamandal. About 255 students participated and heard talks on 'Man-making and character building' inspired by Swami Vivekananda's teachings. The focus was on becoming ideal individuals for the betterment of the nation.
- 6) **8th August:** A blood donation camp took place on August 8th, 2019, in partnership with the Alumina Association of RKMSM. 61 trainee-teachers donated blood, emphasising the value of being 'Concerned for Others.'



Blood Donated by Revered Monks and trainees

- 7) **9th August:** Continuing the Diamond Jubilee Celebration, a discourse on 'Srimad Bhagavatam' was delivered by Swami Tattwavidananda Maharaj on August 9th.
- 8) **10th August:** On August 10th, Swami Balabhadrananda Maharaj spoke about 'Sister Nivedita and Holy Mother,' inspiring scholars, monks, and trainee-teachers.
- 9) **11th August:** The Vidyarthi Vrata, aimed at instilling moral values, was arranged on August 11th, involving special pujas and homas. Independence Day, Netaji's birthday, Republic Day, and other events were observed, promoting patriotism and cultural values.
- 10) **Fit India Movement:** A 'Fit India Movement' event was held on August 29th, 2019, promoting physical and mental health. The annual sports event occurred on February 1st and 3rd, 2020, including diverse sports and activities. An intramural football match took place in July 2019, and

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

a talent search program in July 2019 aimed to showcase trainees' inner qualities. The Institution continued to organise cultural, patriotic, and educational events, honouring teachers, celebrating notable figures, and highlighting the importance of language and art. Yoga and wellness workshops, as well as International Day of Yoga celebrations, were also part of the Institution's activities.



Fit India Movement

- 11) **Annual Sports:** The annual sports event for the 2019-2020 session took place on Saturday, February 1st, and Monday, February 3rd, 2020. This year, a total of 16 sports events were held, commencing at 7 a.m. The opening of the annual sports was marked by Swami Divyagunanandaji Maharaj, the college principal, hoisting the national flag. The college flag was raised by Vice-Principal Swami Nirishanandaji Maharaj. The students then recited the national anthem and took an oath to respect the nation, the college, and the principles of fair sportsmanship. Numerous students, as well as teaching and non-teaching staff members, and research scholars, enthusiastically participated in various events. There was a special event organised for differently-abled students, where they competed in a friendly atmosphere. The closing ceremony occurred at 3:00 p.m. Swami Shivakaranandaji Maharaj, Principal of Ramakrishna Mission Samaj Sevak Sikshan Mandir, Belur Math, Howrah, graced the occasion as the chief guest. Swami Divyagunanandaji Maharaj introduced the chief guest and gave the welcome address. In his address, the chief guest emphasised that engaging in sports benefits both physical and mental health. He highlighted the role of sports in character-building and recommended dedicating 1-2 hours daily to physical activities. The closing ceremony concluded with a vote of thanks by Prof. Satyajit Kar, a faculty member of Ramakrishna Mission SikshanaMandira. Mr. Dilwar Hossain, a second-year B.Ed. student, earned 4 gold medals and was named the Best Athlete of the year.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Collage of Annual Sports Events 01.02.2020 & 3.02.2020

- 12) **Intramural Football Match:** From July 16th to 18th, 2019, an intramural football tournament was held among B.Ed. and M.Ed. trainees. Divided into six groups—B.Ed. 1st year A, B.Ed. 1st year B, B.Ed. 2nd year A, B.Ed. 2nd year B, M.Ed. 1st year, and M.Ed. 2nd year—each group had 50 trainees participating both as players and team supporters. The faculty members acted as motivators for all six groups, and this year's winner was the B.Ed. 1st year group.



Collage of Annual Sports Events 01.02.2020 & 3.02.2020

- 13) **Talent search programme (8th & 9th July, 2019):** On July 8th and 9th, 2019, a remarkable talent search program was conducted by Sikshanamandira. This cultural event, spanning two days, served as a platform for newly admitted trainee-teachers to showcase their hidden talents. The program aimed to unearth the special skills and knowledge of the trainees and to promote their overall development.
- 14) **Independence Day:** Independence Day, observed on August 15th, 2019, involved trainee-teachers and faculty members participating in the National Flag hoisting

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



ceremony, accompanied by group band music and marching. Patriotic speeches were delivered, paying homage to Mother India.

- 15) **Netaji's birth day:** To commemorate Netaji Subash Chandra Bose's birthday on January 23rd, 2020, the institution hoisted the national flag, and trainee-teachers delivered speeches about his life. A delicious morning tiffin was provided to all participants.
- 16) **Republic day:** On January 26th, 2020, Republic Day was celebrated with the hoisting of the National flag, followed by an inspiring speech from the respected principal. Trainee-teachers played in the group band during the flag hoisting, and several students delivered short speeches on the significance of Republic Day, emphasising nationalism and patriotism.
- 17) **Puja Social:** On September 27th, 2019, the institution held its traditional "Puja Social," a cultural program where trainee-teachers showcased their talents in various performances like songs, recitations, dramas, instrument playing, and yoga exercises. This vibrant event highlighted the cultural heritage and socio-moral values of puja festivals in India.
- 18) **Teachers' day:** Teachers' Day was observed on September 5th, with trainee-teachers taking the lead in celebrating the program. Speeches, cultural performances, and a special discourse on the teachings of Sarvapally Radhakrishnan were the focus of the day, motivating trainee-teachers with Swami Suvirananda's inspirational words.



Teachers' day celebration on 5th september

- 19) **Sri Sri Jagadhatri Puja:** In November 2019, Sri Sri Jagadhatri Puja was conducted at Saradapitha, a branch centre of Belur Math. The event involved dedicated service to devotees, enhancing the spirit of selfless work.
- 20) **National Youth Day celebration:** On January 12th, National Youth Day celebrated Swami Vivekananda's birthday, featuring a morning rally from the college campus to Belur Math's main temple, accompanied by banners and drum music.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Rally on National youth day on 12.01.2020

21) **Public Celebrations on the Occasion of Janmatithi of Sri Ramakrishna Deva:** The Abhirbhab Mahotsava on 1st March 2020, marking the birth celebration or Public Janmatithi Celebrations of Sri Ramakrishna Deva, saw the active participation of trainee-teachers who voluntarily served the devotees, fostering a sense of unity and joy.



Birth Celebration of Sri Ramakrishna Deva

22) **International Mother Language day:** On February 21st, 2020, the institution observed International Mother Language Day, featuring speeches by trainee-teachers about the language movement and the importance of mother tongue. The event explored how language reflects culture and contributes to India's multicultural identity.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal





International Mother Language day 21.02.2020

- 23) **25th Baisakh** – Celebrating Rabindranath Tagore's birthday on the 25th of Baisakh, the institution conducted online activities due to the COVID-19 pandemic. Trainee-teachers and faculty members participated, offering speeches, recitations, songs, drama, and text readings to pay tribute to Kabiguru and showcase their artistic and literary talents.
- 24) **Yoga and Wellness Workshop:** From August 16th to September 5th, 2019, a three-week residential national-level entrepreneurial workshop on 'Yoga and Wellness' was organised.


"Be strong, my young friends; that is my advice to you. You will be nearer to Heaven through football than through the study of the Gita. You will understand the Gita better with your biceps, your muscles, a little stranger."


- Swami Vivekananda





Ramakrishna Mission Sikshanamandira | Belur Math Howrah





Ramakrishna Mission Sikshanamandira
Belur Math, Howrah - 711202
Last Date of Online Application: 26th July, 2019
Log-on to www.rkmsm.org for Online Application
Contact Person: Arumay Jana | Raju Roy, +91 8240101646 / +91 7908482969
Email: rkmsm.yoga.entrepreneurship@gmail.com

3-Week Residential National Level Entrepreneurial Workshop
on
Yoga and Wellness
[under RUSA 2- Component 8 Grant]
For yoga professionals, research scholars & students
from various Universities, Colleges & Institutes
Date: 16th August to 5th September, 2019

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

With its evolutionary and ever-so-cutting edge construct, today's world with its varied technological advancements have made life more and more easy-going for the common man. Yes, we do love our creature comforts, but this sedentariness costs us with lifestyle diseases like obesity, hypertension, diabetes, arthritis etc. Even with such developed clinical facilities, we are always cramped with stress, leading an unstable and unhealthy life. Yoga is one of the best available panaceas today! Changing our base thought process of a healthy lifestyle – It improves our body posture, prevents diseases, increases concentration; provides emotional stability, power to creativity and peaceful life. Undoubtedly, you need Yoga professionals to channel your yogic abilities, and thus take the step towards a well-built, healthy society.

Our Yoga and Entrepreneurship programme is compact in a way, to provide you with a response to overcome from stressful life. It is tailored to help you become a bastion of innovation, knowledge and wisdom, and facilitate your process of being a qualified yoga entrepreneur through suitable education and training to start and run an enterprise of your very own!

Objectives of the Programme

1. To promote yoga as a means to boost holistic health and human values.
2. To promote yoga as a career path in present day circumstances.
3. To explore the individual potentialities through yogic skills.
4. To develop standards & parameters, assess competencies and certify a recognized & well build yoga professional.
5. To promote motives and their impact on entrepreneurial values and behaviour.
6. To develop achievement motivation and entrepreneurial skills among yoga trainees.
7. To identify, inculcate, develop and polish the capabilities and skills as prerequisites of a yoga trainee to become a 'yogipreneur'.
8. To develop language skills for communication and spread yogic values at national and International level.
9. To collaborate with National and International organizations for promotion of yoga and build professional opportunity.

Topics on-

- ✿ Yoga therapy and Lifestyle diseases
- ✿ Yoga for Health and Fitness
- ✿ Yoga for Stress Management
- ✿ Happiness and Yoga
- ✿ Yogic Diet and food for health
- ✿ Yoga Nidra and Brain Activity
- ✿ Yoga and Psychic Counselling
- ✿ Yoga for Drug addiction
- ✿ Yoga for Mental Toughness

* Registration Fees : Rs. 2500 /- (If selected)

MALE CANDIDATES ONLY



Yoga and Wellness Workshop

“Education is the manifestation of the perfection already in man.”

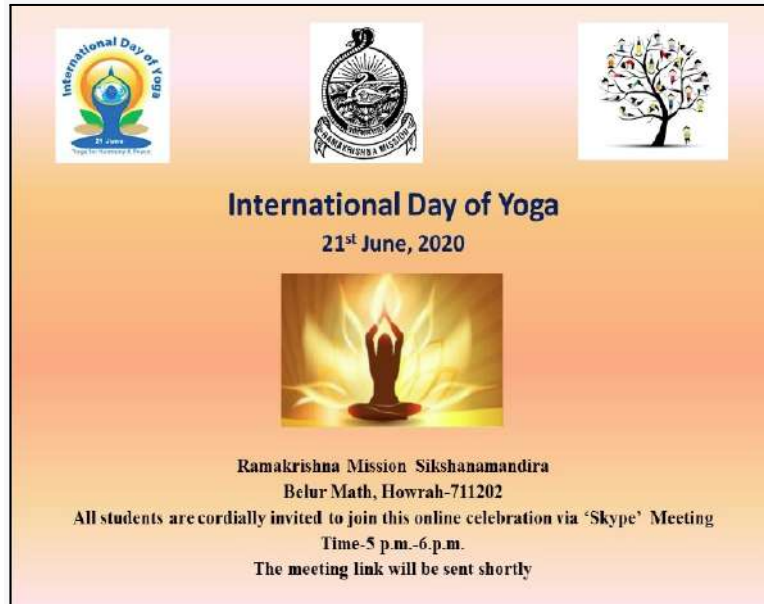
- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal

25) **International Day of Yoga celebration:** The International Day of Yoga on June 21st, 2020, was celebrated online through virtual mode, continuing the institution's commitment to promoting yoga and wellness.



International Day of Yoga celebration on 21.06.2020

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



Session: 2018-2019

- 1) **Intramural Football Match:** In July 5th to 7th of 2018, an intramural football match was played between the interclass of B.Ed. and M.Ed. trainees. They were divided into six groups: B.Ed. 1st year A, B.Ed. 1st year B, B.Ed. 2nd year A, B.Ed. 2nd year B, M.Ed. 1st year, and M.Ed. 2nd year. Each group had 50 trainees who acted as players as well as team supporters. All faculties were assigned as motivators in all six groups. In that year, M.Ed. 2nd year won the trophy



Intramural Football Match July 5th to 7th of 2018

- 2) **Talent search programme:** A talent search program was conducted by Sikshanamandira that proved to be motivational and innovative. This program served as an open platform to showcase the inner qualities of the newly admitted trainee-teachers. Through this event, the institution could discover the special areas of knowledge of the learners. It helped to bring out the hidden qualities of the trainees. The event was organised over two days in 2018, and it helped the trainees develop in various aspects.
- 3) **Independence Day:** On August 15th, 2018, Independence Day was observed at Sikshanamandira. Trainee-teachers and faculty members joined in the National Flag hoisting ceremony, accompanied by a group band playing and marching. Patriotic speeches were delivered, paying homage to Mother India.
- 4) **Vidyarthi Vrata Homa:** Vidyarthi Vrata Homa, a fundamental socio-cultural heritage program of RKM's educational institutions, was arranged by Sikshanamandira on July 26th, 2018. It began with offerings to the Holy Trio, and new trainee-teachers got the opportunity to participate in the Homa. They took an oath to be ideal learners and perfect individuals, following the chanting of mantras derived from Taittiriya Upanishad. After the offering was completed, trainee-teachers had a special lunch together and performed a cultural program, creating lasting memories.



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



Vidyarthi vrata on July 26th, 2018

- 5) **7th Annual Convocation (4th August):** The 7th Annual Convocation was held on August 4th at Vivekananda Sabhagriha. Honourable Prof Marmar Mukhopadhyaya delivered the keynote address, and Revered Swami Divyanandaji Maharaj, Secretary of RKM Saradapitha, Belur Math, presided over the Convocation. Approximately 272 trainee-teachers were awarded and received their diplomas.
- 6) **Netaji birth day:** On January 23rd, 2018, Netaji's birthday was observed at Sikshanamandira. The National flag was hoisted by the reverend Principal Maharaj. Trainee-teachers delivered short speeches on the life of Netaji Subash Chandra Bose. The principal highlighted valuable aspects about S.C. Bose. The participants were provided with a delicious morning tiffin.
- 7) **Republic day:** Republic Day was observed on January 26th, 2018, with the National flag hoisting followed by an inspiring short speech by the respected Principal Maharaj. Trainee-teachers played in the group band during the flag hoisting. A few trainee-teachers presented short speeches on the 'importance of Republic Day,' with the main objective being to promote nationalism and patriotism.
- 8) **Puja Social:** Puja Social, a cultural program presented by current trainee-teachers, was held as per the tradition just before the Puja vacation. Many trainee-teachers showcased various talents like songs, recitations, text reading, drama, instrument playing, and yoga exercises. This colourful program was enjoyed by all members of RKMSM and helped in understanding the cultural heritage and socio-moral values of the puja festival.
- 9) **Teachers' day:** Every year, the institution observed September 5th as Teachers' Day. Trainee-teachers took the initiative to celebrate this program. Teachers were revered through short speeches and cultural performances. A special discourse on the life and teachings of respected Sarvapally Radhakrishnan was the highlight of the event.
- 10) **Sri Sri Jagadhatri Puja:** Sri Sri Jagadhatri Puja was held on November 17th, 2018, at Saradapitha, a branch centre of Belur Math. 94 Students participated voluntarily and dedicatedly served food to devotees.
- 11) **National Youth Day celebration:** On January 12th, National Youth Day was celebrated at Ramakrishna Mission Sikshanamandira in honour of Swami Vivekananda's birthday. A morning

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

rally, Prabhat Feri, was conducted from the college campus to Belur Math's main temple, featuring Swamiji quoted banners and drum music.

- 12) **Public Celebrations on the Occasion of Janmatithi of Sri Ramakrishna Deva:** In the Abhirbhab Mahotsava celebrated on 17.03.2019 (Birth Celebration of Sri Ramakrishna Deva 2019), 30 of our students voluntarily participated and served the assembled devotees. They gained a spirit of working together and enjoyed unselfish joy.
- 13) **International Mother Language day:** Like in previous years, International Mother Language Day was observed on February 21st, 2019. Trainee-teachers delivered short speeches on the language movement of then East Pakistan, now Bangladesh. Resource persons explored the importance and utility of mother tongue. This event revealed how language carries culture and how India, due to its multilingual approach, belongs to a multicultural nation-state.
- 14) **25th Baisakh (birth day of Rabindranath Tagore):** On the 25th of Baisakh, the birth day of Rabindranath Tagore, the institution observed the occasion as done in previous years. Both trainee-teachers and faculty members participated. The tribute to Kabiguru consisted of short speeches, recitations, songs, and even small drama performances. The program showcased the expertise of trainee-teachers in art and literature.
- 15) **Annual Sports:** The annual sports session for 2018-2019 was held on March 19th and 20th, 2019. A total of 15 sports events were conducted, along with a cultural event named 'Go as You Like.' The events began at 7 a.m. and were inaugurated by Swami Divyagunanandaji Maharaj, the college's principal. The closing ceremony saw Swami Satyadharmanandaji Maharaj, Assistant Secretary of Ramakrishna Mission Janasikshamandir, Belur Math, as the chief guest. Mr. Aditya Roy, M.Ed. 2nd year, won 5 gold medals and was awarded the Best Athlete of the year.



Collage of Annual Sports Events 19.03.2019 & 20.03.2019

- 16) **Intramural Cricket Match:** From March 22nd to 23rd, 2019, an Intramural Cricket Match was organised by Ramakrishna Mission Sikshanamandira. The opening match was played between B.Ed. 1st year and B.Ed. 2nd year. A total of 4 teams participated, and B.Ed. 2nd year emerged as the winner.
- 17) **Saraswati Puja:** On February 10th, 2019, Ramakrishna Mission Sikshanamandira organised Saraswati Puja, dedicated to the goddess of knowledge. Trainees participated in rituals and cultural programs to show their devotion to Devi Saraswati.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)
Belur Math, Howrah - 711 202, West Bengal



Saraswati Puja: On February 10th, 2019

- 18) **Blood Donation Camp:** A Blood Donation Camp was organised by Sikshanamandira Praktoni Association on April 14th, 2019. A significant number of students took part in the camp amongst whom 7 students offered their blood.



Blood Donation Camp

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda