



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## Criteria: 3.3 (Outreach Activities)

**3.3.3: Percentage of student participation in national priority programmes such as Swachh Bharat, AIDs awareness, Gender sensitivity, Yoga, Digital India, National Water Mission during the last five years**

**Documentary evidence in support of the claim along with photographs with caption and date**



Swami Vidyamritananda  
Principal (Offg.)  
Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah-711202, W.B.



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## Academic Session: 2022-23

<b>Activities under National Priority Programme for Academic Session: 2022-23</b>					
SN	Name of the Activity	Date/s	Organizing unit/ agency/ collaborating agency	Nature of Activity	Number of students participated
1.	Azadi ka Amrit Mahotsav: Yogasana Competition	26.07.2022	Ramakrishna Mission Saradapitha	Organised as a part of “Azadi ka Amrit Mahotsav” - an initiative of Govt. of India to celebrate 75 years of Indian Independence.	<b>11</b>
2.	Mega Blood Donation Drive	17.09.2022	Terapanth Yuvak Parishad Liluah, Howrah	Blood Donation Camp	<b>18</b>
3.	Azadi ka Amrit Mahotsav: Documentary Filmmaking on “Swami Vivekananda’s influence on Freedom with emphasis on local regional contribution	25.02.2023	Ramakrishna Math & Ramakrishna Mission Belur Math	Organised as a part of “Azadi ka Amrit Mahotsav” - an initiative of Govt. of India to celebrate 75 years of Indian Independence.	<b>48</b>
4.	Blood Donation Camp	30.04.2023	RKMSM Praktani Association	Blood Donation Camp	<b>42</b>
5.	Yoga Day Precursor Programme	09.05.2023	RKMVERI	Yoga Awareness	<b>79</b>
6.	Community Outreach: Swachh Bharat	10.05.2023		Community Service	<b>46</b>
7.	Community Outreach: Aids Awareness Programme	10.05.2023		Health Awareness Drive	<b>44</b>
8.	Observation of International Day of Yoga	21.06.2023		Yoga Awareness	<b>36</b>

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



## 1. *Azadi ka Amrit Mahotsav: Yogasana Competition:*

Ramakrishna Mission Sikshanamandira organized a State Level Yogasana Competition in association with Ramakrishna Mission Saradapitha for school students on ‘Asanas & Suryanamaskar’ on 26.07.2022 from 9.00 a.m. as a part of Azadi ka Amrit Mahotsav - the Government of India initiated celebration of 75 years of Indian Independence. Students from various schools located over West Bengal enthusiastically participated in the event. 11 students of Sikshanamandira participated in the event. This activity was conducted keeping in mind the National priority programme of Azadi ka Amrit Mahotsav - the Government of India initiated celebration of 75 years of Indian Independence.





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

*Azadi Ka Amrit Mahotsav: Yogasana Competition - 2022: 26.07.2022*

## 2. **Mega Blood Donation Drive:**

At the auspicious occasion of Sri Sri Vishwakarma Puja on 17.09.2022, a Mega Blood Donation Camp was organised in association with **Terapanth Yuvak Parishad Liluah, Howrah**. **18** students participated in the event. This activity was conducted keeping in mind the National priority programme of Voluntary Blood Donation.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



## TERAPANTH YUVAK PARISHAD LILUAH

TERAPANTH BHAWAN, 3/3, Guha Park, Liluah, Howrah - 711 204

E-mail : typliluah@gmail.com

TO,  
SWAMI SHRI SHASTRA GYANENDRA.  
BELUR MATH  
BELUR  
HOWRAH-711202

DATE: - 7/09/2022

SUBJECT: - Seeking your esteemed cooperation towards our mission to conduct worldwide blood donation camps on the upcoming Mega Blood Donation Drive on 17th September 2022.

RESPECTED SIR,  
JAI JINENDRA!

TYP LILUAH under the guidance of ABTYP is committed to holding Mega Blood Donation Drive throughout India, prospectively on 17th September 2022, to raise a sufficient amount of blood donations, putting our mission into action. With special support from the NHM (National Health Mission) and NACO (National AIDS Control Organization). We aim to conduct a mighty 1000+ blood donation camps across the world with an aim of collecting more than our previous record of 1 Lac unit in a day. This is the world's biggest drive no one has ever seen before, will be undertaken as a humanitarian cause on September 17, 2022.

In our society, your efforts are critical in demonstrating your charitable intentions human being who empowers others. Thus, we would like to ask for your prime support by organizing a camp in your guidance, in your BELUR MATH on 17<sup>th</sup> September 2022.

As we all know that it is An ICONIC location in our area. We want to do a great camp in this area, for this we need your full support. We Request to every members and authorities in charge there to come forward and donate the Blood so that we can get a good Outcome.

It will be an honour for TYP LILUAH to seek your valued support, as we believe your encouragement for this Mega Blood Donation Drive will prove to be groundbreaking. Your association with us will create a massive awareness amongst all that blood donation is.  
**Hope for despair, Joy to the family, and above all, Service to the nation.**

WE ASSURE THAT TOGETHER WE WILL MAKE THIS MEGA BLOOD DONATION DRIVE MEMORABLE AND SUCCESSFUL.

With Warmest Regards,  
ANKUSH JAIN  
SECRETARY TYP LILUAH.

Enclosed: A brief abstract about ABTYP and our organizational endeavours

*Prin ipal Mj*  
*AKD SDC*  
*(Besa Coma)*  
*SL*  
*9.9.22*

Date : .....



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



## RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
College with Potential for Excellence (CPE), College of Teacher Education (CTE) &  
Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies

(033)2654-6081/9281/1635    rkmsmc@gmail.com, rkmsm@rediffmail.com    www.rkmsm.org

BELUR MATH, HOWRAH - 711 202, WEST BENGAL

NAAC Re-accredited - 'A'

Ref. No. RKMSM/132/14/2022-23

Date: 09.09.2022

To  
Terapanth Yuvak Parishad Liluah,  
3/3, Guha Park, Liluah  
Howrah, 711204

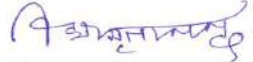
Respected Sir,

In response to your letter received on 09.09.2022, we are immensely happy to participate in your blood donation camp. We will try our level best to cooperate with you within the premise of our college in all respects.

Wish you a grand success for your upcoming blood donation drive.

Thanking you,

Sincerely yours,

  
Swami Vidyamritananda



Swami Vidyamritananda  
Principal (Offg.)  
Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah-711202, W.B.

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda

Terapanth Yuvak Parishad Liluah Correspondence & Consent for Blood Donation Camp@17.9.22

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda




# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

### 3. *Azadi ka Amrit Mahotsav: Documentary Filmmaking on “Swami Vivekananda’s influence on Freedom with emphasis on local regional contribution” :*

Ramakrishna Mission Belur Math organised a Documentary Film making competition in February, 2023 for School and College students on “Swami Vivekananda’s Influence on freedom, with emphasis on Local Regional Contribution” as part of Azadi ka Amrit Mahotsav - the Government of India initiated celebration of 75 years of Indian Independence. Sikshanamandira being its branch centre notified the students of the same and 48 students of our college participated in the event. The last date for submission of the films was **25.02.2023**. Participation of our students was also encouraged keeping in mind the National priority programme of Azadi ka Amrit Mahotsav - the Government of India initiated celebration of 75 years of Indian Independence.

NAAC Re-accredited (2014-15) - 'A'

**RAMAKRISHNA MISSION SIKSHANAMANDIRA**  
(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
College with Potential for Excellence (CPE), College of Teacher Education (CTE) &  
Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies  
☎ (033)2654-6081/9281/1635    ✉ rkmsmc@gmail.com, rkmsm@rediffmail.com    🌐 www.rkmsm.org  
Belur Math, Howrah - 711 202, West Bengal

---

**Notice: Documentary Film making competition for School and College students**


All the current students of our college are encouraged to take part in the **Documentary Film making competition for School and College students on “Swami Vivekananda’s Influence on freedom, with emphasis on Local Regional Contribution” organised by Ramakrishna Mission Belur Math.**

The guidelines of the competition are attached with this notice. The competition will be groupwise and maximum 8 students will comprise a group. Multiple groups from an institution can take part in the competition.

Interested students are instructed to form groups and contact **Br. Vinayachaitanya Maharaj (Sahas Mj) 9432378986** to register their names within **Wednesday, 15th February, 2023.**

**Date: 10-02-2023**

S/d  
**Swami Vidyamritananda**  
Principal (Offg.)



---

“Education is the manifestation of the perfection already in man.”  
- Swami Vivekananda

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





#### 4. *Blood Donation Camp:*

A Blood Donation Camp was organised in collaboration with the Praktani Association of the Ramakrishna Mission Sikshanamandira on 30.04.2023. **42 students** participated in the event. This activity was conducted keeping in mind the National priority programme of Voluntary Blood Donation.





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



*Blood Donation Camp: 30.04.2023*

## **5. Yoga Day Precursor Programme:**

Ramakrishna Mission Sikshanamandira & Ramakrishna Mission Vivekananda Educational and Research Institute jointly organized a Yoga Day Precursor Celebration (part of 100 Days countdown to International Day of Yoga: 2023) on 09.05.2023. The day also being the occasion of the 162<sup>nd</sup> Birthday of Rabindranath Tagore, the programme also incorporated the observation of the same emphasising the thoughts and efforts of Tagore to promote and re-popularize Yoga. **79** students participated in the event apart. It was also organized keeping in mind the National Priority on Spreading and Popularizing the value & essence of Yoga.



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



## RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
College with Potential for Excellence (CPE) College of Teacher Education (CTE) &  
Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies

(033)2654-6081/9281/1635

rkmsmc@gmail.com, rkmsm@rediffmail.com

www.rkmsm.org

Belur Math Howrah - 711 202 West Bengal

NAAC Re-accredited (2014-15) - 'A'

### NOTICE

This is to notify all the students & faculty members of B.Ed. & M.Ed. programmes that Ramakrishna Mission Sikshanamandira & Ramakrishna Mission Vivekananda Educational and Research Institute are jointly organizing a Yoga Day Precursor Celebration (part of 100 Days countdown to International Day of Yoga: 2023) & Rabindra Jayanti on **Tuesday, 9 May 2023**. The detailed programme list is annexed with this notice. All are encouraged to participate in the programme. Students having their own Yoga mats should bring the same for the common Yoga Protocol on the day. For further details **Sri Arumay Jana** and **Brahmachari Vinayachaitanya** may be contacted.

Date: 05.05.2023

s/d

Swami Vidyamritananda

Principal (Offg.)



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Yoga Day Precursor Programme: 09.05.2023*

## **6. Swachh Bharat Abhiyan: Cleanliness Drive at Locality:**

Sikshanamandira actively participated each year in Swachh Bharat Abhiyan since 2014 when the Govt. of India initiated it, which is an initiative for all Indian Citizens to take up

---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



voluntary cleaning of neighbourhoods and spreading awareness on the same among society. The year 2023 was no different to the preceding years and a Cleanliness Drive around Jagannath Ghat near Belur Math was organized on 10.05.2023 where **46** students participated in various cleaning operations in different groups. This activity was conducted keeping in mind the National priority programme of Swachh Bharat. The activity was also a part of B.Ed. 4th Semester curriculum under *Community Activity (CC-146)*.

## 7. **AIDS Awareness Programme:**

On 10.05.2023, a rally was organized by the institution in the surrounding areas covering a total of 5 km for spreading awareness on AIDS disease and its prevention. Various precautionary measures were verbally elaborated to the mass as well through during the rally. **44** students participated in the said event. This activity was conducted keeping in mind the National priority programme of Health Awareness (AIDS). The activity was also a part of B.Ed. 4th Semester curriculum under *Community Activity (CC-146)*.





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Community Outreach programmes: AIDS Awareness & Swachh Bharat: 10.05.2023*

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



## 8. *Observation of International Day of Yoga:*

Since 2016, Sikshanamandira has been running a self-financed Post Graduate Diploma course in Yoga (Post Graduate Diploma in Yoga Education abb. PGDYE) as part of autonomy under University of Calcutta. This 1 year course focused entirely on Yoga has a student capacity of 70. Naturally being an integral part of the regular academic activities of the institution itself, there is a thorough emphasis on Yoga. The regular courses of B.Ed. & M.Ed. also has yoga incorporated in the curriculum. Apart from that the institution holds various programmes on Yoga such as seminars, webinars, workshops, celebrating International Yoga Day etc. Thus the institution is very much active in the field of Yoga - in India originated lifestyle cum philosophy of holistic well-being of Human beings - keeping in mind its benefits popularised and proven since ancient times in our country. Along with its own course the institution also organizes various events for dissemination of Yoga and to promote its significance in Indian cultural heritage since ancient times, keeping in mind the National Priority Programme of Yoga.

Like all previous years since 2015, the International day of Yoga in 2023 falling on 21.06.2023 was observed with much enthusiasm by all members of the institution including students. **36** students participated in the event where various Yoga related programmes, demonstrations and lectures by prominent people were organised at the College premises.



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



## RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
College with Potential for Excellence (CPE) College of Teacher Education (CTE) &  
Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies

(033)2654-6081/9281/1635

rkmsmc@gmail.com, rkmsm@rediffmail.com

www.rkmsm.org

Belur Math Howrah - 711 202 West Bengal

NAAC Re-accredited (2014-15) - 'A'

### NOTICE: International Yoga Day 2023

All students and staff members are hereby requested to attend the 9<sup>th</sup> International Day of Yoga celebrations scheduled to be held at the college on 21.06.2023 with various yoga related programmes, protocols and demonstrations.

The detailed programme list is attached herewith.

Date: 19.06.2023

s/d

Swami Vidyamritananda  
Principal (Offg.)



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



## 9<sup>th</sup> International Day of Yoga

Organised by

Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah -711 202



### Programme Schedule

Date: 21-06-2023 (Wednesday)

Time: 08:00 am onwards

Theme: 'Yoga for Vasudhaiva Kutumbkam'

Programme	Speaker	Time	Venue
Opening Song	Trainees of RKMSM	08:00 am	'Vivekananda Mandap' (2 <sup>nd</sup> Floor)
Welcome Address	Swami Vidyamritananda Principal (Offg.), RKMSM, Belur Math	08:05 am to 08.10 am	
	Guest Speaker: Rev. Swami Amiteshanandaji Maharaj Acharya, Bramhachari Training Centre, Belur Math	08:10 am to 08:40 am	
Common Yoga Protocol Demonstrations	Sri Arumay Jana Faculty, RKMSM, Belur Math	08:40 am to 09:10 am	
Vote of Thanks	Dr. Siharan Chakrabarty Faculty, RKMSM, Belur Math	09:10 am to 09.15 am	

### UNVEILING OF YOGA WALL MAGAZINE

### 'বিবেকখ্যাতি' (VIVEKKHYATI)

by

Respected Guest Maharaj: Rev. Swami Amiteshanandaji Maharaj

Venue: Yoga Hall (3<sup>rd</sup> floor) at 09:15 am

Anchor: Debanjan Chatterjee, B.Ed. 1<sup>st</sup> Year

#### General Instructions for the Participants:

1. Wear loose-fitting attire in which stretching and sitting is easily possible.
2. Have a light stomach when you join the programme.
3. All participants are asked to positively report by 07:45 am at 'Vivekananda Mandap' (2<sup>nd</sup> Floor).



"Education is the manifestation of the perfection already in man."

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Observation of International Day of Yoga: 21.06.2023*

---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## Academic Session: 2021-22

<b>Activities under National Priority Programme for Academic Session: 2021-22</b>					
<b>SN</b>	<b>Name of the Activity</b>	<b>Date/s</b>	<b>Organizing unit/ agency/ collaborating agency</b>	<b>Nature of Activity</b>	<b>Number of students participated (**)</b>
1.	Subsidised Covid-19 Vaccination Drive (in collaboration with Suraksha Diagnostics & Peerless Hospital)	July-October, 2021	Suraksha Diagnostics Pvt. Ltd. & Peerless Hospital	Pandemic Relief	6
2.	Blood Donation Camp	04.08.2021	Praktani Association	Blood Donation Camp	6 (Donor)
3.	Swachh Bharat Abhiyan: Cleanliness Drive at Locality	14.03.2022	Swami Vivekananda Study Circle, Youth Organ of RKMSM	Voluntary Service and Public Awareness as part of Swachh Bharat Abhiyan initiated by Govt. of India	53
4.	Blood Donation Camp (in collaboration with Praktani Association)	10.04.2022	Praktani Association	Blood Donation Camp	64
5.	<b>Yoga Quiz Competition</b>	28.04.2022		Organised as a part of "100 Days to International Day of Yoga 2022" - an initiative of Govt. of India to celebrate the International Yoga Day	62
6.	Azadi Ka Amrit Mahotsav: Essay writing competition	23.05.2022		Part of Azadi ka Amrit Mahotsav Celebrations	34
7.	Azadi Ka Amrit Mahotsav: Elocution competition	26.05.2022		Part of Azadi ka Amrit Mahotsav Celebrations	50
8.	<b>Yogasana Competition</b>	27.05.2022		Organised as a part of "100 Days to International Day of Yoga 2022" - an initiative of Govt. of India to celebrate the International Yoga Day	58
9.	World Bicycle Day	03.06.2022		A Bicycle Rally was organized as a part of Azadi Ka Amrit Mahotsav	13
10.	Observation of International Day of Yoga	21.06.2022		Yoga Awareness	54

*\*\*Note: due to Govt. directive regarding safety measures during Covid-19 pandemic, for most of the 2020-21 academic session the college was completely closed and only a handful of students were intermittently present at the hostel*

**"Education is the manifestation of the perfection already in man."**

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## 1. Subsidised Covid-19 Vaccination Drive (in collaboration with Suraksha Diagnostics & Peerless Hospital):

The institution in collaboration with Suraksha Diagnostic Labs conducted Covid-19 Vaccination Drive at a subsidised rate especially for the financially weaker section of society. The vaccination drive was conducted from July to October, 2021. The Peerless Hospital also came forward to collaborate in the aforementioned Vaccination Drive thus greatly extending its reach, scope and span. This activity was conducted keeping in mind the National priority programme of Combatting Pandemic.

**6 students** volunteered in the relief activities. The detailed report is tabulated below:

Covid-19 Vaccination Drive-2021								
Date	Head Count	Vaccine Lab/Hospital	Vaccine Name	Charges per Vaccine per head	Amount Received from Candidate	Subsidy Payable from College	Total Amount	Remarks
25.06.2021	151	Suraksha Diagnostics Pvt. Ltd.	COVISHIELD	850	38450	28250	128350	
01.07.2021	233	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	167250	14490	181740	
08.07.2021	286	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	174100	34160	223080	
15.07.2021	235	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	165040	18260	183300	
22.07.2021	150	Peerless Hospital Pvt. Ltd.	COVAXIN	1410	193370	18760	211500	
29.07.2021	286	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	203610	19470	223080	
05.08.2021	177	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	123350	14710	138060	
12.08.2021	198	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	89380	65060	154440	
19.08.2021	100	Peerless Hospital Pvt. Ltd.	COVAXIN	1410	123560	17440	141000	
26.08.2021	165	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	100860	27840	128700	
09.09.2021	99	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	67000	10220	77220	
23.09.2021	286	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	0	223080	223080	Free Vaccination
25.09.2021	30	Peerless Hospital Pvt. Ltd.	COVAXIN	1410	0	42300	42300	Free Vaccination
30.09.2021	319	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	0	248820	248820	Free Vaccination
07.10.2021	251	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	0	195780	195780	Free Vaccination
07.10.2021	2 (Discarded)	Peerless Hospital Pvt. Ltd.	COVISHIELD	780	0	1560	1560	
<b>Total</b>	<b>2966</b>				<b>1445970</b>	<b>133390</b>	<b>2500450</b>	

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

**RAMAKRISHNA MISSION SIKSHANAMANDIRA**  
BELUR MATH, HOWRAH - 711202

**COVID-19 VACCINATION DRIVE** VENUE: RKM Sikshanamandira (Belur B.T. College)

Powered by **Ramakrishna Mission Saradapitha** Sponsored by **Kolkata Katalysts**

From **01-07-2021** (Starts from 10am), every **Thursday**

**STEPS OF REGISTRATION**

- 1 Register yourself through Cowin Portal : [www.cowin.gov.in](http://www.cowin.gov.in)
- 2 After Registration, call us and get yourself listed for Vaccination.
- 3 Call on **(033) 2654 - 9281** from 9am - 9pm at least **3 days** in advance
- 4 In case of 2nd Dose, carry the 1st Dose certificate

Conducted by **Peerless Hospital** And **D. K. Roy Research Centre**  
Supported by **AIM FOUNDATION**

**COVISHIELD**  
**Rs. 780/-**  
[ Pay Directly at Cash Counter ]

Special pricing arrangements will be made for Low-Income groups



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



*Covid -19 Vaccination Drive - 2021*

## **2. Blood Donation Camp - August, 2021:**

On the occasion of 63rd Foundation Day of the college on 04.08.2021, a Blood Donation Camp was organized at the college premises in collaboration of Praktani Association with all due precautions & Covid-19 safety measures. **6 students** participated in the event and donated their blood. This activity was conducted keeping in mind the National priority programme of Voluntary Blood Donation.

## **3. Swachh Bharat Abhiyan: Cleanliness Drive at Locality:**

Sikshanamandira actively participated each year in Swachh Bharat Abhiyan since 2014 when the Govt. of India initiated it, which is an initiative for all Indian Citizens to take up voluntary cleaning of neighbourhoods and spreading awareness on the same among society. The year 2022 was no different to the preceding years and a Cleanliness Drive at the locality was organized on 14.03.2022 where **53** students participated in various cleaning operations of different localities over two days in different groups. This activity was conducted keeping in mind the National priority programme of Swachh Bharat. Vivekananda Study Circle, the youth organ of the institution organized the programme.

## **4. Blood Donation Camp:**

A Blood Donation Camp was organised in collaboration with the Praktani Association of the Ramakrishna Mission Sikshanamandira on 10.04.2022. **64 students** participated in the event. This activity was conducted keeping in mind the National priority programme of Voluntary Blood Donation.



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



*Blood Donation Camp - April, 2022*

## 5. *Yoga Quiz Competition (as part of “100 Days to Yoga Day 2022”)* :

A Quiz competition on Yoga was held at the college premises on 28.04.2022 as part of “100 days to Yoga Day 2022” - an initiative of Govt. of India to celebrate the International day of Yoga. 62 students participated in the said programme. This activity was conducted keeping in mind the National priority on popularizing and spreading awareness on Yoga.

## 6. *Azadi ka Amrit Mahotsav: Essay Writing Competition:*

An essay writing competition on the theme: “Swami Vivekananda’s Vision of an Ideal India” was held at the college premises on 23.05.2022 as part of “Azadi ka Amrit

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





**Mahotsav**” - an initiative of Govt. of India to celebrate 75 years of Indian Independence. **34** students participated in the said programme.

## 7. *Azadi ka Amrit Mahotsav: Essay Writing Competition:*

An elocution competition on the theme: “*Punyabhumi Bharat*” was held at the college premises on 26.05.2022 as part of “**Azadi ka Amrit Mahotsav**” - an initiative of Govt. of India to celebrate 75 years of Indian Independence. **50** students participated in the said programme.

## 8. *Yogasana Competition (as part of “100 Days to Yoga Day 2022”):*

A Yogasana Competition was held at the college premises on 27.05.2022 as part of “**100 days to Yoga Day 2022**” - an initiative of Govt. of India to celebrate the International day of Yoga. **58** students participated in the said programme demonstrating in various Yoga Protocols. This activity was conducted keeping in mind the National priority on popularizing and spreading awareness on Yoga.

## 9. *Bicycle Rally :*

The World Bicycle Day on 03.06.2022 was observed by the College in recognition of the role of Bicycle as an essential part of everyday life of the vast majority of the working class especially from the financially weaker sections of masses throughout the world. On this occasion a Bicycle Rally was organised covering a total distance of 8 k.m. to and fro starting from the College Campus. **13 students** enthusiastically took part in this event. This activity was conducted keeping in mind the National priority of encouraging **Reduction of Carbon Footprint to combat Air Pollution as well as to promote Physical Fitness.**





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Bicycle Rally - June, 2022*

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

## 10. Observation of International Day of Yoga:

Since 2016, Sikshanamandira has been running a self-financed Post Graduate Diploma course in Yoga (Post Graduate Diploma in Yoga Education abb. PGDYE) as part of autonomy under University of Calcutta. This 1 year course focused entirely on Yoga has a student capacity of 70. Naturally being an integral part of the regular academic activities of the institution itself, there is a thorough emphasis on Yoga. The regular courses of B.Ed. & M.Ed. also has yoga incorporated in the curriculum. Apart from that the institution holds various programmes on Yoga such as seminars, webinars, workshops, celebrating International Yoga Day etc. Thus the institution is very much active in the field of Yoga - in India originated lifestyle cum philosophy of holistic well-being of Human beings - keeping in mind its benefits popularised and proven since ancient times in our country. Along with its own course the institution also organizes various events for dissemination of Yoga and to promote its significance in Indian cultural heritage since ancient times, keeping in mind the National Priority Programme of Yoga.

Like all previous years since 2015, the International day of Yoga in 2019 falling on 21.06.2019 was observed with much enthusiasm by all members of the institution including students. 54 students participated in the event where various Yoga related programmes, demonstrations and lectures by prominent people were organised at the College premises.

NAAC Re-accredited - 'A'

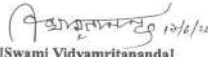
**RAMAKRISHNA MISSION SIKSHANAMANDIRA**  
(An Autonomous Post-Graduate College under the University of Calcutta under section 21 of the UGC Act and duly recognized by the NCTE)  
College with Potential for Excellence (CPE)  
College of Teacher Education (CTE) & Swami Vivekananda Centre for  
Multidisciplinary Research in Educational Studies (SVMRES)  
Phone No. - (033) 2654-6081/9281/1635 Fax - (033) 2654-4412  
Email - rkmsmc@gmail.com, rkmsm@rediffmail.com  
Website - www.rkmsm.org  
Belur Math, Howrah - 711 202, West Bengal

### Notice


This is to notify all the students that Ramakrishna Mission Sikshanamandira is organising a **Yoga Convention**, the culminating event of the "Yoga Mahotsav" — a 100 Days campaign initiated by Govt. of India in recognition, celebration and propagation of Yoga, on **21 June, 2022, The International Day of Yoga**. In addition to the events, Prizes will be distributed to the prizewinners of the earlier Yogasana and Yoga Quiz competitions that were held in this connection.

In this reference, We invite all the students to actively attend and participate in this ceremony. The Programme Schedule will be circulated among the students via respective Whatsapp Groups.

Date: 17.06.2022



[Swami Vidyamritananda]  
Principal (Offg.)  
Swami Vidyamritananda  
Principal (Offg.)  
Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah-711202, W.B.



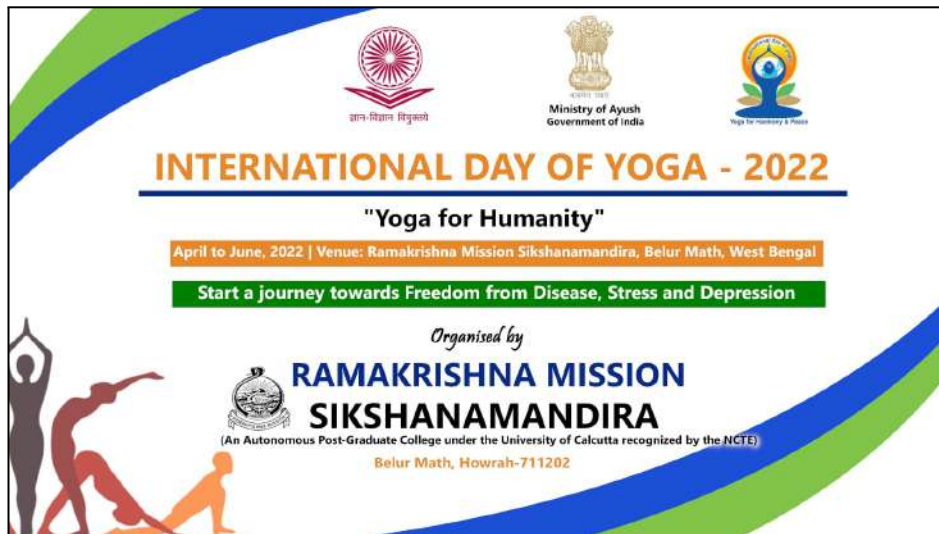
"Education is the manifestation of the perfection already in man."  
-Swami Vivekananda

"Education is the manifestation of the perfection already in man."

- Swami Vivekananda



**RAMAKRISHNA MISSION SIKSHANAMANDIRA**  
(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



**Youtube link of the programme:**

<https://www.youtube.com/watch?v=zDr31OnK7PY>

*International Day of Yoga 2022: 21.06.2022*

---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## Academic Session: 2020-21

<b>Activities under National Priority Programmes for Academic Session: 2020-21</b>					
<b>SN</b>	<b>Name of the Activity</b>	<b>Date/s</b>	<b>Organizing unit/ agency/ collaborating agency</b>	<b>Nature of Activity</b>	<b>Number of students participated (**)</b>
1.	Subsidised Covid-19 RT-PCR Testing Drive (in collaboration with Suraksha Diagnostics)	May - July, 2021	Suraksha Diagnostics Pvt. Ltd.	Pandemic Relief	9
2.	Observation of International Day of Yoga	21.06.2021		Yoga Awareness	48

*\*\*Note: due to Govt. directive regarding safety measures during Covid-19 pandemic, for most of the 2020-21 academic session the college was completely closed and only a handful of students were intermittently present at the hostel*

### **1. Subsidised Covid-19 RT-PCR Testing Drive (in collaboration with Suraksha Diagnostics):**

In 2021, Ramakrishna Mission Sikshanamandira, a unit under Ramakrishna Mission Saradapitha a branch of the Ramakrishna Mission – also joined in this great effort and in collaboration with Suraksha Diagnostics Pvt. Ltd. conducted RT-PCR Test (for diagnosing Covid-19) at a subsidised rate especially for the financially weaker section of society. The Covid-19 testing drive was conducted from May to July, 2021. This activity was conducted keeping in mind the National priority programme of Combatting Pandemic. **9 students** volunteered in the relief activities.

<b>RT-PCR Testing Drive-2021 (in collaboration with Suraksha Diagnostics Pvt. Ltd.)</b>								
<b>DATE</b>	<b>DAY</b>	<b>TOTAL PATIENTS</b>	<b>SUBSIDY PATIENTS DETAILS</b>			<b>FEES DETAILS</b>		
			<b>TOTAL NO. OF SUBSIDY PATIENTS</b>	<b>MINIMUM PAID IN TOTAL PATIENTS</b>	<b>FULL FREE IN TOTAL PATIENTS</b>	<b>TOTAL AMOUNT PAID BY PATIENT</b>	<b>TOTAL AMOUNT PAID BY COLLEGE (SUBSIDY)</b>	<b>TOTAL AMOUNT PAID TO SURAKSHA LAB</b>
17.05.2021	MON	28	4	4	0	22050	1750	23800
20.05.2021	THU	49	18	14	4	32220	9430	41650
24.05.2021	MON	42	14	9	5	26900	8800	35700
27.05.2021	THU	<b>NO TEST DUE TO YAAS CYCLONE</b>						

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

## RT-PCR Testing Drive-2021 (in collaboration with Suraksha Diagnostics Pvt. Ltd.)

DATE	DAY	TOTAL PATIENTS	SUBSIDY PATIENTS DETAILS			FEES DETAILS		
			TOTAL NO. OF SUBSIDY PATIENTS	MINIMUM PAID IN TOTAL PATIENTS	FULL FREE IN TOTAL PATIENTS	TOTAL AMOUNT PAID BY PATIENT	TOTAL AMOUNT PAID BY COLLEGE (SUBSIDY)	TOTAL AMOUNT PAID TO SURAKSHA LAB
31.05.2021	MON	16	10	5	5	6900	6700	13600
03.06.2021	THU	13	7	6	1	7050	4000	11050
07.06.2021	MON	8	4	4	0	4750	2050	6800
10.06.2021	THU	4	1	1	0	3050	350	3400
14.06.2021	MON	9	2	1	1	6300	1350	7650
17.06.2021	THU	3	2	1	1	1350	1200	2550
21.06.2021	MON	61	57	53	4	21430	30420	51850
28.06.2021	MON	9	3	3	0	5900	1750	7650
05.07.2021	MON	30	28	28	0	10810	14690	25500
<b>Total (From the 1st Date to the Last Date) =</b>		<b>272</b>	<b>150</b>	<b>129</b>	<b>21</b>	<b>148710</b>	<b>82490</b>	<b>231200</b>

### RAMAKRISHNA MISSION SIKSHANAMANDIRA

BELUR MATH, HOWRAH - 711202

Sponsored by Ramakrishna Mission Saradapitha
Venue: Ramakrishna Mission Sikshanamandira (Belur B.T. College)

## CORONA RT-PCR TEST VENUE

"GET YOUR TEST SAMPLES COLLECTED ON DESIGNATED DAYS FROM OUR CAMPUS AND RECEIVE RESULTS WITHIN 24 HOURS"

**17.05.2021 ONWARDS**
PRICE: Rs.850/- (Subsidized) TO BE PAID DIRECTLY TO THE COMPANY

⚙️ TESTS WILL BE ON MONDAY & THURSDAY
⚙️ MUST BRING AADHAAR CARD
⚙️ REGISTER 3-DAYS IN ADVANCE TO GET TESTED

**For Registration, Call:**  
**(033) 2654-9281**  
9AM - 9PM

Special pricing arrangements will be made for Low-Income groups

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





*RT-PCR Covid Testing Drive - 2021*

## **2. Observation of International Day of Yoga:**

Since 2016, Sikshanamandira has been running a self-financed Post Graduate Diploma course in Yoga (Post Graduate Diploma in Yoga Education abb. PGDYE) as part of autonomy under University of Calcutta. This 1 year course focused entirely on Yoga has a student capacity of 70. Naturally being an integral part of the regular academic activities of the institution itself, there is a thorough emphasis on Yoga. The regular courses of B.Ed. & M.Ed. also has yoga incorporated in the curriculum. Apart from that the institution holds various programmes on Yoga such as seminars, webinars, workshops, celebrating International Yoga Day etc. Thus the institution is very much active in the field of Yoga - in India originated lifestyle cum philosophy of holistic well-being of Human beings - keeping in mind its benefits popularised and proven since ancient times in our country. Along with its own course the institution also organizes various events for dissemination of Yoga and to promote its significance in Indian cultural heritage since ancient times, keeping in mind the National Priority Programme of Yoga.

Like all previous years since 2015, the International day of Yoga in 2021 falling on 21.06.2021 was observed with much enthusiasm by all members of the institution including students despite the ongoing Covid-19 pandemic. The occasion was all the more impactful, significant and important given the benefits of Yoga in holistic individual well being as stated above in the background of recent or ongoing Global psychophysical despair due to restrictions on movement and gathering in all parts of the world brought about by the devastating Covid-19 Pandemic breaking out since end 2019. **Keeping in**



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

mind the pandemic related restrictions, the event was organized in fully virtual mode. A total of 48 students participated in the event with various Yoga related programmes.

**RAMAKRISHNA MISSION SIKSHANAMANDIRA**  
An Autonomous Post-Graduate College under the University of Calcutta under section 22 of the UGC Act and duly recognized by the NCTE.

**7<sup>th</sup>** Webinar on  
**International Yoga Day 2021**  
Monday June 21, 2021, 04PM - 05PM  
Via Google Meet. Link will be sent later

Programme	Speaker	Time
Welcome Address	Swami Vidyamritananda, (Vice-Principal, RKMSM, Belur Math)	04.00 PM - 04.10 PM
Development of Psycho-Social Immunity through Yoga	Dr. Rajat Ray (Dean of Students, Jadavpur University, Kolkata, West Bengal & Guest Faculty in Yoga Education, RKMSM, Belur Math)	04.10 PM - 04.20 PM
Importance of Common Yoga Protocol in Daily Life	Sri Raju Roy (Research Scholar, Dept. of Sports Science and Yoga, RKMVERI, Belur Math & Guest Faculty in Yoga Education, RKMSM, Belur Math)	04.20 PM - 04.30 PM
Common Yoga Protocol: A Brief Virtual Demonstrations	Sri Arumay Jana (State Aided College Teacher, RKMSM, Belur Math) & PGDYE 2020-2021 Trainees (RKMSM, Belur Math)	04.30 PM - 04.55 PM
Vote of Thanks	Dr. Siharan Chakrabarty (Assistant Professor, RKMSM, Belur Math)	04.55 PM - 05.00 PM

**General Instructions for the Participants**

- 1.Ensure you have to ample space to move at least one step forward, backward, sideward in the room or open sky.
- 2.Ensure non-slippery mat / shatranji to comfortably lie on.
- 3.Wear loose-fitting attire in which stretching and sitting easily possible.
- 4.Have a light stomach when you join the class.
- 5.Properly set your mobile / digital camera for clear visualisation.

**Comperre:**  
**Dr. Siharan Chakrabarty**  
(Assistant Professor, RKMSM, Belur Math)

**Youtube link of the programme:**

[https://www.youtube.com/watch?v=HU\\_nVh0TaZ8&t=4353s](https://www.youtube.com/watch?v=HU_nVh0TaZ8&t=4353s)

*International Day of Yoga 2021: 21.06.2021*

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

## Academic Session: 2019-20

<b>Activities under National Priority Programmes: 2019-20</b>					
SN	Name of the Activity	Date/s	Organizing unit/ agency/ collaborating agency	Nature of Activity	Number of students participated (**)
1.	Blood Donation Camp	08.08.2019		Blood Donation Camp	<b>61</b>
2.	3 Week Residential National Level Entrepreneurial Workshop on Yoga and Wellness	16.08.2019 - 05.09.2019		Yoga Awareness	<b>12</b>
3.	Swachh Bharat Abhiyan: Cleanliness Drive at Locality	20.11.2019	Swami Vivekananda Study Circle, Youth Organ of RKMSM	Voluntary Service and Public Awareness as part of Swachh Bharat Abhiyan initiated by Govt. of India	<b>64</b>
4.	Dengue Awareness Campaign	05.03.2020		Health Awareness Drive	<b>31</b>
5.	Corona Awareness Rally	16.03.2020		Health (Covid-19 Pandemic) Awareness Drive	<b>4</b>
6.	Covid-19 Pandemic Relief (jointly with RKM Saradapitha & sponsored by Coal India)	March - May, 2020	RKM Saradapitha & Coal India (sponsor)	Pandemic Relief	<b>7</b>
7.	Observation of International Day of Yoga	21.06.2020		Yoga Awareness	<b>83</b>

*\*\*Note: due to Govt. directive regarding safety measures during Covid-19 pandemic, the last 4 months of the 2019-20 academic session there were sporadic student participations in different activities in that period*

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

## 1. *Blood Donation Camp - August, 2019:*

On the occasion of Diamond Jubilee the college, a Blood Donation Camp was organized at the college premises on 08.08.2019. 61 students participated in the event. This activity was conducted keeping in mind the National priority programme of Voluntary Blood Donation.



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



*Blood Donation Camp - August, 2019*

## **2. 3 Week Residential National Level Entrepreneurial Workshop on Yoga and Wellness:**

A 3-Week Residential National Level Entrepreneurial Workshop on Yoga titled: “Yoga and Wellness” was held by the institution under the RUSA 2.0 Component 8 Grant. Under the supervision of Prof. Arumay Jana and Prof. Raju Roy (Guest Faculty for PGDYE) the workshop commenced on 16.08.2019 and concluded on 05.09.2019. 12 of our students participated in the event.

The Programme was scheduled as below:



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

*"Be strong, my young friends; that is my advice to you. You will be nearer to Heaven through football than through the study of the Gita. You will understand the Gita better with your biceps, your muscles, a little stronger."*

- Swami Vivekananda



Ramakrishna Mission  
Sikshanamandira

Belur Math  
Howrah



Ramakrishna Mission Sikshanamandira

Belur Math, Howrah - 711202

Last Date of Online Application: 26th July, 2019  
Log-on to [www.rkmsm.org](http://www.rkmsm.org) for Online Application

Contact Person: Arumay Jana | Raju Roy, +91 8240101646 / +91 7908482969  
Email: [rkmsm.yoga.entrepreneurship@gmail.com](mailto:rkmsm.yoga.entrepreneurship@gmail.com)

3-Week Residential National Level Entrepreneurial Workshop  
on

**Yoga and Wellness**

[under RUSA 2- Component 8 Grant]

For yoga professionals, research scholars & students  
from various Universities, Colleges & Institutes

Date: 16th August to 5th September, 2019

**"Education is the manifestation of the perfection already in man."**

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

With its evolutionary and ever-so-cutting edge construct, today's world with its varied technological advancements have made life more and more easy-going for the common man. Yes, we do love our creature comforts, but this sedentariness costs us with lifestyle diseases like obesity, hypertension, diabetes, arthritis etc. Even with such developed clinical facilities, we are always cramped with stress, leading an unstable and unhealthy life. Yoga is one of the best available panaceas today! Changing our base thought process of a healthy lifestyle – It improves our body posture, prevents diseases, increases concentration; provides emotional stability, power to creativity and peaceful life. Undoubtedly, you need Yoga professionals to channel your yogic abilities, and thus take the step towards a well-built, healthy society.

Our Yoga and Entrepreneurship programme is compact in a way, to provide you with a response to overcome from stressful life. It is tailored to help you become a bastion of innovation, knowledge and wisdom, and facilitate your process of being a qualified yoga entrepreneur through suitable education and training to start and run an enterprise of your very own!

## Objectives of the Programme

1. To promote yoga as a means to boost holistic health and human values.
2. To promote yoga as a career path in present day circumstances.
3. To explore the individual potentialities through yogic skills.
4. To develop standards & parameters, assess competencies and certify a recognized & well build yoga professional.
5. To promote motives and their impact on entrepreneurial values and behaviour.
6. To develop achievement motivation and entrepreneurial skills among yoga trainees.
7. To identify, inculcate, develop and polish the capabilities and skills as prerequisites of a yoga trainee to become a 'yogipreneur'.
8. To develop language skills for communication and spread yogic values at national and International level.
9. To collaborate with National and International organizations for promotion of yoga and build professional opportunity.

## Topics on-

- \* Yoga therapy and Lifestyle diseases
- \* Yoga for Health and Fitness
- \* Yoga for Stress Management
- \* Happiness and Yoga
- \* Yogic Diet and food for health
- \* Yoga Nidra and Brain Activity
- \* Yoga and Psychic Counselling
- \* Yoga for Drug addiction
- \* Yoga for Mental Toughness

\* Registration Fees : Rs. 2500 /- (If selected)

## MALE CANDIDATES ONLY







# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



Few snaps from Yoga & Wellness Workshop - August - September, 2019

### 3. *Swachh Bharat Abhiyan: Cleanliness Drive at Locality:*

Sikshanamandira actively participated each year in Swachh Bharat Abhiyan since 2014 when the Govt. of India initiated it, which is an initiative for all Indian Citizens to take up voluntary cleaning of neighbourhoods and spreading awareness on the same among society. The year 2020 was no different to the preceding years and a Cleanliness Drive at the locality was organized on 20.11.2019 where **64** students participated in various cleaning operations of different localities over two days in different groups. This activity was conducted keeping in mind the National priority programme of Swachh Bharat. Vivekananda Study Circle, the youth organ of the institution organized the programme.

### 4. *Dengue Awareness Campaign:*

#### *Distributing Leaflets among students:*

Leaflets were distributed duly to students of B.Ed. and M.Ed. highlighting Dengue, its facts, symptoms and prevention.

***Clean Campuses/Premises before commencement of class after long vacation:*** Other than daily campus cleaning by designated cleaning staff, a thorough cleaning of campus is conducted before such vacations. Pictures of campus cleaning are attached with the mail. A special class on Dengue Awareness, its prevention especially with various indoor and outdoor preventive measures was conducted on 05.03.2020.

Cleaning campuses and preventing accumulation of water/garbage/water stagnancy/choked drains etc. are regularly conducted by designated cleaning staff, and

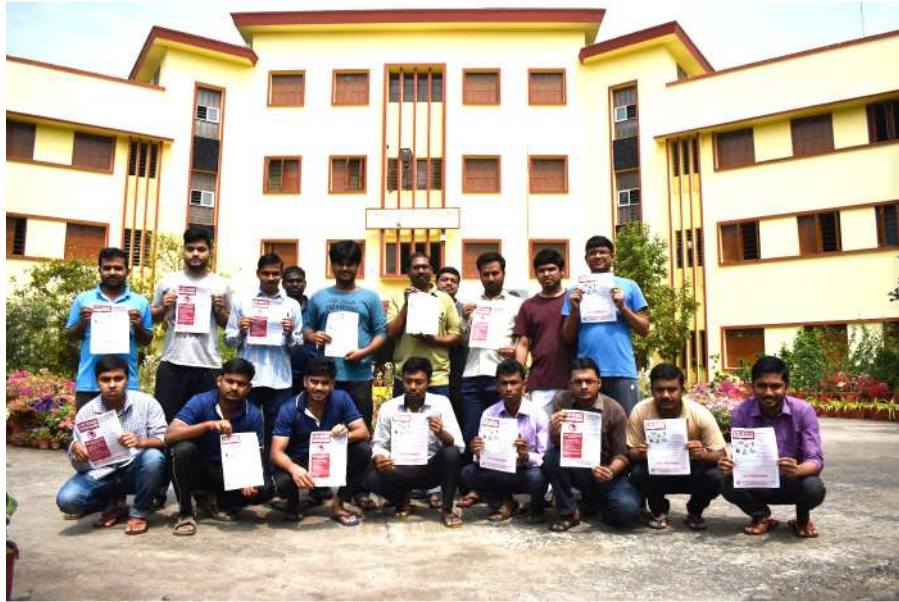


# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

thorough cleaning is done post Puja vacation class commencement. All these activities also took place during this event and **31 students** participated.

This activity was conducted keeping in mind the National priority programme of Health Awareness (Dengue).



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



*Dengue Awareness Campaign- March, 2020*

## 5. **Corona (Covid-19) Awareness Rally:**

Upon the outbreak of the Corona Pandemic (the particular pandemic was caused by Covid-19 Coronavirus, since then has popularly been named as just Covid-19) Sikshanamandira took the initiative to hold a Covid-19 awareness rally on 16.03.2020. As the classes and all other activities of the institution were suspended following Govt. regulations for Covid-19 pandemic safety there were sporadic student participation throughout the duration of March - June, 2020. **4 students** however volunteered in the event. This activity was conducted keeping in mind the National priority programme of Pandemic Awareness.



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



Corona (Covid-19) Awareness Rally - March, 2020

## 6. Covid-19 Pandemic Relief 2020:

Further Activities conducted by Ramakrishna Mission Sikshanamandira in collaboration with Ramakrishna Mission Saradapitha to aid lower income and underprivileged families in wake of CoronaVirus (COVID-19) Lockdown from 27/03/2020 to 16/05/2020:

### ***Cooked Food Distribution:***

122 plates of cooked food were served in Howrah District from 23 April to 01 May 2020.

### ***Dry Ration Kit Distribution:***

The following items were distributed-

19288 Kg Rice, 4529 Kg Dal, 1783 Liter Oil, 2531 Kg Salt, 65398 Biscuit Packets, 7249 Kg Onions, 14012 Kg Potatoes, 157 Kg Green Chili, 675 Kg Sugar, 350 Kg Soya Beans, 434 Kg Pumpkin, 400 Potato Chips, 600 packs of Amul Milk, 100 Bread Packets, 300 Kg Haldi and 2314 Kg Oats to 8234 families in Hooghly, Howrah, Nadia, North 24 Parganas and Paschim Midnapore Districts from 27 March to 16 May, 2020.

### ***Sanitary and Hygiene Items:***

The following items were distributed-

18792 bars of soap, 23842 face masks and 2848 bottles of hand sanitizers to 8110 families, Police Stations and Hospitals in Hooghly, Howrah, Nadia, North 24 Parganas and Paschim Midnapore Districts from 27 March to 10 May, 2020.

Coal India also extended their collaboration in this large scale relief activity.

### ***The Coal India Sponsored Relief details follow(06.04.2020 – 10.04.2020):***

Total 675 Families have been given Relief items sponsored by Coal India Limited from 06 April to 10 April, 2020. This programme was conducted keeping in mind the National priority programme of Pandemic Relief.

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

7 students volunteered in the relief activities, showing their incredible selflessness and dedication to Swami Vivekananda's principle of *Service to Fellow beings as a means to worship God*.



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

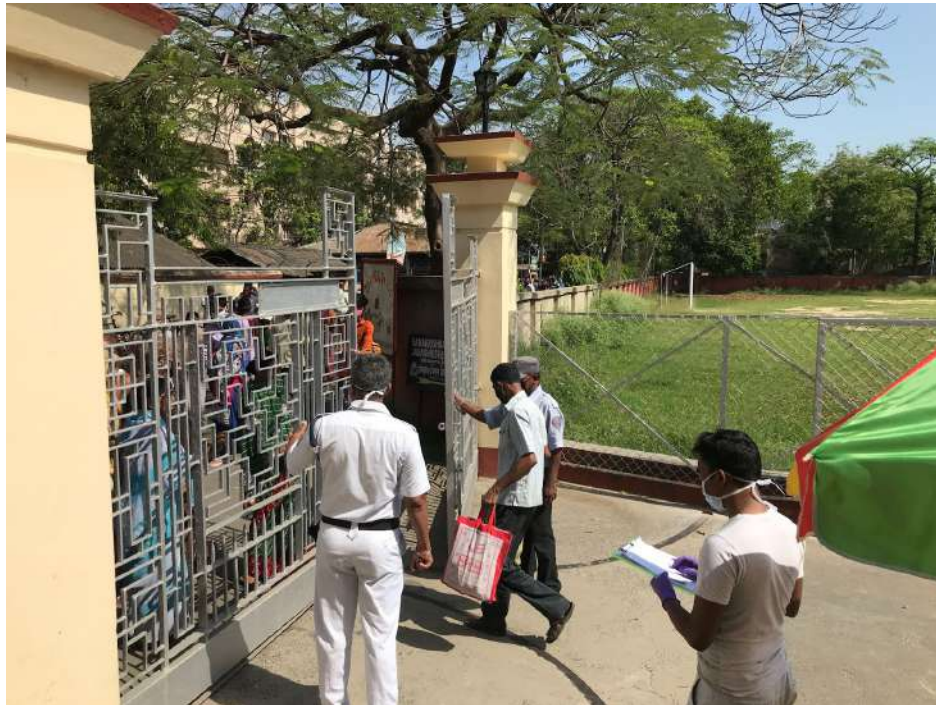
- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda





# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Covid-19 Relief: March-May, 2020*

## **7. Observation of International Day of Yoga:**

Since 2016, Sikshanamandira has been running a self-financed Post Graduate Diploma course in Yoga (Post Graduate Diploma in Yoga Education abb. PGDYE) as part of autonomy under University of Calcutta. This 1 year course focused entirely on Yoga has a student capacity of 70. Naturally being an integral part of the regular academic activities of the institution itself, there is a thorough emphasis on Yoga. The regular courses of B.Ed. & M.Ed. also has yoga incorporated in the curriculum. Apart from that the institution holds various programmes on Yoga such as seminars, webinars, workshops, celebrating International Yoga Day etc. Thus the institution is very much active in the field of Yoga - in India originated lifestyle cum philosophy of holistic

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

well-being of Human beings - keeping in mind its benefits popularised and proven since ancient times in our country. Along with its own course the institution also organizes various events for dissemination of Yoga and to promote its significance in Indian cultural heritage since ancient times, keeping in mind the National Priority Programme of Yoga.

Like all previous years since 2015, the International day of Yoga in 2020 falling on 21.06.2020 was observed with much enthusiasm by all members of the institution including students despite the ongoing Covid-19 pandemic. The occasion was all the more impactful, significant and important given the benefits of Yoga in holistic individual well being as stated above in the background of recent or ongoing Global psychophysical despair due to restrictions on movement and gathering in all parts of the world brought about by the devastating Covid-19 Pandemic breaking out since end 2019. **Keeping in mind the restrictions the event was organized in fully virtual mode.** A total of **83** students participated in the event where various Yoga related programmes were organised.

**International Day of Yoga**  
21<sup>st</sup> June, 2020

Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah-711202

All students are cordially invited to join this online celebration via 'Skype' Meeting  
Time-5 p.m.-6.p.m.  
The meeting link will be sent shortly

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal



*Few Snaps from International day of Yoga: 21.06.2020*

---

“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



## Academic Session: 2018-19

<b>Activities under National Priority Programmes: 2018-19</b>					
SN	Name of the Activity	Date/s	Organizing unit/ agency/ collaborating agency	Nature of Activity	Number of students participated
1.	Swachh Bharat Abhiyan: Cleanliness Drive at Locality	27.02.2019 - 28.02.2019	Swami Vivekananda Study Circle, Youth Organ of RKMSM	Voluntary Service and Public Awareness as part of Swachh Bharat Abhiyan initiated by Govt. of India	<b>15</b>
2.	Eye & Blood Donation Awareness Rally	12.04.2019		Health Awareness Drive	<b>53</b>
3.	Blood Donation Camp	14.04.2019	Praktani Association, Alumni Organization of RKMSM	Blood Donation Camp	<b>7 (Donor)</b>
4.	Observation of International Day of Yoga	21.06.2019		Yoga Awareness	<b>79</b>

### ***1. Swachh Bharat Abhiyan: Cleanliness Drive at Locality:***

Sikshanamandira actively participated each year in Swachh Bharat Abhiyan since 2014 when the Govt. of India initiated it, which is an initiative for all Indian Citizens to take up voluntary cleaning of neighbourhoods and spreading awareness on the same among society. The year 2019 was no different to the preceding years and a Cleanliness Drive at the locality was organized on 27.02.2019 & 28.02.2019 where **15** students participated in various cleaning operations of different localities over two days in different groups. This activity was conducted keeping in mind the National priority programme of Swachh Bharat.

### ***2. Eye & Blood Donation Awareness Rally:***

A Eye & Blood donation awareness rally was organized on 12.04.2019, where **53** Students and staff members took part and covered a distance of 4.2 Kms on foot, displaying various banners, reciting slogans and distributing leaflets related to the said awareness. This activity was conducted keeping in mind the National priority programme of Voluntary Eye & Blood Donation.



### 3. *Blood Donation Camp*

Subsequently a Blood Donation Camp was organized on 14.04.2019 in collaboration with Praktani Association where 7 students participated in the event and donated their blood. Some faculty members also enthusiastically donated their blood. This activity was conducted keeping in mind the National priority programme of Blood Donation.







*Blood Donation Camp - April, 2019*

#### **4. Observation of International Day of Yoga:**

Since 2016, Sikshanamandira has been running a self-financed Post Graduate Diploma course in Yoga (Post Graduate Diploma in Yoga Education abb. PGDYE) as part of autonomy under University of Calcutta. This 1 year course focused entirely on Yoga has a student capacity of 70. Naturally being an integral part of the regular academic activities of the institution itself, there is a thorough emphasis on Yoga. The regular courses of B.Ed. & M.Ed. also has yoga incorporated in the curriculum. Apart from that the institution holds various programmes on Yoga such as seminars, webinars, workshops, celebrating International Yoga Day etc. Thus the institution is very much active in the field of Yoga - in India originated lifestyle cum philosophy of holistic well-being of Human beings - keeping in mind its benefits popularised and proven since

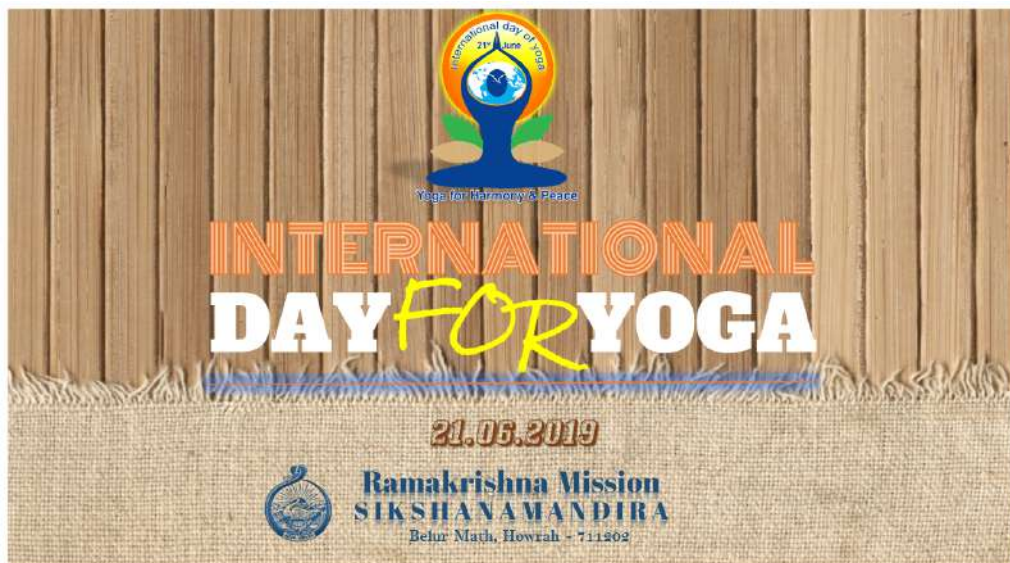


# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal

ancient times in our country. Along with its own course the institution also organizes various events for dissemination of Yoga and to promote its significance in Indian cultural heritage since ancient times, keeping in mind the National Priority Programme of Yoga.

Like all previous years since 2015, the International day of Yoga in 2019 falling on 21.06.2019 was observed with much enthusiasm by all members of the institution including students. 79 students participated in the event where various Yoga related programmes, demonstrations and lectures by prominent people were organised at the College premises.



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



“Education is the manifestation of the perfection already in man.”

- Swami Vivekananda



# RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)  
Belur Math, Howrah - 711 202, West Bengal



*Yoga Day Celebrations 2019 - 21.06.2019*

**“Education is the manifestation of the perfection already in man.”**

- Swami Vivekananda