



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711 202, West Bengal

1.2.5 Percentage of students who have completed self-study courses (online /offline, beyond the curriculum) during the last five years

Certificates / evidences for completing the self-study course(s)



Swami Vidyamritananda
Principal (Offg.)
Ramakrishna Mission Sikshanamandira
Belur Math, Howrah-711202, W.B.



2022-23: Certificates / evidences for completing the self-study course

1. Course Name: Advanced Child Development and Pedagogy

Course Code: **ACDP/01/22-23**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Swami(Dr.) Tattwasarananda

Mode: offline

Course Duration: 15 february 2023 to 24 March 2023

Contact Hours: Everyday evening from 4:30 p.m. to 5:30 p.m, for a total of 30 Hours

Total Number of students Enrolled: 30

Total Number of Students Completed: 26

Course Fee: NIL

Brief Descriptions:

The Advanced Child Development and Pedagogy course (Course Code: ACDP/01/22-23) was conducted by Ramakrishna Mission Sikshanamandira. The course, coordinated by Br. Vinaychaitanya, aimed to enhance educators' understanding of child development and effective pedagogical practices. The resource persons, Br. Vinaychaitanya and Swami (Dr.) Tattwasarananda facilitated the offline course that took place from 15 February 2023 to 24 March 2023, Everyday evening from 4:30 p.m. to 5:30 p.m with a total of 30 contact hours. A total of 30 students enrolled in the course, showcasing their interest in deepening their knowledge and skills. Of the enrolled students, 26 successfully completed the course, demonstrating their commitment and active participation. The course covered various aspects of child development, including cognitive, social, emotional, and physical development. It also emphasised effective pedagogical strategies, assessment methods, and classroom management techniques. The course provided a platform for collaborative learning, allowing participants to exchange ideas and learn from one another. Practical activities, case studies, and real-life examples were incorporated to enhance practical application of the concepts. The course fee was waived, ensuring accessibility to a wider range of educators. Overall, the Advanced Child Development and Pedagogy course offered valuable insights and equipped educators with knowledge and skills to create optimal learning environments for children. The high completion rate reflects the course's impact in promoting professional development in the field of child development and pedagogy.



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SAMPLE CERTIFICATE



2. Course Name: Advanced Environmental Studies

Course Code: AES/02/22-23

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Dr. Satyajit Kar

Name of the Resource Persons: Dr. Satyajit Kar, Dr. Sandip Kumar Mandal

Mode: offline

Course Duration: 20 April 2023 to 12 June 2023

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., for a total of 35 Hours

Total Number of students Enrolled: 36

Total Number of Students Completed: 33

Course Fee: NIL

Brief Descriptions:

The AES course (Course Code: AES/02/22-23) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Satyajit Kar serving as the Course Coordinator. The course aimed to provide participants with comprehensive knowledge and practical skills in the field of AES (Advanced Environmental Studies). Dr. Satyajit Kar and Dr. Sandip Kumar Mandal were the esteemed resource persons for the course. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course duration was from 20 April 2023 to 12 June 2023, spanning over a period of 8 weeks. Contact hours were scheduled every Saturday

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and Sunday from 2:00 p.m. to 4:30 p.m., accumulating to a total of 35 hours of instruction. This convenient schedule enabled participants to balance their professional commitments while engaging in the course. A total of 36 students enrolled in the AES course, demonstrating their keen interest in acquiring knowledge and skills in Advanced Environmental Studies. Out of the enrolled students, 33 successfully completed the course, reflecting their dedication and commitment to the program. The course covered a wide range of topics related to Advanced Environmental Studies, including environmental pollution, conservation, sustainability, waste management, and environmental impact assessment. The resource persons, Dr. Satyajit Kar and Dr. Sandip Kumar Mandal, shared their expertise and research findings, providing valuable insights into current environmental issues and effective solutions. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. Field visits and laboratory sessions were organised to provide firsthand experience in data collection, analysis, and environmental monitoring techniques. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting environmental education and awareness.

In conclusion, the AES course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Satyajit Kar, provided participants with a comprehensive understanding of Advanced Environmental Studies. The course facilitated practical learning experiences, enabling participants to develop essential skills and knowledge in environmental conservation and sustainability. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing environmental challenges and fostering environmental stewardship.

SAMPLE CERTIFICATE



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3. Course Name: Effective Time Management

Course Code: **ETM/03/22-23**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Girishachaitanya, Br. Vinaychaitanya

Mode: offline

Course Duration: 23 October 2022 to 27 November, 2022

Contact Hours: Everyday morning from 7:30 a.m. to 8:30a.m., for a total of 32 Hours.

Total Number of students Enrolled: 27

Total Number of Students Completed: 24

Course Fee: NIL

Brief Descriptions:

The Effective Time Management course (Course Code: ETM/03/22-23) was organised by Ramakrishna Mission Sikshanamandira, with Br. Vinaychaitanya serves as the Course Coordinator. The course aimed to equip participants with essential knowledge and skills in Education and Time Management. The resource persons for the course were Br. Girishachaitanya and Br. Vinaychaitanya. The course was conducted offline, providing participants with face-to-face interactions and practical learning experiences. The course spanned from 23 October 2021 to 27 November 2022, with contact hours scheduled every day in the morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to effectively manage their time and integrate the learnings into their daily routines. The total duration of the course was 32 hours, ensuring comprehensive coverage of the topics. A total of 27 students enrolled in the ETM course, highlighting the interest and importance of education and time management in their professional and personal lives. Among the enrolled students, 24 successfully completed the course, demonstrating their commitment and active participation throughout the program. The course focused on various aspects of education and time management, including effective study techniques, goal setting, prioritisation, organisation, and stress management. The resource persons, Br. Girishachaitanya and Br. Vinaychaitanya, shared their expertise and practical strategies to help participants optimise their learning potential and make the most of their time. The course encouraged active participation through discussions, case studies, and practical exercises. Participants were able to share their experiences, challenges, and best practices, fostering a collaborative learning environment. The course was offered free of charge, exemplifying Ramakrishna Mission Sikshanamandira's commitment to providing quality education and professional development opportunities. In conclusion, the ETM course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Vinaychaitanya, offered valuable insights and practical strategies for education and time management. The course equipped participants with essential skills to enhance their study habits, productivity, and overall well-being. The high completion rate among the enrolled students showcases the course's effectiveness and relevance in supporting individuals in their educational and personal endeavours.



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SAMPLE CERTIFICATE



4. Course Name: Acting and Anchoring

Course Code: AA/04/22-23

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Sri Rathin Kuri

Name of the Resource Persons: Sri Rathin Kuri, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 23 february 2023 to 27 March 2023

Contact Hours: Everyday Evening from 7:30 p.m. to 8:30 p.m., for a total of 32 Hours

Total Number of students Enrolled: 32

Total Number of Students Completed: 28

Course Fee: NIL

Brief Descriptions:

The Acting and Anchoring course (Course Code: AA/04/22-23) was organised by Ramakrishna Mission Sikshanamandira, with Sri Rathin Kuri as the Course Coordinator. The resource persons for the course were Sri Rathin Kuri and Dr. Siharan Chakraborty. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course spanned

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from 23 February 2023 to 27 March 2023, with contact hours scheduled every evening from 7:30 p.m. to 8:30 p.m. This convenient timing allowed participants to attend the course after their regular commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, providing a comprehensive coverage of the topics. A total of 32 students enrolled in the AA course, demonstrating their keen interest in acquiring knowledge and skills in Acting and Anchoring. Out of the enrolled students, 28 successfully completed the course, showcasing their dedication and commitment to the program. The course covered a wide range of topics related to Acting and Anchoring. The resource persons, Sri Rathin Kuri and Dr. Siharan Chakraborty, shared their expertise and research findings, providing valuable insights into the latest advancements in the field. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting knowledge and skill development in Acting and Anchoring. In conclusion, the AA course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Rathin Kuri, provided participants with a comprehensive understanding of Acting and Anchoring.

SAMPLE CERTIFICATE



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AA/04/22-231

Self Study Course

ACTING AND ANCHORING

COURSE COMPLETION CERTIFICATE

This is to certify that **TOTAN MIDDYA, B.ED-I YEAR, Session: 2022-23** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'Acting and Anchoring' conducted at Ramakrishna Mission Sikshanamandira from 23 February 2023 to 27 March 2023.

Date: 30 March 2023



Course Coordinator



Principal/
Vice Principal

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5. Course Name: Yoga Science for Wellness

Course Code: YSW/05/22-23

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Swami(Dr.) Tattwasarananda, Sri Arumoy Jana

Mode: offline

Course Duration: 18 February 2023 to 25 March2023

Contact Hours:Everyday morning from 6:30 a.m. to 7:30 a.m., for a total of 32 Hours

Total Number of students Enrolled: 17

Total Number of Students Completed: 14

Course Fee: NIL

Brief Descriptions:

The Yoga Science for Wellness course (Course Code: YSW/05/22-23) was conducted by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana serving as the Course Coordinator. The course aimed to promote the holistic well-being of individuals through the practice and understanding of Yoga Science. Sri Arumoy Jana was the dedicated resource person for the course. The course was conducted offline, allowing participants to experience the benefits of yoga in person. The course spanned from 18 February 2023 to 25 March2023, with contact hours scheduled every morning from 6:30 a.m. to 7:30 a.m. This early and regular timing enabled participants to incorporate the practice of yoga into their daily routines, fostering a healthy and balanced lifestyle. The course had a total duration of 32 hours, providing ample time for comprehensive learning and practice. A total of 17 students enrolled in the Yoga Science for Wellness course, showcasing their interest and commitment to their personal well-being. Among the enrolled students, 14 successfully completed the course, indicating their dedication and active participation throughout the program. The course covered various aspects of yoga, including asanas (physical postures), pranayama (breathing exercises), meditation, and relaxation techniques. Sri Arumoy Jana, with his expertise and experience in yoga, guided the participants on the correct alignment, breathing techniques, and mindfulness practices associated with each aspect of yoga. The course emphasised the importance of integrating yoga into daily life to achieve physical, mental, and spiritual well-being. Participants learned techniques for stress reduction, improving flexibility, increasing body awareness, and developing a calm and focused mind. The course was conducted free of charge (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to making yoga accessible to all individuals, irrespective of their financial background. In conclusion, the Yoga Science for Wellness course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with a transformative experience in yoga practice and its holistic



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benefits. The course empowered individuals to lead healthier and more balanced lives, incorporating the principles and practices of yoga. The high completion rate among the participants signifies the positive impact of the course and its potential in promoting overall well-being through the practice of yoga.

SAMPLE CERTIFICATE

YSW/05/22-23/1


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Self Study Course on
Yoga Science for Wellness
COURSE COMPLETION CERTIFICATE

This is to certify that **INDRAJIT KARAN, B.ED-I YEAR, Session: 2022-23** has successfully completed the Self-Study Course (Duration: 32 hours) on 'Yoga Science for wellness' conducted at Ramakrishna Mission Sikshanamandira from 18 February 2023 to 25 March 2023.

Date: 29 March 2023


Course Coordinator


Principal/
Vice Principal

6. Course Name: Creative Thinking and Innovation

Course Code: CTI/06/22-23

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Girishachaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Br. Girishachaitanya

Mode: offline

Course Duration: 17 February 2023 to 23 March 2023

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 30 Hours

Total Number of students Enrolled: 36

Total Number of Students Completed: 33

Course Fee: NIL

Brief Descriptions:

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The Creative Thinking and Innovation course (Course Code: CTI/06/22-23) was organised by Ramakrishna Mission Sikshanamandira, with Br. Girishachaitanya serves as the Course Coordinator. The course aimed to foster creative thinking and innovation among participants. The resource persons for the course were Br. Vinaychaitanya and Br. Girishachaitanya. The course was conducted offline, providing participants with direct engagement and experiential learning opportunities. The course spanned from 17 February 2023 to 23 March 2023, with contact hours scheduled every morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to start their day with creative thinking exercises and develop a creative mindset throughout the course. The course had a total duration of 30 hours, providing ample time for in-depth exploration of the subject. A total of 36 students enrolled in the Creative Thinking and Innovation course, showcasing the interest and recognition of the importance of creative thinking in various fields. 33 Students completed the course successfully. The diverse group of participants brought different perspectives and experiences, enriching the learning environment. The number of students who completed the course was not specified. The course focused on nurturing creative thinking skills and fostering an innovative mindset. Through interactive sessions, discussions, and practical exercises, participants learned techniques to generate ideas, think critically, solve problems, and adapt to changing situations. The resource persons, Br. Vinaychaitanya and Br. Girishachaitanya, shared their knowledge and experiences, providing valuable insights into the creative process and strategies for fostering innovation. The course encouraged participants to apply creative thinking and innovation in their personal and professional lives. They were challenged to think outside the box, explore new possibilities, and develop a mindset that embraces change and experimentation. The course was offered free of charge, reflecting Ramakrishna Mission Sikshanamandira's commitment to providing quality education and fostering creativity and innovation among individuals. In conclusion, the Creative Thinking and Innovation course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Girishachaitanya, provided participants with valuable tools and techniques to enhance their creative thinking and innovation skills. The course empowered individuals to approach challenges and opportunities with a fresh perspective and develop innovative solutions. The diverse enrollment and the dedicated resource persons contributed to a dynamic learning environment. The course's emphasis on free participation further ensured equal access to knowledge and skill development in creative thinking and innovation.

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SAMPLE CERTIFICATE



7. Course Name: First Aids Management

Course Code: FAM/07/22-23

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Sri Arumoy Jana

Name of the Resource Persons: Dr. Siharan Chakraborty, Sri Arumoy Jana

Mode: offline

Course Duration: 16 February 2023 to 23 March 2023

Contact Hours: Everyday evening from 6:30 p.m. to 7:30 p.m., for a total of 32 Hours

Total Number of students Enrolled: 31

Total Number of Students Completed: 27

Course Fee: NIL

Brief Descriptions:

The First Aids Management course (Course Code: FAM/07/22-23) was organised by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana as the Course Coordinator. The course aimed to equip participants with the necessary knowledge and skills to provide effective first aids in emergency situations. The resource persons for the course were Dr. Siharan Chakraborty and Sri Arumoy Jana. The course was conducted offline, allowing participants to engage in practical demonstrations and hands-on learning experiences. The course spanned from

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16 February 2023 to 23 March 2023, with contact hours scheduled every evening from 6:30 p.m. to 7:30 p.m. This timing provided participants with the flexibility to attend the course after their daytime commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, allowing for comprehensive coverage of first aid principles and techniques. A total of 31 students enrolled in the First Aid Management course, highlighting their interest in acquiring skills to respond effectively in emergency situations. Out of the enrolled students, 27 successfully completed the course, demonstrating their dedication and commitment to learning and applying first aid practices. The course covered a wide range of topics, including assessing and managing various types of injuries, administering CPR (Cardiopulmonary Resuscitation), handling choking incidents, and addressing medical emergencies. The resource persons, Dr. Siharan Chakraborty and Sri Arumoy Jana, with their expertise in the field, provided comprehensive instruction and practical demonstrations to enhance participants' understanding and confidence in delivering first aid. The course emphasised hands-on practice and real-life simulations to simulate emergency scenarios and enhance participants' ability to respond effectively. Participants were trained in techniques such as wound care, bandaging, splinting, and managing common medical emergencies. The course was offered free of charge, aligning with Ramakrishna Mission Sikshanamandira's commitment to providing accessible education and promoting the well-being of individuals within the community. In conclusion, the First Aid Management course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with essential skills and knowledge to handle emergency situations effectively. The course equipped individuals with the confidence and competence to administer first aid and potentially save lives. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing the need for first aid training in various settings.



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SAMPLE CERTIFICATE



8. Course Name: Advanced Research Methodology

Course Code: **ARM/08/22-23**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Abhijit Guha**

Name of the Resource Persons: **Dr. Abhijit Guha, Dr. Anujit Patra**

Mode: **offline**

Course Duration: **16 February 2023 to 01 April 2023**

Contact Hours: **Every Saturday and Sunday from 2:00 p.m. to 5:00 p.m., for a total of 35 Hours**

Total Number of students Enrolled: **30**

Total Number of Students Completed: **28**

Course Fee: **NIL**

Brief Descriptions:

The Advanced Research Methodology course (Course Code: ARM/08/22-23) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Abhijit Guha serving as the Course Coordinator. The course aimed to provide participants with in-depth knowledge and skills in research methodology to enhance their research capabilities. The resource persons for the course were Dr. Abhijit Guha and Dr. Anujit Patra. The course was conducted offline, allowing participants to engage in interactive sessions and hands-on learning. The course spanned from 16 February 2023 to 01 April 2023, with contact hours scheduled every Saturday and Sunday from 2:00 p.m. to 5:00 p.m. This weekend schedule allowed participants to dedicate focused time to the course without

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interfering with their weekday commitments. The course had a total duration of 35 hours, providing ample time for comprehensive coverage of advanced research methodology topics. A total of 30 students enrolled in the Advanced Research Methodology course, indicating their interest and recognition of the importance of research skills in their respective fields. Out of the enrolled students, 28 successfully completed the course, demonstrating their commitment to acquiring advanced research knowledge and skills. The course covered various aspects of research methodology, including research design, data collection methods, statistical analysis, and interpretation of research findings. The resource persons, Dr. Abhijit Guha and Dr. Anujit Patra, with their expertise and research experience, guided the participants in understanding and applying advanced research concepts and techniques. Participants were exposed to both theoretical frameworks and practical applications through case studies and hands-on exercises. They were trained in selecting appropriate research methods, designing research studies, and analyzing data using statistical software. The course also emphasised ethical considerations in research and the effective presentation of research findings. The course fee for the Advanced Research Methodology course was waived (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to promoting research skills and knowledge without financial barriers. In conclusion, the Advanced Research Methodology course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Abhijit Guha, provided participants with advanced research skills and knowledge. The course equipped individuals with the necessary tools and techniques to undertake high-quality research in their respective fields. The high completion rate among the participants indicates the course's effectiveness in meeting the needs of individuals seeking to enhance their research capabilities.

SAMPLE CERTIFICATE

ARM/08/22-23/1	
	
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SELF STUDY COURSE ON	
<i>Advanced Research Methodology</i>	
COURSE COMPLETION CERTIFICATE	
This is to certify that KINGSHUK KUNDU, B.ED.-II YEAR, Session: 2022-23 has successfully completed the Self-Study Course (Duration: 35 hours) on 'Advanced Research Methodology' conducted at Ramakrishna Mission Sikshanamandira from 16 February 2023 to 01 April 2023.	
 COURSE COORDINATOR	Date: 06 April 2023
 PRINCIPAL VICE PRINCIPAL	

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9. Course Name: Advanced Life-Skills Training

Course Code: ALST/09/22-23

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Dr. Siharan Chakrabarty

Name of the Resource Persons: Swami (Dr.) Tattwasarananda, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 16 November 2022 to 19 December 2022

Contact Hours: Every evening from 5:00 p.m. to 6:00 p.m., for a total of 30 Hours

Total Number of students Enrolled: 35

Total Number of Students Completed: 31

Course Fee: NIL

Brief Descriptions:

The Advanced Life-Skills Training course (Course Code: ALST/09/22-23) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Siharan Chakrabarty as the Course Coordinator. The course aimed to provide participants with advanced skills and knowledge in various life skills to enhance their personal and professional development. The resource persons for the course were Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty. The course was conducted offline, allowing participants to engage in interactive sessions and experiential learning. The course duration was from 16 November 2022 to 19 December 2022, with contact hours scheduled every evening from 5:00 p.m. to 6:00 p.m. This timing allowed participants to attend the course after their daytime commitments, providing them with the opportunity to enhance their life skills without disrupting their daily routines. The course had a total duration of 30 hours, ensuring comprehensive coverage of advanced life skills topics. A total of 35 students enrolled in the Advanced Life-Skills Training course, indicating their recognition of the importance of life skills in personal and professional growth. Out of the enrolled students, 31 successfully completed the course, demonstrating their commitment to acquiring advanced life skills and applying them in their lives. The course covered a wide range of life skills, including communication skills, emotional intelligence, problem-solving, decision-making, stress management, and time management. The resource persons, Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty, shared their expertise and experiences to guide participants in developing and applying these skills effectively. Participants engaged in various interactive activities, group discussions, and case studies to enhance their understanding and application of advanced life skills. They learned effective communication techniques, strategies for managing emotions and stress, methods for making informed decisions, and techniques for solving complex problems. The course also emphasised self-reflection and personal development, empowering participants to lead balanced and fulfilling lives. Ramakrishna Mission Sikshanamandira provided the Advanced Life-Skills Training course free of charge, aligning with their commitment to promoting holistic education and personal growth without financial barriers. In conclusion, the Advanced Life-Skills Training course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Siharan Chakrabarty, provided participants with advanced life skills and knowledge. The course equipped individuals with the necessary tools and techniques to enhance their personal and professional development. The high completion rate among



the participants indicates the course's effectiveness in meeting the needs of individuals seeking to cultivate and apply advanced life skills in their lives.

SAMPLE CERTIFICATE



10. Course Name: 'Python & R (Level-1)'

Course Provider: **Ramakrishna Mission Vidyamandira**

Mode: online

Course Duration: April-June 2023

Contact Hours: A total of 40 Hours

Total Number of students Enrolled: 3

Total Number of Students Completed: 3

RKM Vidyamandira, a prestigious residential autonomous college affiliated with the University of Calcutta and located in Belur Math, Howrah 711202, organised an online certificate course titled 'Python & R (Level-1)' during April-June 2023. This comprehensive course spanned 40 hours and provided participants with a solid foundation in Python and R programming languages.



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We are delighted to report that 3 dedicated students from RKM Sikshanamandira enthusiastically participated in this course. They demonstrated exceptional commitment and diligence throughout the program, resulting in all three students successfully completing the course.

The course, conducted with excellence and expertise, equipped participants with essential skills and knowledge in Python and R, which are highly relevant in the fields of data science, software development, and beyond. This achievement reflects not only the students' hard work but also the institution's commitment to providing top-notch educational opportunities.

SAMPLE CERTIFICATE



Ramakrishna Mission Vidyamandira

A Residential Autonomous College affiliated to University of Calcutta
Belur Math, Howrah 711202
Re-Accredited by NAAC (3rd Cycle) with 'A++' Grade
40 Hours On-line Certificate Course on 'Python & R (Level-1)'
organised by
The Placement & Career Counselling Cell, R. K. M. Vidyamandira

COURSE COMPLETION CERTIFICATE

*This is to certify that **Biswanath Mondal**, participated in the 40-Hours On-line Certificate Course on "**Python & R (Level-1)**" and he successfully completed the course. The course was organised by the Department of Placement & Career Counselling Cell, Ramakrishna Mission Vidyamandira, held during April-June 2023 (Total 40 hours).*

Samaresh Maiti
Samaresh Maiti
Course Coordinator
Ramakrishna Mission Vidyamandira



Mahaprajna De
Swami Mahaprajnananda
Principal
Ramakrishna Mission Vidyamandira

Belur Math
February 6, 2023

Office Memo No. VM/Python/22 E-mail address: biswanathmondal341@gmail.com



2021-22: Certificates / evidences for completing the self-study course

1. Course Name: Advanced Child Development and Pedagogy

Course Code: ACDP/01/21-22

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Swami(Dr.) Tattwasarananda

Mode: offline

Course Duration: 16 February 2022 to 25 March 2022

Contact Hours: Everyday evening from 4:30 p.m. to 5:30 p.m, for a total of 30 Hours

Total Number of students Enrolled: **22**

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

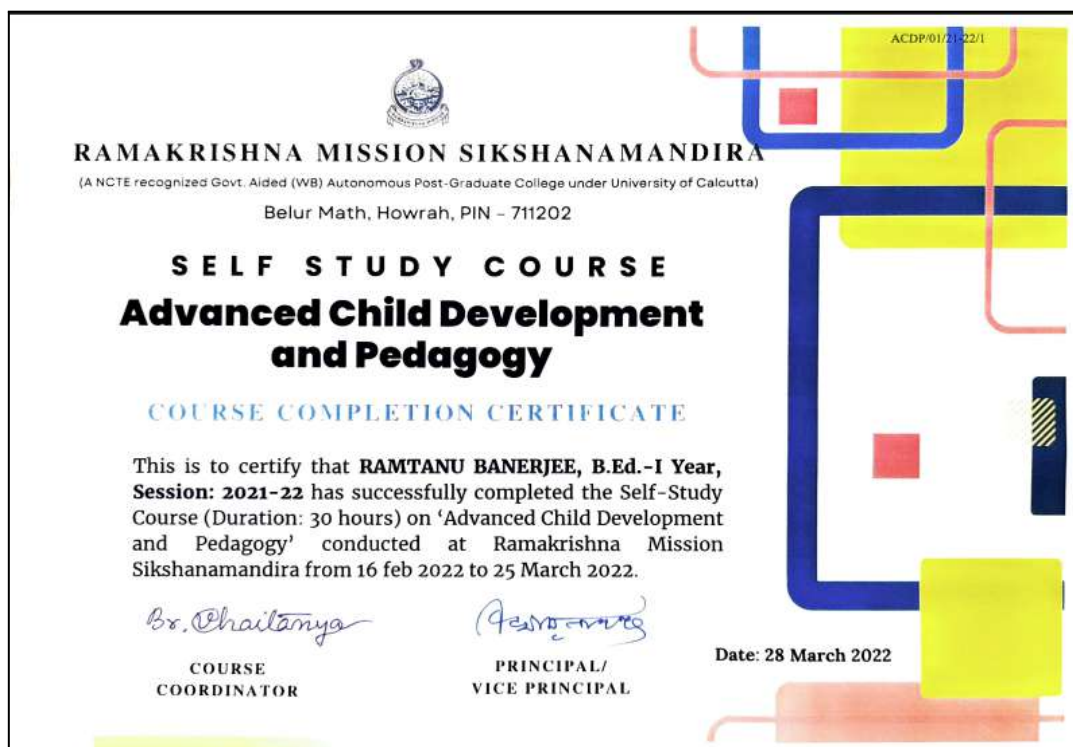
The Advanced Child Development and Pedagogy course (Course Code: ACDP/01/21-22) was conducted by Ramakrishna Mission Sikshanamandira. The course, coordinated by Br. Vinaychaitanya, aimed to enhance educators' understanding of child development and effective pedagogical practices. The resource persons, Br. Vinaychaitanya and Swami (Dr.) Tattwasarananda facilitated the offline course that took place from 16 February 2022 to 25 March 2022, Everyday evening from 4:30 p.m. to 5:30 p.m with a total of 30 contact hours. A total of 22 students enrolled in the course, showcasing their interest in deepening their knowledge and skills. Of the enrolled students, 20 successfully completed the course, demonstrating their commitment and active participation. The course covered various aspects of child development, including cognitive, social, emotional, and physical development. It also emphasized effective pedagogical strategies, assessment methods, and classroom management techniques. The course provided a platform for collaborative learning, allowing participants to exchange ideas and learn from one another. Practical activities, case studies, and real-life examples were incorporated to enhance practical application of the concepts. The course fee was waived, ensuring accessibility to a wider range of educators. Overall, the Advanced Child Development and Pedagogy course offered valuable insights and equipped educators with knowledge and skills to create optimal learning environments for children. The high completion rate reflects the course's impact in promoting professional development in the field of child development and pedagogy.



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SAMPLE CERTIFICATE



2. Course Name: Advanced Environmental Studies

Course Code: AES/02/21-22

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Dr. Satyajit Kar

Name of the Resource Persons: Dr. Satyajit Kar, Dr. Sandip Kumar Mandal

Mode: offline

Course Duration: 18 April 2022 to 10 June 2022

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., for a total of 35 Hours

Total Number of students Enrolled: 24

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

The AES course (Course Code: AES/02/21-22) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Satyajit Kar serving as the Course Coordinator. The course aimed to provide participants with comprehensive knowledge and practical skills in the field of AES (Advanced Environmental Studies). Dr. Satyajit Kar and Dr. Sandip Kumar Mandal were the esteemed resource persons for the course. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course duration was from 18 April 2022 to 10 June 2022, spanning over a period of 8 weeks. Contact hours were scheduled every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., accumulating to a total of 35 hours of instruction. This convenient schedule enabled participants to balance their professional commitments while

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- Swami Vivekananda



engaging in the course. A total of 24 students enrolled in the AES course, demonstrating their keen interest in acquiring knowledge and skills in Advanced Environmental Studies. Out of the enrolled students, 20 successfully completed the course, reflecting their dedication and commitment to the program. The course covered a wide range of topics related to Advanced Environmental Studies, including environmental pollution, conservation, sustainability, waste management, and environmental impact assessment. The resource persons, Dr. Satyajit Kar and Dr. Sandip Kumar Mandal, shared their expertise and research findings, providing valuable insights into current environmental issues and effective solutions. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. Field visits and laboratory sessions were organised to provide firsthand experience in data collection, analysis, and environmental monitoring techniques. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting environmental education and awareness.

In conclusion, the AES course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Satyajit Kar, provided participants with a comprehensive understanding of Advanced Environmental Studies. The course facilitated practical learning experiences, enabling participants to develop essential skills and knowledge in environmental conservation and sustainability. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing environmental challenges and fostering environmental stewardship.

SAMPLE CERTIFICATE





3. Course Name: Effective Time Management

Course Code: ETM/03/21-22

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Girishachaitanya, Br. Vinaychaitanya

Mode: offline

Course Duration: 24 October 2021 to 28 November, 2021

Contact Hours: Everyday morning from 7:30 a.m. to 8:30a.m., for a total of 32 Hours.

Total Number of students Enrolled: 24

Total Number of Students Completed: 21

Course Fee: NIL

Brief Descriptions:

The Effective Time Management course (Course Code: ETM/03/21-22) was organized by Ramakrishna Mission Sikshanamandira, with Br. Vinaychaitanya serves as the Course Coordinator. The course aimed to equip participants with essential knowledge and skills in Education and Time Management. The resource persons for the course were Br. Girishachaitanya and Br. Vinaychaitanya. The course was conducted offline, providing participants with face-to-face interactions and practical learning experiences. The course spanned from 24 October 2021 to 28 November 2021, with contact hours scheduled every day in the morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to effectively manage their time and integrate the learnings into their daily routines. The total duration of the course was 32 hours, ensuring comprehensive coverage of the topics. A total of 24 students enrolled in the ETM course, highlighting the interest and importance of education and time management in their professional and personal lives. Among the enrolled students, 21 successfully completed the course, demonstrating their commitment and active participation throughout the program. The course focused on various aspects of education and time management, including effective study techniques, goal setting, prioritization, organization, and stress management. The resource persons, Br. Girishachaitanya and Br. Vinaychaitanya, shared their expertise and practical strategies to help participants optimize their learning potential and make the most of their time. The course encouraged active participation through discussions, case studies, and practical exercises. Participants were able to share their experiences, challenges, and best practices, fostering a collaborative learning environment. The course was offered free of charge, exemplifying Ramakrishna Mission Sikshanamandira's commitment to providing quality education and professional development opportunities. In conclusion, the ETM course organized by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Vinaychaitanya, offered valuable insights and practical strategies for education and time management. The course equipped participants with essential skills to enhance their study habits, productivity, and overall well-being. The high completion rate among the enrolled students showcases the course's effectiveness and relevance in supporting individuals in their educational and personal endeavors.

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4. Course Name: Acting and Anchoring

Course Code: AA/04/21-22

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Rathin Kuri**

Name of the Resource Persons: Sri Rathin Kuri, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 23 february 2022 to 27 March 2022

Contact Hours: Everyday Evening from 7:30 p.m. to 8:30 p.m.,for a total of 32 Hours

Total Number of students Enrolled: 23

Total Number of Students Completed: 19

Course Fee: NIL

Brief Descriptions:

The Acting and Anchoring course (Course Code: AA/04/21-22) was organised by Ramakrishna Mission Sikshanamandira, with Sri Rathin Kuri as the Course Coordinator. The resource persons for the course were Sri Rathin Kuri and Dr. Siharan Chakraborty. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course spanned from 23 February 2022 to 27 March 2022, with contact hours scheduled every evening from 7:30 p.m. to 8:30 p.m. This convenient timing allowed participants to attend the course after their

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regular commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, providing a comprehensive coverage of the topics. A total of 23 students enrolled in the AA course, demonstrating their keen interest in acquiring knowledge and skills in Acting and Anchoring. Out of the enrolled students, 19 successfully completed the course, showcasing their dedication and commitment to the program. The course covered a wide range of topics related to Acting and Anchoring. The resource persons, Sri Rathin Kuri and Dr. Siharan Chakraborty, shared their expertise and research findings, providing valuable insights into the latest advancements in the field. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting knowledge and skill development in Acting and Anchoring. In conclusion, the AA course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Rathin Kuri, provided participants with a comprehensive understanding of Acting and Anchoring.

SAMPLE CERTIFICATE



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- Swami Vivekananda



5. Course Name: Yoga Science for Wellness

Course Code: YSW/05/21-22

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Sri Arumoy Jana

Mode: offline

Course Duration: 16 February 2022 to 23 March 2022

Contact Hours: Everyday morning from 6:30 a.m. to 7:30 a.m., for a total of 32 Hours

Total Number of students Enrolled: 23

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

The Yoga Science for Wellness course (Course Code: YSW/05/21-22) was conducted by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana serving as the Course Coordinator. The course aimed to promote the holistic well-being of individuals through the practice and understanding of Yoga Science. Sri Arumoy Jana was the dedicated resource person for the course. The course was conducted offline, allowing participants to experience the benefits of yoga in person. The course spanned from 16 February 2022 to 23 March 2022, with contact hours scheduled every morning from 6:30 a.m. to 7:30 a.m. This early and regular timing enabled participants to incorporate the practice of yoga into their daily routines, fostering a healthy and balanced lifestyle. The course had a total duration of 32 hours, providing ample time for comprehensive learning and practice. A total of 23 students enrolled in the Yoga Science for Wellness course, showcasing their interest and commitment to their personal well-being. Among the enrolled students, 20 successfully completed the course, indicating their dedication and active participation throughout the program. The course covered various aspects of yoga, including asanas (physical postures), pranayama (breathing exercises), meditation, and relaxation techniques. Sri Arumoy Jana, with his expertise and experience in yoga, guided the participants on the correct alignment, breathing techniques, and mindfulness practices associated with each aspect of yoga. The course emphasized the importance of integrating yoga into daily life to achieve physical, mental, and spiritual well-being. Participants learned techniques for stress reduction, improving flexibility, increasing body awareness, and developing a calm and focused mind. The course was conducted free of charge (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to making yoga accessible to all individuals, irrespective of their financial background. In conclusion, the Yoga Science for Wellness course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with a transformative experience in yoga practice and its holistic



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benefits. The course empowered individuals to lead healthier and more balanced lives, incorporating the principles and practices of yoga. The high completion rate among the participants signifies the positive impact of the course and its potential in promoting overall well-being through the practice of yoga.

SAMPLE CERTIFICATE



6. Course Name: Creative Thinking and Innovation

Course Code: CTI/06/21-22

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Br. Girishachaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Br. Girishachaitanya

Mode: offline

Course Duration: 18 February 2022 to 25 March 2022

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 30 Hours

Total Number of students Enrolled: 36

Total Number of Students Completed: 30

Course Fee: NIL

Brief Descriptions:

The Creative Thinking and Innovation course (Course Code: CTI/06/21-22) was organized by Ramakrishna Mission Sikshanamandira, with Br. Girishachaitanya serves as the Course

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Coordinator. The course aimed to foster creative thinking and innovation among participants. The resource persons for the course were Br. Vinaychaitanya and Br. Girishachaitanya. The course was conducted offline, providing participants with direct engagement and experiential learning opportunities. The course spanned from 18 February 2022 to 25 March 2022, with contact hours scheduled every morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to start their day with creative thinking exercises and develop a creative mindset throughout the course. The course had a total duration of 30 hours, providing ample time for in-depth exploration of the subject. A total of 36 students enrolled in the Creative Thinking and Innovation course, showcasing the interest and recognition of the importance of creative thinking in various fields. 30 Students completed the course successfully. The diverse group of participants brought different perspectives and experiences, enriching the learning environment. The number of students who completed the course was not specified. The course focused on nurturing creative thinking skills and fostering an innovative mindset. Through interactive sessions, discussions, and practical exercises, participants learned techniques to generate ideas, think critically, solve problems, and adapt to changing situations. The resource persons, Br. Vinaychaitanya and Br. Girishachaitanya, shared their knowledge and experiences, providing valuable insights into the creative process and strategies for fostering innovation. The course encouraged participants to apply creative thinking and innovation in their personal and professional lives. They were challenged to think outside the box, explore new possibilities, and develop a mindset that embraces change and experimentation. The course was offered free of charge, reflecting Ramakrishna Mission Sikshanamandira's commitment to providing quality education and fostering creativity and innovation among individuals. In conclusion, the Creative Thinking and Innovation course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Girishachaitanya, provided participants with valuable tools and techniques to enhance their creative thinking and innovation skills. The course empowered individuals to approach challenges and opportunities with a fresh perspective and develop innovative solutions. The diverse enrollment and the dedicated resource persons contributed to a dynamic learning environment. The course's emphasis on free participation further ensured equal access to knowledge and skill development in creative thinking and innovation.



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SAMPLE CERTIFICATE

CTI/06/21-22/6


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SELF STUDY COURSE ON
Creative Thinking and Innovation
COURSE COMPLETION CERTIFICATE

This is to certify that **SUMAN HALDER, B.Ed.-II Year, Session: 2021-22** has successfully completed the Self-Study Course (Duration: 30 hours) on 'Creative Thinking and Innovation' conducted at Ramakrishna Mission Sikshanamandira from 18 February 2022 to 25 March 2022.


B. v. Sridharaclastaya
Course Coordinator


Principal/
Vice Principal

Date: 29 March 2022

7. Course Name: First Aids Management

Course Code: FAM/07/21-22

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Sri Arumoy Jana

Name of the Resource Persons: Dr. Siharan Chakraborty, Sri Arumoy Jana

Mode: offline

Course Duration: 16 February 2022 to 23 March 2022

Contact Hours: Everyday evening from 6:30 p.m. to 7:30 p.m, for a total of 32 Hours

Total Number of students Enrolled: 33

Total Number of Students Completed: 29

Course Fee: NIL

Brief Descriptions:

The First Aids Management course (Course Code: FAM/07/21-22) was organised by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana as the Course Coordinator. The course aimed to equip participants with the necessary knowledge and skills to provide effective first aids in emergency situations. The resource persons for the course were Dr. Siharan

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Chakraborty and Sri Arumoy Jana. The course was conducted offline, allowing participants to engage in practical demonstrations and hands-on learning experiences. The course spanned from 16 February 2022 to 23 March 2022, with contact hours scheduled every evening from 6:30 p.m. to 7:30 p.m. This timing provided participants with the flexibility to attend the course after their daytime commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, allowing for comprehensive coverage of first aid principles and techniques. A total of 33 students enrolled in the First Aid Management course, highlighting their interest in acquiring skills to respond effectively in emergency situations. Out of the enrolled students, 29 successfully completed the course, demonstrating their dedication and commitment to learning and applying first aid practices. The course covered a wide range of topics, including assessing and managing various types of injuries, administering CPR (Cardiopulmonary Resuscitation), handling choking incidents, and addressing medical emergencies. The resource persons, Dr. Siharan Chakraborty and Sri Arumoy Jana, with their expertise in the field, provided comprehensive instruction and practical demonstrations to enhance participants' understanding and confidence in delivering first aid. The course emphasised hands-on practice and real-life simulations to simulate emergency scenarios and enhance participants' ability to respond effectively. Participants were trained in techniques such as wound care, bandaging, splinting, and managing common medical emergencies. The course was offered free of charge, aligning with Ramakrishna Mission Sikshanamandira's commitment to providing accessible education and promoting the well-being of individuals within the community. In conclusion, the First Aid Management course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with essential skills and knowledge to handle emergency situations effectively. The course equipped individuals with the confidence and competence to administer first aid and potentially save lives. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing the need for first aid training in various settings.



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SAMPLE CERTIFICATE



8. Course Name: Advanced Research Methodology

Course Code: **ARM/08/21-22**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Abhijit Guha**

Name of the Resource Persons: **Dr. Abhijit Guha, Dr. Anujit Patra**

Mode: **offline**

Course Duration: **18 February 2022 to 03 April 2022**

Contact Hours: **Every Saturday and Sunday from 2:00 p.m. to 5:00 p.m., for a total of 35 Hours**

Total Number of students Enrolled: **32**

Total Number of Students Completed: **27**

Course Fee: **NIL**

Brief Descriptions:

The Advanced Research Methodology course (Course Code: ARM/08/21-22) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Abhijit Guha serving as the Course Coordinator. The course aimed to provide participants with in-depth knowledge and skills in research methodology to enhance their research capabilities. The resource persons for the course were Dr. Abhijit Guha and Dr. Anujit Patra. The course was conducted offline, allowing participants to engage in interactive sessions and hands-on learning. The course spanned from 18 February 2022 to 03 April 2022, with contact hours scheduled every Saturday and Sunday from 2:00 p.m. to 5:00

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p.m. This weekend schedule allowed participants to dedicate focused time to the course without interfering with their weekday commitments. The course had a total duration of 35 hours, providing ample time for comprehensive coverage of advanced research methodology topics. A total of 32 students enrolled in the Advanced Research Methodology course, indicating their interest and recognition of the importance of research skills in their respective fields. Out of the enrolled students, 27 successfully completed the course, demonstrating their commitment to acquiring advanced research knowledge and skills. The course covered various aspects of research methodology, including research design, data collection methods, statistical analysis, and interpretation of research findings. The resource persons, Dr. Abhijit Guha and Dr. Anujit Patra, with their expertise and research experience, guided the participants in understanding and applying advanced research concepts and techniques. Participants were exposed to both theoretical frameworks and practical applications through case studies and hands-on exercises. They were trained in selecting appropriate research methods, designing research studies, and analyzing data using statistical software. The course also emphasized ethical considerations in research and the effective presentation of research findings. The course fee for the Advanced Research Methodology course was waived (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to promoting research skills and knowledge without financial barriers. In conclusion, the Advanced Research Methodology course organized by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Abhijit Guha, provided participants with advanced research skills and knowledge. The course equipped individuals with the necessary tools and techniques to undertake high-quality research in their respective fields. The high completion rate among the participants indicates the course's effectiveness in meeting the needs of individuals seeking to enhance their research capabilities.

SAMPLE CERTIFICATE

ARM/08/21-22/2	
	
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SELF STUDY COURSE ON	
<i>Advanced Research Methodology</i>	
COURSE COMPLETION CERTIFICATE	
This is to certify that KOUSIK HAZRA, B.Ed.-II Year, Session: 2021-22 has successfully completed the Self-Study Course (Duration: 35 hours) on 'Advanced Research Methodology' conducted at Ramakrishna Mission Sikshanamandira from 18 February 2022 to 3 April 2022.	
 _____ COURSE COORDINATOR	Date: 8 April 2022
	 _____ PRINCIPAL/VICE PRINCIPAL

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- Swami Vivekananda



9. Course Name: Advanced Life-Skills Training

Course Code: **ALST/09/21-22**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Siharan Chakrabarty**

Name of the Resource Persons: Swami (Dr.) Tattwasarananda, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 15 November 2021 to 18 December 2021

Contact Hours: Every evening from 5:00 p.m. to 6:00 p.m., for a total of 30 Hours

Total Number of students Enrolled: 28

Total Number of Students Completed: 25

Course Fee: NIL

Brief Descriptions:

The Advanced Life-Skills Training course (Course Code: ALST/09/21-22) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Siharan Chakrabarty as the Course Coordinator. The course aimed to provide participants with advanced skills and knowledge in various life skills to enhance their personal and professional development. The resource persons for the course were Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty. The course was conducted offline, allowing participants to engage in interactive sessions and experiential learning. The course duration was from 15 November 2021 to 18 December 2021, with contact hours scheduled every evening from 5:00 p.m. to 6:00 p.m. This timing allowed participants to attend the course after their daytime commitments, providing them with the opportunity to enhance their life skills without disrupting their daily routines. The course had a total duration of 30 hours, ensuring comprehensive coverage of advanced life skills topics. A total of 28 students enrolled in the Advanced Life-Skills Training course, indicating their recognition of the importance of life skills in personal and professional growth. Out of the enrolled students, 25 successfully completed the course, demonstrating their commitment to acquiring advanced life skills and applying them in their lives. The course covered a wide range of life skills, including communication skills, emotional intelligence, problem-solving, decision-making, stress management, and time management. The resource persons, Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty, shared their expertise and experiences to guide participants in developing and applying these skills effectively. Participants engaged in various interactive activities, group discussions, and case studies to enhance their understanding and application of advanced life skills. They learned effective communication techniques, strategies for managing emotions and stress, methods for making informed decisions, and techniques for solving complex problems. The course also emphasised self-reflection and personal development, empowering participants to lead balanced and fulfilling lives. Ramakrishna Mission Sikshanamandira provided the Advanced Life-Skills Training course free of charge, aligning with their commitment to promoting holistic education and personal growth without financial barriers. In conclusion, the Advanced Life-Skills Training course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Siharan Chakrabarty, provided participants with advanced life skills and knowledge. The course equipped individuals with the necessary tools and techniques to enhance their personal and professional development. The high completion rate among



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the participants indicates the course's effectiveness in meeting the needs of individuals seeking to cultivate and apply advanced life skills in their lives.

SAMPLE CERTIFICATE

ALST/09/21-22/1



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SELF STUDY COURSE ON

Advanced Life Skills Training

CERTIFICATE
OF COMPLETION

This is to certify that **UDDALOK SAHA, B.Ed. -I Year, Session: 2021-22** has successfully completed the Self-Study Course (**Duration: 30 hours**) on 'Advanced Life Skills Training' conducted at Ramakrishna Mission Sikshanamandira from 15 November 2021 to 18 December 2021.


Course Coordinator


Principal/Vice Principal



Date: 25 December 2021



2020-21: Certificates / evidences for completing the self-study course

1. Course Name: Advanced Child Development and Pedagogy

Course Code: ACDP/01/20-21

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Swami(Dr.) Tattwasarananda

Mode: offline

Course Duration: 15 February 2021 to 24 March 2021

Contact Hours: Everyday evening from 4:30 p.m. to 5:30 p.m, for a total of 30 Hours

Total Number of students Enrolled: 33

Total Number of Students Completed: 29

Course Fee: NIL

Brief Descriptions:

The Advanced Child Development and Pedagogy course (Course Code: ACDP/01/20-21) was conducted by Ramakrishna Mission Sikshanamandira. The course, coordinated by Br. Vinaychaitanya, aimed to enhance educators' understanding of child development and effective pedagogical practices. The resource persons, Br. Vinaychaitanya and Swami (Dr.) Tattwasarananda facilitated the offline course that took place from 15 February 2021 to 24 March 2021, Everyday evening from 4:30 p.m. to 5:30 p.m with a total of 30 contact hours. A total of 33 students enrolled in the course, showcasing their interest in deepening their knowledge and skills. Of the enrolled students, 29 successfully completed the course, demonstrating their commitment and active participation. The course covered various aspects of child development, including cognitive, social, emotional, and physical development. It also emphasised effective pedagogical strategies, assessment methods, and classroom management techniques. The course provided a platform for collaborative learning, allowing participants to exchange ideas and learn from one another. Practical activities, case studies, and real-life examples were incorporated to enhance practical application of the concepts. The course fee was waived, ensuring accessibility to a wider range of educators. Overall, the Advanced Child Development and Pedagogy course offered valuable insights and equipped educators with knowledge and skills to create optimal learning environments for children. The high completion rate reflects the course's impact in promoting professional development in the field of child development and pedagogy.



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SAMPLE CERTIFICATE



2. Course Name: Advanced Environmental Studies

Course Code: AES/02/20-21

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Dr. Satyajit Kar

Name of the Resource Persons: Dr. Satyajit Kar, Dr. Sandip Kumar Mandal

Mode: offline

Course Duration: 20 April 2021 to 12 June 2021

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., for a total of 35 Hours

Total Number of students Enrolled: 30

Total Number of Students Completed: 26

Course Fee: NIL

Brief Descriptions:

The AES course (Course Code: AES/02/20-21) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Satyajit Kar serving as the Course Coordinator. The course aimed to provide participants with comprehensive knowledge and practical skills in the field of AES (Advanced Environmental Studies). Dr. Satyajit Kar and Dr. Sandip Kumar Mandal were the esteemed resource persons for the course. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course duration was from 20 April 2021 to 12 June 2021, spanning over a period of 8 weeks. Contact hours were scheduled every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., accumulating to a total of 35 hours of instruction. This

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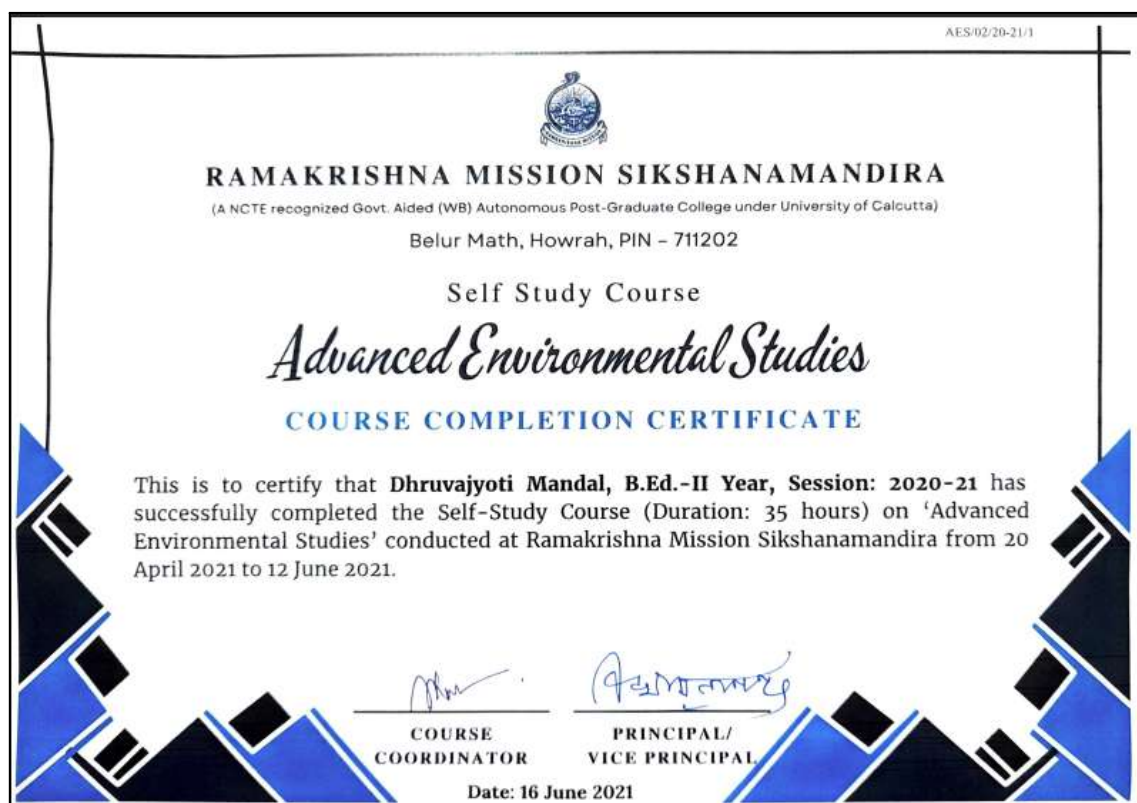
- Swami Vivekananda



convenient schedule enabled participants to balance their professional commitments while engaging in the course. A total of 30 students enrolled in the AES course, demonstrating their keen interest in acquiring knowledge and skills in Advanced Environmental Studies. Out of the enrolled students, 26 successfully completed the course, reflecting their dedication and commitment to the program. The course covered a wide range of topics related to Advanced Environmental Studies, including environmental pollution, conservation, sustainability, waste management, and environmental impact assessment. The resource persons, Dr. Satyajit Kar and Dr. Sandip Kumar Mandal, shared their expertise and research findings, providing valuable insights into current environmental issues and effective solutions. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. Field visits and laboratory sessions were organised to provide firsthand experience in data collection, analysis, and environmental monitoring techniques. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting environmental education and awareness.

In conclusion, the AES course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Satyajit Kar, provided participants with a comprehensive understanding of Advanced Environmental Studies. The course facilitated practical learning experiences, enabling participants to develop essential skills and knowledge in environmental conservation and sustainability. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing environmental challenges and fostering environmental stewardship.

SAMPLE CERTIFICATE





3. Course Name: Effective Time Management

Course Code: ETM/03/20-21

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Girishachaitanya, Br. Vinaychaitanya

Mode: offline

Course Duration: 23 October 2020 to 27 November, 2020

Contact Hours: Everyday morning from 7:30 a.m. to 8:30a.m., for a total of 32 Hours.

Total Number of students Enrolled: 23

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

The Effective Time Management course (Course Code: ETM/03/20-21) was organised by Ramakrishna Mission Sikshanamandira, with Br. Vinaychaitanya serves as the Course Coordinator. The course aimed to equip participants with essential knowledge and skills in Education and Time Management. The resource persons for the course were Br. Girishachaitanya and Br. Vinaychaitanya. The course was conducted offline, providing participants with face-to-face interactions and practical learning experiences. The course spanned from 23 October 2020 to 27 November, 2020, with contact hours scheduled every day in the morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to effectively manage their time and integrate the learnings into their daily routines. The total duration of the course was 32 hours, ensuring comprehensive coverage of the topics. A total of 23 students enrolled in the ETM course, highlighting the interest and importance of education and time management in their professional and personal lives. Among the enrolled students, 20 successfully completed the course, demonstrating their commitment and active participation throughout the program. The course focused on various aspects of education and time management, including effective study techniques, goal setting, prioritisation, organisation, and stress management. The resource persons, Br. Girishachaitanya and Br. Vinaychaitanya, shared their expertise and practical strategies to help participants optimise their learning potential and make the most of their time. The course encouraged active participation through discussions, case studies, and practical exercises. Participants were able to share their experiences, challenges, and best practices, fostering a collaborative learning environment. The course was offered free of charge, exemplifying Ramakrishna Mission Sikshanamandira's commitment to providing quality education and professional development opportunities. In conclusion, the ETM course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Vinaychaitanya, offered valuable insights and practical strategies for education and time management. The course equipped participants with essential skills to enhance their study habits, productivity, and overall well-being. The high completion rate among the enrolled students showcases the course's effectiveness and relevance in supporting individuals in their educational and personal endeavours.



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SAMPLE CERTIFICATE

ETM/3/20-21/1

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Self Study Course on
Effective Time Management
Course Completion Certificate

This is to certify that **BHAIRAB SINGHA, B.Ed.-I Year, Session: 2020-21** has successfully completed the Self-Study Course (Duration: 32 hours) on 'Effective Time Management' conducted at Ramakrishna Mission Sikshanamandira from 23 October 2020 to 27 November 2020.



Dr. Suhas

Course Coordinator

[Signature]

Principal/
Vice Principal


Date: 6 December 2020

4. Course Name: Acting and Anchoring

Course Code: AA/04/20-21

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Rathin Kuri**

Name of the Resource Persons: Sri Rathin Kuri, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 23 february 2021 to 27 March 2021

Contact Hours: Everyday Evening from 7:30 p.m. to 8:30 p.m.,for a total of 32 Hours

Total Number of students Enrolled: 21

Total Number of Students Completed: 17

Course Fee: NIL

Brief Descriptions:

The Acting and Anchoring course (Course Code:AA/04/20-21) was organised by Ramakrishna Mission Sikshanamandira, with Sri Rathin Kuri as the Course Coordinator. The resource persons for the course were Sri Rathin Kuri and Dr. Siharan Chakraborty. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course spanned from 23 February 2021 to 27 March 2021, with contact hours scheduled every evening from 7:30

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p.m. to 8:30 p.m. This convenient timing allowed participants to attend the course after their regular commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, providing a comprehensive coverage of the topics. A total of 21 students enrolled in the AA course, demonstrating their keen interest in acquiring knowledge and skills in Acting and Anchoring. Out of the enrolled students, 17 successfully completed the course, showcasing their dedication and commitment to the program. The course covered a wide range of topics related to Acting and Anchoring. The resource persons, Sri Rathin Kuri and Dr. Siharan Chakraborty, shared their expertise and research findings, providing valuable insights into the latest advancements in the field. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting knowledge and skill development in Acting and Anchoring. In conclusion, the AA course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Rathin Kuri, provided participants with a comprehensive understanding of Acting and Anchoring.

SAMPLE CERTIFICATE

AA/04/20-211

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Self Study Course
ACTING AND ANCHORING
COURSE COMPLETION CERTIFICATE

This is to certify that **RAKESH BAIDYA, B.Ed.-I Year, Session: 2020-21** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'Acting and Anchoring' conducted at Ramakrishna Mission Sikshanamandira from 23 february 2021 to 27 March 2021.

Date: 30 March 2021



Course Coordinator



Principal/
Vice Principal

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5. Course Name: Yoga Science for Wellness

Course Code: YSW/05/20-21

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Sri Arumoy Jana

Mode: offline

Course Duration: 18 February 2021 to 25 March 2021

Contact Hours: Everyday morning from 6:30 a.m. to 7:30 a.m., for a total of 32 Hours

Total Number of students Enrolled: 19

Total Number of Students Completed: 17

Course Fee: NIL

Brief Descriptions:

The Yoga Science for Wellness course (Course Code: YSW/05/20-21) was conducted by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana serving as the Course Coordinator. The course aimed to promote the holistic well-being of individuals through the practice and understanding of Yoga Science. Sri Arumoy Jana was the dedicated resource person for the course. The course was conducted offline, allowing participants to experience the benefits of yoga in person. The course spanned from 18 February 2021 to 25 March 2021, with contact hours scheduled every morning from 6:30 a.m. to 7:30 a.m. This early and regular timing enabled participants to incorporate the practice of yoga into their daily routines, fostering a healthy and balanced lifestyle. The course had a total duration of 32 hours, providing ample time for comprehensive learning and practice. A total of 19 students enrolled in the Yoga Science for Wellness course, showcasing their interest and commitment to their personal well-being. Among the enrolled students, 17 successfully completed the course, indicating their dedication and active participation throughout the program. The course covered various aspects of yoga, including asanas (physical postures), pranayama (breathing exercises), meditation, and relaxation techniques. Sri Arumoy Jana, with his expertise and experience in yoga, guided the participants on the correct alignment, breathing techniques, and mindfulness practices associated with each aspect of yoga. The course emphasised the importance of integrating yoga into daily life to achieve physical, mental, and spiritual well-being. Participants learned techniques for stress reduction, improving flexibility, increasing body awareness, and developing a calm and focused mind. The course was conducted free of charge (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to making yoga accessible to all individuals, irrespective of their financial background. In conclusion, the Yoga Science for Wellness course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with a transformative experience in yoga practice and its holistic



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benefits. The course empowered individuals to lead healthier and more balanced lives, incorporating the principles and practices of yoga. The high completion rate among the participants signifies the positive impact of the course and its potential in promoting overall well-being through the practice of yoga.

SAMPLE CERTIFICATE



6. Course Name: Creative Thinking and Innovation

Course Code: **CTI/06/21-22**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Girishachaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Br. Girishachaitanya

Mode: offline

Course Duration: 17 February 2021 to 23 March 2021

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 30 Hours

Total Number of students Enrolled: 29

Total Number of Students Completed: 25

Course Fee: NIL

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- Swami Vivekananda



Brief Descriptions:

The Creative Thinking and Innovation course (Course Code: CTI/06/20-21) was organised by Ramakrishna Mission Sikshanamandira, with Br. Girishachaitanya serves as the Course Coordinator. The course aimed to foster creative thinking and innovation among participants. The resource persons for the course were Br. Vinaychaitanya and Br. Girishachaitanya. The course was conducted offline, providing participants with direct engagement and experiential learning opportunities. The course spanned from 17 February 2021 to 23 March 2021, with contact hours scheduled every morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to start their day with creative thinking exercises and develop a creative mindset throughout the course. The course had a total duration of 30 hours, providing ample time for in-depth exploration of the subject. A total of 29 students enrolled in the Creative Thinking and Innovation course, showcasing the interest and recognition of the importance of creative thinking in various fields. 25 Students completed the course successfully. The diverse group of participants brought different perspectives and experiences, enriching the learning environment. The number of students who completed the course was not specified. The course focused on nurturing creative thinking skills and fostering an innovative mindset. Through interactive sessions, discussions, and practical exercises, participants learned techniques to generate ideas, think critically, solve problems, and adapt to changing situations. The resource persons, Br. Vinaychaitanya and Br. Girishachaitanya, shared their knowledge and experiences, providing valuable insights into the creative process and strategies for fostering innovation. The course encouraged participants to apply creative thinking and innovation in their personal and professional lives. They were challenged to think outside the box, explore new possibilities, and develop a mindset that embraces change and experimentation. The course was offered free of charge, reflecting Ramakrishna Mission Sikshanamandira's commitment to providing quality education and fostering creativity and innovation among individuals. In conclusion, the Creative Thinking and Innovation course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Girishachaitanya, provided participants with valuable tools and techniques to enhance their creative thinking and innovation skills. The course empowered individuals to approach challenges and opportunities with a fresh perspective and develop innovative solutions. The diverse enrollment and the dedicated resource persons contributed to a dynamic learning environment. The course's emphasis on free participation further ensured equal access to knowledge and skill development in creative thinking and innovation.



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SAMPLE CERTIFICATE

CTI/06/20-21/1


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SELF STUDY COURSE ON

Creative Thinking and Innovation

COURSE COMPLETION CERTIFICATE

This is to certify that **Biswajit Sarkar, B.Ed.-II Year, Session: 2020-21** has successfully completed the Self-Study Course (**Duration: 30 hours**) on 'Creative Thinking and Innovation' conducted at Ramakrishna Mission Sikshanamandira from 17 February 2021 to 23 March 2021.


Course
Coordinator


Course
Coordinator


Principal/
Vice Principal


Date: 30 March 2021

7. Course Name: First Aids Management

Course Code: FAM/07/20-21

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Dr. Siharan Chakraborty, Sri Arumoy Jana

Mode: offline

Course Duration: 16 February 2021 to 23 March 2021

Contact Hours: Everyday evening from 6:30 p.m. to 7:30 p.m, for a total of 32 Hours

Total Number of students Enrolled: 40

Total Number of Students Completed: 35

Course Fee: NIL

Brief Descriptions:

The First Aids Management course (Course Code: FAM/07/20-21) was organised by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana as the Course Coordinator. The course aimed to equip participants with the necessary knowledge and skills to provide effective first aids in emergency situations. The resource persons for the course were Dr. Siharan Chakraborty and Sri Arumoy Jana. The course was conducted offline, allowing participants to

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- Swami Vivekananda



engage in practical demonstrations and hands-on learning experiences. The course spanned from 16 February 2021 to 23 March 2021, with contact hours scheduled every evening from 6:30 p.m. to 7:30 p.m. This timing provided participants with the flexibility to attend the course after their daytime commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, allowing for comprehensive coverage of first aid principles and techniques. A total of 40 students enrolled in the First Aid Management course, highlighting their interest in acquiring skills to respond effectively in emergency situations. Out of the enrolled students, 35 successfully completed the course, demonstrating their dedication and commitment to learning and applying first aid practices. The course covered a wide range of topics, including assessing and managing various types of injuries, administering CPR (Cardiopulmonary Resuscitation), handling choking incidents, and addressing medical emergencies. The resource persons, Dr. Siharan Chakraborty and Sri Arumoy Jana, with their expertise in the field, provided comprehensive instruction and practical demonstrations to enhance participants' understanding and confidence in delivering first aid. The course emphasised hands-on practice and real-life simulations to simulate emergency scenarios and enhance participants' ability to respond effectively. Participants were trained in techniques such as wound care, bandaging, splinting, and managing common medical emergencies. The course was offered free of charge, aligning with Ramakrishna Mission Sikshanamandira's commitment to providing accessible education and promoting the well-being of individuals within the community. In conclusion, the First Aid Management course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with essential skills and knowledge to handle emergency situations effectively. The course equipped individuals with the confidence and competence to administer first aid and potentially save lives. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing the need for first aid training in various settings.



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SAMPLE CERTIFICATE



8. Course Name: Advanced Research Methodology

Course Code: **ARM/08/20-21**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Abhijit Guha**

Name of the Resource Persons: Dr. Abhijit Guha, Dr. Anujit Patra

Mode: offline

Course Duration: 16 February 2021 to 01 April 2021

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 5:00 p.m, for a total of 35 Hours

Total Number of students Enrolled: 24

Total Number of Students Completed: 21

Course Fee: NIL

Brief Descriptions:

The Advanced Research Methodology course (Course Code: ARM/08/20-21) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Abhijit Guha serving as the Course Coordinator. The course aimed to provide participants with in-depth knowledge and skills in research methodology to enhance their research capabilities. The resource persons for the course were Dr. Abhijit Guha and Dr. Anujit Patra. The course was conducted offline, allowing participants to engage in interactive sessions and hands-on learning. The course spanned from 16 February 2021 to 01 April 2021, with contact hours scheduled every Saturday and Sunday from 2:00 p.m. to 5:00 p.m. This weekend schedule allowed participants to dedicate focused time to the course without

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interfering with their weekday commitments. The course had a total duration of 35 hours, providing ample time for comprehensive coverage of advanced research methodology topics. A total of 24 students enrolled in the Advanced Research Methodology course, indicating their interest and recognition of the importance of research skills in their respective fields. Out of the enrolled students, 21 successfully completed the course, demonstrating their commitment to acquiring advanced research knowledge and skills. The course covered various aspects of research methodology, including research design, data collection methods, statistical analysis, and interpretation of research findings. The resource persons, Dr. Abhijit Guha and Dr. Anujit Patra, with their expertise and research experience, guided the participants in understanding and applying advanced research concepts and techniques. Participants were exposed to both theoretical frameworks and practical applications through case studies and hands-on exercises. They were trained in selecting appropriate research methods, designing research studies, and analysing data using statistical software. The course also emphasised ethical considerations in research and the effective presentation of research findings. The course fee for the Advanced Research Methodology course was waived (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to promoting research skills and knowledge without financial barriers. In conclusion, the Advanced Research Methodology course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Abhijit Guha, provided participants with advanced research skills and knowledge. The course equipped individuals with the necessary tools and techniques to undertake high-quality research in their respective fields. The high completion rate among the participants indicates the course's effectiveness in meeting the needs of individuals seeking to enhance their research capabilities.


SAMPLE CERTIFICATE

ARM/08-20-21/2

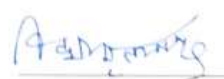

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SELF STUDY COURSE ON
Advanced Research Methodology
COURSE COMPLETION CERTIFICATE

This is to certify that **Prosenjit Biswas, B.Ed.-II Year, Session: 2020-21** has successfully completed the Self-Study Course (**Duration: 35 hours**) on 'Advanced Research Methodology' conducted at Ramakrishna Mission Sikshanamandira from 16 February 2021 to 1 April 2021.


COURSE COORDINATOR

Date: 6 April 2021


PRINCIPAL VICE PRINCIPAL

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- Swami Vivekananda



9. Course Name: Advanced Life-Skills Training

Course Code: **ALST/09/20-21**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Siharan Chakrabarty**

Name of the Resource Persons: Swami (Dr.) Tattwasarananda, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 16 November 2020 to 19 December 2020

Contact Hours: Every evening from 5:00 p.m. to 6:00 p.m., for a total of 30 Hours

Total Number of students Enrolled: 29

Total Number of Students Completed: 25

Course Fee: NIL

Brief Descriptions:

The Advanced Life-Skills Training course (Course Code: ALST/09/20-21) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Siharan Chakrabarty as the Course Coordinator. The course aimed to provide participants with advanced skills and knowledge in various life skills to enhance their personal and professional development. The resource persons for the course were Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty. The course was conducted offline, allowing participants to engage in interactive sessions and experiential learning. The course duration was from 16 November 2020 to 19 December 2020, with contact hours scheduled every evening from 5:00 p.m. to 6:00 p.m. This timing allowed participants to attend the course after their daytime commitments, providing them with the opportunity to enhance their life skills without disrupting their daily routines. The course had a total duration of 30 hours, ensuring comprehensive coverage of advanced life skills topics. A total of 29 students enrolled in the Advanced Life-Skills Training course, indicating their recognition of the importance of life skills in personal and professional growth. Out of the enrolled students, 25 successfully completed the course, demonstrating their commitment to acquiring advanced life skills and applying them in their lives. The course covered a wide range of life skills, including communication skills, emotional intelligence, problem-solving, decision-making, stress management, and time management. The resource persons, Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty, shared their expertise and experiences to guide participants in developing and applying these skills effectively. Participants engaged in various interactive activities, group discussions, and case studies to enhance their understanding and application of advanced life skills. They learned effective communication techniques, strategies for managing emotions and stress, methods for making informed decisions, and techniques for solving complex problems. The course also emphasised self-reflection and personal development, empowering participants to lead balanced and fulfilling lives. Ramakrishna Mission Sikshanamandira provided the Advanced Life-Skills Training course free of charge, aligning with their commitment to promoting holistic education and personal growth without financial barriers. In conclusion, the Advanced Life-Skills Training course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Siharan Chakrabarty, provided participants with advanced life skills and knowledge. The course equipped individuals with the necessary tools and techniques to enhance their personal and professional development. The high completion rate among



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the participants indicates the course's effectiveness in meeting the needs of individuals seeking to cultivate and apply advanced life skills in their lives.

SAMPLE CERTIFICATE



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2019-20: Certificates / evidences for completing the self-study course

1. Course Name: Advanced Child Development and Pedagogy

Course Code: **ACDP/01/19-20**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Swami(Dr.) Tattwasarananda

Mode: offline

Course Duration: 3 August 2019 to 4 September 2019

Contact Hours: Everyday evening from 4:30 p.m. to 5:30 p.m, for a total of 30 Hours

Total Number of students Enrolled: 25

Total Number of Students Completed: 22

Course Fee: NIL

Brief Descriptions:

The Advanced Child Development and Pedagogy course (Course Code: ACDP/01/19-20) was conducted by Ramakrishna Mission Sikshanamandira. The course, coordinated by Br. Vinaychaitanya, aimed to enhance educators' understanding of child development and effective pedagogical practices. The resource persons, Br. Vinaychaitanya and Swami (Dr.) Tattwasarananda facilitated the offline course that took place from 3 August 2019 to 4 September 2019, Everyday evening from 4:30 p.m. to 5:30 p.m with a total of 30 contact hours. A total of 25 students enrolled in the course, showcasing their interest in deepening their knowledge and skills. Of the enrolled students, 22 successfully completed the course, demonstrating their commitment and active participation. The course covered various aspects of child development, including cognitive, social, emotional, and physical development. It also emphasised effective pedagogical strategies, assessment methods, and classroom management techniques. The course provided a platform for collaborative learning, allowing participants to exchange ideas and learn from one another. Practical activities, case studies, and real-life examples were incorporated to enhance practical application of the concepts. The course fee was waived, ensuring accessibility to a wider range of educators. Overall, the Advanced Child Development and Pedagogy course offered valuable insights and equipped educators with knowledge and skills to create optimal learning environments for children. The high completion rate reflects the course's impact in promoting professional development in the field of child development and pedagogy.



SAMPLE CERTIFICATE



2. Course Name: Advanced Environmental Studies

Course Code: AES/02/19-20

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Dr. Satyajit Kar

Name of the Resource Persons: Dr. Satyajit Kar, Dr. Sandip Kumar Mandal

Mode: offline

Course Duration: 20 April 2020 to 12 June 2020

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., for a total of 35 Hours

Total Number of students Enrolled: 41

Total Number of Students Completed: 36

Course Fee: NIL

Brief Descriptions:

The AES course (Course Code: AES/02/19-20) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Satyajit Kar serving as the Course Coordinator. The course aimed to provide participants with comprehensive knowledge and practical skills in the field of AES (Advanced Environmental Studies). Dr. Satyajit Kar and Dr. Sandip Kumar Mandal were the esteemed resource persons for the course. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course duration was from 20 April 2020 to 12 June 2020, spanning over a period of 8 weeks. Contact hours were scheduled every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., accumulating to a total of 35 hours of instruction. This



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convenient schedule enabled participants to balance their professional commitments while engaging in the course. A total of 41 students enrolled in the AES course, demonstrating their keen interest in acquiring knowledge and skills in Advanced Environmental Studies. Out of the enrolled students, 36 successfully completed the course, reflecting their dedication and commitment to the program. The course covered a wide range of topics related to Advanced Environmental Studies, including environmental pollution, conservation, sustainability, waste management, and environmental impact assessment. The resource persons, Dr. Satyajit Kar and Dr. Sandip Kumar Mandal, shared their expertise and research findings, providing valuable insights into current environmental issues and effective solutions. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. Field visits and laboratory sessions were organised to provide firsthand experience in data collection, analysis, and environmental monitoring techniques. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting environmental education and awareness.

In conclusion, the AES course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Satyajit Kar, provided participants with a comprehensive understanding of Advanced Environmental Studies. The course facilitated practical learning experiences, enabling participants to develop essential skills and knowledge in environmental conservation and sustainability. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing environmental challenges and fostering environmental stewardship.

SAMPLE CERTIFICATE

AES/02/19-20/1



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Self Study Course

Advanced Environmental Studies

COURSE COMPLETION CERTIFICATE

This is to certify that **Surajit Roy, B.Ed.-II Year, Session: 2019-20** has successfully completed the Self-Study Course (Duration: 35 hours) on 'Advanced Environmental Studies' conducted at Ramakrishna Mission Sikshanamandira from 20 April 2020 to 12 June 2020.


COURSE
COORDINATOR


PRINCIPAL/
VICE PRINCIPAL

Date: 16 June 2020

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- Swami Vivekananda



3. Course Name: Effective Time Management

Course Code: ETM/03/19-20

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Girishachaitanya, Br. Vinaychaitanya

Mode: offline

Course Duration: 24 October 2019 to 28 November, 2019

Contact Hours: Everyday morning from 7:30 a.m. to 8:30a.m., for a total of 32 Hours.

Total Number of students Enrolled: 21

Total Number of Students Completed: 18

Course Fee: NIL

Brief Descriptions:

The Effective Time Management course (Course Code: ETM/03/19-20) was organised by Ramakrishna Mission Sikshanamandira, with Br. Vinaychaitanya serves as the Course Coordinator. The course aimed to equip participants with essential knowledge and skills in Education and Time Management. The resource persons for the course were Br. Girishachaitanya and Br. Vinaychaitanya. The course was conducted offline, providing participants with face-to-face interactions and practical learning experiences. The course spanned from 24 October 2019 to 28 November, 2019, with contact hours scheduled every day in the morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to effectively manage their time and integrate the learnings into their daily routines. The total duration of the course was 32 hours, ensuring comprehensive coverage of the topics. A total of 21 students enrolled in the ETM course, highlighting the interest and importance of education and time management in their professional and personal lives. Among the enrolled students, 18 successfully completed the course, demonstrating their commitment and active participation throughout the program. The course focused on various aspects of education and time management, including effective study techniques, goal setting, prioritisation, organisation, and stress management. The resource persons, Br. Girishachaitanya and Br. Vinaychaitanya, shared their expertise and practical strategies to help participants optimise their learning potential and make the most of their time. The course encouraged active participation through discussions, case studies, and practical exercises. Participants were able to share their experiences, challenges, and best practices, fostering a collaborative learning environment. The course was offered free of charge, exemplifying Ramakrishna Mission Sikshanamandira's commitment to providing quality education and professional development opportunities. In conclusion, the ETM course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Vinaychaitanya, offered valuable insights and practical strategies for education and time management. The course equipped participants with essential skills to enhance their study habits, productivity, and overall well-being. The high completion rate among the enrolled students showcases the course's effectiveness and relevance in supporting individuals in their educational and personal endeavours.



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ETM/03/19-20/1

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Self Study Course on
Effective Time Management
Course Completion Certificate

This is to certify that **Comton Mullick, B.Ed.-I Year, Session: 2019-20** has successfully completed the Self-Study Course (Duration: 32 hours) on 'Effective Time Management' conducted at Ramakrishna Mission Sikshanamandira from 24 October 2019 to 28 November, 2019.

Dr. Suhas.
Course Coordinator

[Signature]
Principal/
Vice Principal


Date: 04 December 2019

4. Course Name: Acting and Anchoring

Course Code: AA/04/19-20

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Rathin Kuri**

Name of the Resource Persons: Sri Rathin Kuri, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 21 August 2019 to 27 September 2019

Contact Hours: Everyday Evening from 7:30 p.m. to 8:30 p.m., for a total of 32 Hours

Total Number of students Enrolled: 22

Total Number of Students Completed: 18

Course Fee: NIL

Brief Descriptions:

The Acting and Anchoring course (Course Code: AA/04/19-20) was organised by Ramakrishna Mission Sikshanamandira, with Sri Rathin Kuri as the Course Coordinator. The resource persons for the course were Sri Rathin Kuri and Dr. Siharan Chakraborty. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course spanned

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from 21 August 2019 to 27 September 2019, with contact hours scheduled every evening from 7:30 p.m. to 8:30 p.m. This convenient timing allowed participants to attend the course after their regular commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, providing a comprehensive coverage of the topics. A total of 22 students enrolled in the AA course, demonstrating their keen interest in acquiring knowledge and skills in Acting and Anchoring. Out of the enrolled students, 18 successfully completed the course, showcasing their dedication and commitment to the program. The course covered a wide range of topics related to Acting and Anchoring. The resource persons, Sri Rathin Kuri and Dr. Siharan Chakraborty, shared their expertise and research findings, providing valuable insights into the latest advancements in the field. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting knowledge and skill development in Acting and Anchoring. In conclusion, the AA course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Rathin Kuri, provided participants with a comprehensive understanding of Acting and Anchoring.

SAMPLE CERTIFICATE

AA/04/19-201


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Self Study Course

ACTING AND ANCHORING

COURSE COMPLETION CERTIFICATE

This is to certify that **Saikat Ghosh, B.Ed.-I Year, Session: 2019-20** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'Acting and Anchoring' conducted at Ramakrishna Mission Sikshanamandira from 21 August 2019 to 27 September 2019.

Date: 05 October, 2019 
Course Coordinator


Principal/
Vice Principal

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- Swami Vivekananda



5. Course Name: Yoga Science for Wellness

Course Code: YSW/05/19-20

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Sri Arumoy Jana

Mode: offline

Course Duration: 18 February 2020 to 25 March 2020

Contact Hours: Everyday morning from 6:30 a.m. to 7:30 a.m., for a total of 32 Hours

Total Number of students Enrolled: 25

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

The Yoga Science for Wellness course (Course Code: YSW/05/19-20) was conducted by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana serving as the Course Coordinator. The course aimed to promote the holistic well-being of individuals through the practice and understanding of Yoga Science. Sri Arumoy Jana was the dedicated resource person for the course. The course was conducted offline, allowing participants to experience the benefits of yoga in person. The course spanned from 18 February 2020 to 25 March 2020, with contact hours scheduled every morning from 6:30 a.m. to 7:30 a.m. This early and regular timing enabled participants to incorporate the practice of yoga into their daily routines, fostering a healthy and balanced lifestyle. The course had a total duration of 32 hours, providing ample time for comprehensive learning and practice. A total of 25 students enrolled in the Yoga Science for Wellness course, showcasing their interest and commitment to their personal well-being. Among the enrolled students, 20 successfully completed the course, indicating their dedication and active participation throughout the program. The course covered various aspects of yoga, including asanas (physical postures), pranayama (breathing exercises), meditation, and relaxation techniques. Sri Arumoy Jana, with his expertise and experience in yoga, guided the participants on the correct alignment, breathing techniques, and mindfulness practices associated with each aspect of yoga. The course emphasised the importance of integrating yoga into daily life to achieve physical, mental, and spiritual well-being. Participants learned techniques for stress reduction, improving flexibility, increasing body awareness, and developing a calm and focused mind. The course was conducted free of charge (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to making yoga accessible to all individuals, irrespective of their financial background. In conclusion, the Yoga Science for Wellness course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with a transformative experience in yoga practice and its holistic




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benefits. The course empowered individuals to lead healthier and more balanced lives, incorporating the principles and practices of yoga. The high completion rate among the participants signifies the positive impact of the course and its potential in promoting overall well-being through the practice of yoga.

SAMPLE CERTIFICATE


YSW/05/19-20/1



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Self Study Course on
Yoga Science for Wellness
COURSE COMPLETION CERTIFICATE

This is to certify that **Sayan Banerjee, B.Ed.-I Year, Session: 2019-20** has successfully completed the Self-Study Course (Duration: 32 hours) on 'Yoga Science for wellness' conducted at Ramakrishna Mission Sikshanamandira from 18 February 2020 to 25 March 2020.

Date: 29 March 2020


Course
Coordinator


Principal/
Vice Principal

6. Course Name: Creative Thinking and Innovation

Course Code: CTI/06/19-20

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Girishachaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Br. Girishachaitanya

Mode: offline

Course Duration: 27 July 2019 to 31 August 2019

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 30 Hours

Total Number of students Enrolled: 36

Total Number of Students Completed: 32

Course Fee: NIL

Brief Descriptions:

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The Creative Thinking and Innovation course (Course Code: CTI/06/19-20) was organised by Ramakrishna Mission Sikshanamandira, with Br. Girishachaitanya serves as the Course Coordinator. The course aimed to foster creative thinking and innovation among participants. The resource persons for the course were Br. Vinaychaitanya and Br. Girishachaitanya. The course was conducted offline, providing participants with direct engagement and experiential learning opportunities. The course spanned from 27 July 2019 to 31 August 2019, with contact hours scheduled every morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to start their day with creative thinking exercises and develop a creative mindset throughout the course. The course had a total duration of 30 hours, providing ample time for in-depth exploration of the subject. A total of 36 students enrolled in the Creative Thinking and Innovation course, showcasing the interest and recognition of the importance of creative thinking in various fields. 32 Students completed the course successfully. The diverse group of participants brought different perspectives and experiences, enriching the learning environment. The number of students who completed the course was not specified. The course focused on nurturing creative thinking skills and fostering an innovative mindset. Through interactive sessions, discussions, and practical exercises, participants learned techniques to generate ideas, think critically, solve problems, and adapt to changing situations. The resource persons, Br. Vinaychaitanya and Br. Girishachaitanya, shared their knowledge and experiences, providing valuable insights into the creative process and strategies for fostering innovation. The course encouraged participants to apply creative thinking and innovation in their personal and professional lives. They were challenged to think outside the box, explore new possibilities, and develop a mindset that embraces change and experimentation. The course was offered free of charge, reflecting Ramakrishna Mission Sikshanamandira's commitment to providing quality education and fostering creativity and innovation among individuals. In conclusion, the Creative Thinking and Innovation course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Girishachaitanya, provided participants with valuable tools and techniques to enhance their creative thinking and innovation skills. The course empowered individuals to approach challenges and opportunities with a fresh perspective and develop innovative solutions. The diverse enrollment and the dedicated resource persons contributed to a dynamic learning environment. The course's emphasis on free participation further ensured equal access to knowledge and skill development in creative thinking and innovation.



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SAMPLE CERTIFICATE

CTU/06/19-20/1


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SELF STUDY COURSE ON

Creative Thinking and Innovation

COURSE COMPLETION CERTIFICATE

This is to certify that **Policarp Kullu, B.Ed.-II Year, Session: 2019-20** has successfully completed the Self-Study Course (Duration: 30 hours) on 'Creative Thinking and Innovation' conducted at Ramakrishna Mission Sikshanamandira from 27 July 2019 to 31 August 2019.


Dr. Sivide Chaitanya
Course
Coordinator


Principal/
Vice Principal

Date: 11 September 2019

7. Course Name: First Aids Management

Course Code: **FAM/07/19-20**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Dr. Siharan Chakraborty, Sri Arumoy Jana

Mode: offline

Course Duration: 12 August 2019 to 20 September 2019

Contact Hours: Everyday evening from 6:30 p.m. to 7:30 p.m, for a total of 32 Hours

Total Number of students Enrolled: 33

Total Number of Students Completed: 30

Course Fee: NIL

Brief Descriptions:

The First Aids Management course (Course Code: FAM/07/19-20) was organised by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana as the Course Coordinator. The course aimed to equip participants with the necessary knowledge and skills to provide effective first aids in emergency situations. The resource persons for the course were Dr. Siharan

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Chakraborty and Sri Arumoy Jana. The course was conducted offline, allowing participants to engage in practical demonstrations and hands-on learning experiences. The course spanned from 12 August 2019 to 20 September 2019, with contact hours scheduled every evening from 6:30 p.m. to 7:30 p.m. This timing provided participants with the flexibility to attend the course after their daytime commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, allowing for comprehensive coverage of first aid principles and techniques. A total of 33 students enrolled in the First Aid Management course, highlighting their interest in acquiring skills to respond effectively in emergency situations. Out of the enrolled students, 30 successfully completed the course, demonstrating their dedication and commitment to learning and applying first aid practices. The course covered a wide range of topics, including assessing and managing various types of injuries, administering CPR (Cardiopulmonary Resuscitation), handling choking incidents, and addressing medical emergencies. The resource persons, Dr. Siharan Chakraborty and Sri Arumoy Jana, with their expertise in the field, provided comprehensive instruction and practical demonstrations to enhance participants' understanding and confidence in delivering first aid. The course emphasised hands-on practice and real-life simulations to simulate emergency scenarios and enhance participants' ability to respond effectively. Participants were trained in techniques such as wound care, bandaging, splinting, and managing common medical emergencies. The course was offered free of charge, aligning with Ramakrishna Mission Sikshanamandira's commitment to providing accessible education and promoting the well-being of individuals within the community. In conclusion, the First Aid Management course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with essential skills and knowledge to handle emergency situations effectively. The course equipped individuals with the confidence and competence to administer first aid and potentially save lives. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing the need for first aid training in various settings.



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**SELF STUDY COURSE ON
FIRST AIDS MANAGEMENT**

COURSE COMPLETION CERTIFICATE

This is to certify that **Sujoy Sadhu, B.Ed.-II Year, Session: 2019-20** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'First Aids Management' conducted at Ramakrishna Mission Sikshanamandira from 12 August 2019 to 20th September 2019.


Course Coordinator


Principal/Vice Principal

Date: 25th September 2019


FAM/07/19-20/1

8. Course Name: Advanced Research Methodology

Course Code: **ARM/08/19-20**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Abhijit Guha**

Name of the Resource Persons: Dr. Abhijit Guha, Dr. Anujit Patra

Mode: offline

Course Duration: 16 February 2020 to 01 April 2020

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 5:00 p.m, for a total of 35 Hours

Total Number of students Enrolled: 18

Total Number of Students Completed: 15

Course Fee: NIL

Brief Descriptions:

The Advanced Research Methodology course (Course Code: ARM/08/19-20) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Abhijit Guha serving as the Course Coordinator. The course aimed to provide participants with in-depth knowledge and skills in research methodology to enhance their research capabilities. The resource persons for the course were Dr. Abhijit Guha and Dr. Anujit Patra. The course was conducted offline, allowing participants to engage in interactive sessions and hands-on learning. The course spanned from 16 February 2020 to 01 April 2020, with contact hours scheduled every Saturday and Sunday from 2:00 p.m. to 5:00 p.m. This weekend schedule allowed participants to dedicate focused time to the course without

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interfering with their weekday commitments. The course had a total duration of 35 hours, providing ample time for comprehensive coverage of advanced research methodology topics. A total of 18 students enrolled in the Advanced Research Methodology course, indicating their interest and recognition of the importance of research skills in their respective fields. Out of the enrolled students, 15 successfully completed the course, demonstrating their commitment to acquiring advanced research knowledge and skills. The course covered various aspects of research methodology, including research design, data collection methods, statistical analysis, and interpretation of research findings. The resource persons, Dr. Abhijit Guha and Dr. Anujit Patra, with their expertise and research experience, guided the participants in understanding and applying advanced research concepts and techniques. Participants were exposed to both theoretical frameworks and practical applications through case studies and hands-on exercises. They were trained in selecting appropriate research methods, designing research studies, and analysing data using statistical software. The course also emphasised ethical considerations in research and the effective presentation of research findings. The course fee for the Advanced Research Methodology course was waived (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to promoting research skills and knowledge without financial barriers. In conclusion, the Advanced Research Methodology course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Abhijit Guha, provided participants with advanced research skills and knowledge. The course equipped individuals with the necessary tools and techniques to undertake high-quality research in their respective fields. The high completion rate among the participants indicates the course's effectiveness in meeting the needs of individuals seeking to enhance their research capabilities.


SAMPLE CERTIFICATE

ARM/08/19-20/8



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SELF STUDY COURSE ON
Advanced Research Methodology
COURSE COMPLETION CERTIFICATE

This is to certify that **Sandhyajyoti Ghosh, B.Ed.-II Year, Session: 2019-20** has successfully completed the Self-Study Course (**Duration: 35 hours**) on 'Advanced Research Methodology' conducted at Ramakrishna Mission Sikshanamandira from 16 February 2020 to 01 April 2020.


COURSE COORDINATOR

Date: 06 April 2020


PRINCIPAL VICE PRINCIPAL

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9. Course Name: Advanced Life-Skills Training

Course Code: ALST/09/19-20

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Dr. Siharan Chakrabarty

Name of the Resource Persons: Swami (Dr.) Tattwasarananda, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 12 July 2019 to 17 August 2019

Contact Hours: Every evening from 5:00 p.m. to 6:00 p.m., for a total of 30 Hours

Total Number of students Enrolled: 30

Total Number of Students Completed: 26

Course Fee: NIL

Brief Descriptions:

The Advanced Life-Skills Training course (Course Code: ALST/09/19-20) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Siharan Chakrabarty as the Course Coordinator. The course aimed to provide participants with advanced skills and knowledge in various life skills to enhance their personal and professional development. The resource persons for the course were Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty. The course was conducted offline, allowing participants to engage in interactive sessions and experiential learning. The course duration was from 12 July 2019 to 17 August 2019, with contact hours scheduled every evening from 5:00 p.m. to 6:00 p.m. This timing allowed participants to attend the course after their daytime commitments, providing them with the opportunity to enhance their life skills without disrupting their daily routines. The course had a total duration of 30 hours, ensuring comprehensive coverage of advanced life skills topics. A total of 30 students enrolled in the Advanced Life-Skills Training course, indicating their recognition of the importance of life skills in personal and professional growth. Out of the enrolled students, 26 successfully completed the course, demonstrating their commitment to acquiring advanced life skills and applying them in their lives. The course covered a wide range of life skills, including communication skills, emotional intelligence, problem-solving, decision-making, stress management, and time management. The resource persons, Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty, shared their expertise and experiences to guide participants in developing and applying these skills effectively. Participants engaged in various interactive activities, group discussions, and case studies to enhance their understanding and application of advanced life skills. They learned effective communication techniques, strategies for managing emotions and stress, methods for making informed decisions, and techniques for solving complex problems. The course also emphasised self-reflection and personal development, empowering participants to lead balanced and fulfilling lives. Ramakrishna Mission Sikshanamandira provided the Advanced Life-Skills Training course free of charge, aligning with their commitment to promoting holistic education and personal growth without financial barriers. In conclusion, the Advanced Life-Skills Training course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Siharan Chakrabarty, provided participants with advanced life skills and knowledge. The course equipped individuals with the necessary tools and techniques to enhance their personal and professional development. The high completion rate among



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the participants indicates the course's effectiveness in meeting the needs of individuals seeking to cultivate and apply advanced life skills in their lives.

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ALST/09/19-20/1



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SELF STUDY COURSE ON

Advanced Life Skills Training

CERTIFICATE

OF COMPLETION

This is to certify that **Sourav Das, B.Ed.-I Year, Session: 2019-20** has successfully completed the Self-Study Course (**Duration: 30 hours**) on 'Advanced Life Skills Training' conducted at Ramakrishna Mission Sikshanamandira from 12 July 2019 to 17 August 2019.


Course Coordinator




Principal/Vice Principal

Date: 21 August 2019

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2018-19: Certificates / evidences for completing the self-study course

1. Course Name: Advanced Child Development and Pedagogy

Course Code: **ACDP/01/18-19**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Swami(Dr.) Tattwasarananda

Mode: offline

Course Duration: 4 August 2018 to 6 September 2018

Contact Hours: Everyday evening from 4:30 p.m. to 5:30 p.m, for a total of 30 Hours

Total Number of students Enrolled: **21**

Total Number of Students Completed: 18

Course Fee: NIL

Brief Descriptions:

The Advanced Child Development and Pedagogy course (Course Code: ACDP/01/18-19) was conducted by Ramakrishna Mission Sikshanamandira. The course, coordinated by Br. Vinaychaitanya, aimed to enhance educators' understanding of child development and effective pedagogical practices. The resource persons, Br. Vinaychaitanya and Swami (Dr.) Tattwasarananda facilitated the offline course that took place from 4 August 2018 to 6 September 2018, Everyday evening from 4:30 p.m. to 5:30 p.m with a total of 30 contact hours. A total of 21 students enrolled in the course, showcasing their interest in deepening their knowledge and skills. Of the enrolled students, 18 successfully completed the course, demonstrating their commitment and active participation. The course covered various aspects of child development, including cognitive, social, emotional, and physical development. It also emphasised effective pedagogical strategies, assessment methods, and classroom management techniques. The course provided a platform for collaborative learning, allowing participants to exchange ideas and learn from one another. Practical activities, case studies, and real-life examples were incorporated to enhance practical application of the concepts. The course fee was waived, ensuring accessibility to a wider range of educators. Overall, the Advanced Child Development and Pedagogy course offered valuable insights and equipped educators with knowledge and skills to create optimal learning environments for children. The high completion rate reflects the course's impact in promoting professional development in the field of child development and pedagogy.



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2. Course Name: Advanced Environmental Studies

Course Code: AES/02/18-19

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Dr. Satyajit Kar

Name of the Resource Persons: Dr. Satyajit Kar, Dr. Sandip Kumar Mandal

Mode: offline

Course Duration: 19 April 2019 to 11 June 2019

Contact Hours: Every Saturday and Sunday from 2:00 p.m. to 4:30 p.m., for a total of 35 Hours

Total Number of students Enrolled: 38

Total Number of Students Completed: 34

Course Fee: NIL

Brief Descriptions:

The AES course (Course Code: AES/02/18-19) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Satyajit Kar serving as the Course Coordinator. The course aimed to provide participants with comprehensive knowledge and practical skills in the field of AES (Advanced Environmental Studies). Dr. Satyajit Kar and Dr. Sandip Kumar Mandal were the esteemed resource persons for the course. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course duration was from 19 April 2019 to 11 June 2019, spanning over a period of 8 weeks. Contact hours were scheduled every Saturday and

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Sunday from 2:00 p.m. to 4:30 p.m., accumulating to a total of 35 hours of instruction. This convenient schedule enabled participants to balance their professional commitments while engaging in the course. A total of 38 students enrolled in the AES course, demonstrating their keen interest in acquiring knowledge and skills in Advanced Environmental Studies. Out of the enrolled students, 34 successfully completed the course, reflecting their dedication and commitment to the program. The course covered a wide range of topics related to Advanced Environmental Studies, including environmental pollution, conservation, sustainability, waste management, and environmental impact assessment. The resource persons, Dr. Satyajit Kar and Dr. Sandip Kumar Mandal, shared their expertise and research findings, providing valuable insights into current environmental issues and effective solutions. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. Field visits and laboratory sessions were organised to provide firsthand experience in data collection, analysis, and environmental monitoring techniques. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting environmental education and awareness.

In conclusion, the AES course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Satyajit Kar, provided participants with a comprehensive understanding of Advanced Environmental Studies. The course facilitated practical learning experiences, enabling participants to develop essential skills and knowledge in environmental conservation and sustainability. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing environmental challenges and fostering environmental stewardship.

SAMPLE CERTIFICATE



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3. Course Name: Effective Time Management

Course Code: ETM/03/18-19

Course Provider: Ramakrishna Mission Sikshanamandira

Course Coordinator: Br. Vinaychaitanya

Name of the Resource Persons: Br. Girishachaitanya, Br. Vinaychaitanya

Mode: offline

Course Duration: 23 October 2018 to 27 November, 2018

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 32 Hours.

Total Number of students Enrolled: 27

Total Number of Students Completed: 23

Course Fee: NIL

Brief Descriptions:

The Effective Time Management course (Course Code: ETM/03/18-19) was organised by Ramakrishna Mission Sikshanamandira, with Br. Vinaychaitanya serves as the Course Coordinator. The course aimed to equip participants with essential knowledge and skills in Education and Time Management. The resource persons for the course were Br. Girishachaitanya and Br. Vinaychaitanya. The course was conducted offline, providing participants with face-to-face interactions and practical learning experiences. The course spanned from 23 October 2018 to 27 November, 2018, with contact hours scheduled every day in the morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to effectively manage their time and integrate the learnings into their daily routines. The total duration of the course was 32 hours, ensuring comprehensive coverage of the topics. A total of 27 students enrolled in the ETM course, highlighting the interest and importance of education and time management in their professional and personal lives. Among the enrolled students, 23 successfully completed the course, demonstrating their commitment and active participation throughout the program. The course focused on various aspects of education and time management, including effective study techniques, goal setting, prioritisation, organisation, and stress management. The resource persons, Br. Girishachaitanya and Br. Vinaychaitanya, shared their expertise and practical strategies to help participants optimise their learning potential and make the most of their time. The course encouraged active participation through discussions, case studies, and practical exercises. Participants were able to share their experiences, challenges, and best practices, fostering a collaborative learning environment. The course was offered free of charge, exemplifying Ramakrishna Mission Sikshanamandira's commitment to providing quality education and professional development opportunities. In conclusion, the ETM course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Vinaychaitanya, offered valuable insights and practical strategies for education and time management. The course equipped participants with essential skills to enhance their study habits, productivity, and overall well-being. The high completion rate among the enrolled students showcases the course's effectiveness and relevance in supporting individuals in their educational and personal endeavours.

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4. Course Name: Acting and Anchoring

Course Code: AA/04/18-19

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Rathin Kuri**

Name of the Resource Persons: Sri Rathin Kuri, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 22 August 2018 to 28 September 2018

Contact Hours: Everyday Evening from 7:30 p.m. to 8:30 p.m., for a total of 32 Hours

Total Number of students Enrolled: 25

Total Number of Students Completed: 22

Course Fee: NIL

Brief Descriptions:

The Acting and Anchoring course (Course Code: AA/04/18-19) was organised by Ramakrishna Mission Sikshanamandira, with Sri Rathin Kuri as the Course Coordinator. The resource persons for the course were Sri Rathin Kuri and Dr. Siharan Chakraborty. The course was conducted offline, allowing for direct interaction and hands-on learning experiences. The course spanned from 22 August 2018 to 28 September 2018, with contact hours scheduled every evening from 7:30 p.m. to 8:30 p.m. This convenient timing allowed participants to attend the course after their regular commitments, ensuring minimal disruption to their daily routines. The course had a total

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duration of 32 hours, providing a comprehensive coverage of the topics. A total of 25 students enrolled in the AA course, demonstrating their keen interest in acquiring knowledge and skills in Acting and Anchoring. Out of the enrolled students, 22 successfully completed the course, showcasing their dedication and commitment to the program. The course covered a wide range of topics related to Acting and Anchoring. The resource persons, Sri Rathin Kuri and Dr. Siharan Chakraborty, shared their expertise and research findings, providing valuable insights into the latest advancements in the field. The course emphasised practical applications and hands-on activities to enhance the participants' understanding and skills. The course was offered free of charge (NIL course fee), ensuring accessibility for participants from diverse backgrounds and promoting knowledge and skill development in Acting and Anchoring. In conclusion, the AA course conducted by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Rathin Kuri, provided participants with a comprehensive understanding of Acting and Anchoring.

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5. Course Name: Yoga Science for Wellness

Course Code: YSW/05/18-19

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Sri Arumoy Jana

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Mode: offline

Course Duration: 17 February 2019 to 24 March 2019

Contact Hours: Every day morning from 6:30 a.m. to 7:30 a.m., for a total of 32 Hours

Total Number of students Enrolled: 33

Total Number of Students Completed: 28

Course Fee: NIL

Brief Descriptions:

The Yoga Science for Wellness course (Course Code: YSW/05/18-19) was conducted by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana serving as the Course Coordinator. The course aimed to promote the holistic well-being of individuals through the practice and understanding of Yoga Science. Sri Arumoy Jana was the dedicated resource person for the course. The course was conducted offline, allowing participants to experience the benefits of yoga in person. The course spanned from 17 February 2019 to 24 March 2019, with contact hours scheduled every morning from 6:30 a.m. to 7:30 a.m. This early and regular timing enabled participants to incorporate the practice of yoga into their daily routines, fostering a healthy and balanced lifestyle. The course had a total duration of 32 hours, providing ample time for comprehensive learning and practice. A total of 33 students enrolled in the Yoga Science for Wellness course, showcasing their interest and commitment to their personal well-being. Among the enrolled students, 28 successfully completed the course, indicating their dedication and active participation throughout the program. The course covered various aspects of yoga, including asanas (physical postures), pranayama (breathing exercises), meditation, and relaxation techniques. Sri Arumoy Jana, with his expertise and experience in yoga, guided the participants on the correct alignment, breathing techniques, and mindfulness practices associated with each aspect of yoga. The course emphasised the importance of integrating yoga into daily life to achieve physical, mental, and spiritual well-being. Participants learned techniques for stress reduction, improving flexibility, increasing body awareness, and developing a calm and focused mind. The course was conducted free of charge (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to making yoga accessible to all individuals, irrespective of their financial background. In conclusion, the Yoga Science for Wellness course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with a transformative experience in yoga practice and its holistic benefits. The course empowered individuals to lead healthier and more balanced lives, incorporating the principles and practices of yoga. The high completion rate among the participants signifies the positive impact of the course and its potential in promoting overall well-being through the practice of yoga.



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YSW/05/18-19/1


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Self Study Course on
Yoga Science for Wellness
COURSE COMPLETION CERTIFICATE

This is to certify that **Piyush Piku Sinha, B.Ed.-I Year, Session: 2018-19** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'Yoga Science for wellness' conducted at Ramakrishna Mission Sikshanamandira from 17 February 2019 to 24 March 2019.

Date: 28 March 2019

Anurag Jana
Course
Coordinator

Vijaya
Principal/
Vice Principal

6. Course Name: Creative Thinking and Innovation

Course Code: **CTI/06/18-19**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: Br. Girishachaitanya

Name of the Resource Persons: Br. Vinaychaitanya, Br. Girishachaitanya

Mode: offline

Course Duration: 26 July 2018 to 30 August 2018

Contact Hours: Everyday morning from 7:30 a.m. to 8:30 a.m., for a total of 30 Hours

Total Number of students Enrolled: 31

Total Number of Students Completed: 27

Course Fee: NIL

Brief Descriptions:

The Creative Thinking and Innovation course (Course Code: CTI/06/18-19) was organised by Ramakrishna Mission Sikshanamandira, with Br. Girishachaitanya serves as the Course Coordinator. The course aimed to foster creative thinking and innovation among participants. The resource persons for the course were Br. Vinaychaitanya and Br. Girishachaitanya. The course was conducted offline, providing participants with direct engagement and experiential learning opportunities. The course spanned from 26 July 2018 to 30 August 2018, with contact hours

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scheduled every morning from 7:30 a.m. to 8:30 a.m. This regular and early timing allowed participants to start their day with creative thinking exercises and develop a creative mindset throughout the course. The course had a total duration of 30 hours, providing ample time for in-depth exploration of the subject. A total of 31 students enrolled in the Creative Thinking and Innovation course, showcasing the interest and recognition of the importance of creative thinking in various fields. 27 Students completed the course successfully. The diverse group of participants brought different perspectives and experiences, enriching the learning environment. The number of students who completed the course was not specified. The course focused on nurturing creative thinking skills and fostering an innovative mindset. Through interactive sessions, discussions, and practical exercises, participants learned techniques to generate ideas, think critically, solve problems, and adapt to changing situations. The resource persons, Br. Vinaychaitanya and Br. Girishachaitanya, shared their knowledge and experiences, providing valuable insights into the creative process and strategies for fostering innovation. The course encouraged participants to apply creative thinking and innovation in their personal and professional lives. They were challenged to think outside the box, explore new possibilities, and develop a mindset that embraces change and experimentation. The course was offered free of charge, reflecting Ramakrishna Mission Sikshanamandira's commitment to providing quality education and fostering creativity and innovation among individuals. In conclusion, the Creative Thinking and Innovation course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Br. Girishachaitanya, provided participants with valuable tools and techniques to enhance their creative thinking and innovation skills. The course empowered individuals to approach challenges and opportunities with a fresh perspective and develop innovative solutions. The diverse enrollment and the dedicated resource persons contributed to a dynamic learning environment. The course's emphasis on free participation further ensured equal access to knowledge and skill development in creative thinking and innovation.



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7. Course Name: First Aids Management

Course Code: FAM/07/18-19

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Sri Arumoy Jana**

Name of the Resource Persons: Dr. Siharan Chakraborty, Sri Arumoy Jana

Mode: offline

Course Duration: 11 August 2018 to 19th September, 2018

Contact Hours: Everyday evening from 6:30 p.m. to 7:30 p.m., for a total of 32 Hours

Total Number of students Enrolled: 24

Total Number of Students Completed: 20

Course Fee: NIL

Brief Descriptions:

The First Aids Management course (Course Code: FAM/07/18-19) was organised by Ramakrishna Mission Sikshanamandira, with Sri Arumoy Jana as the Course Coordinator. The course aimed to equip participants with the necessary knowledge and skills to provide effective first aids in emergency situations. The resource persons for the course were Dr. Siharan Chakraborty and Sri Arumoy Jana. The course was conducted offline, allowing participants to engage in practical demonstrations and hands-on learning experiences. The course spanned from

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11 August 2018 to 19th September, 2018, with contact hours scheduled every evening from 6:30 p.m. to 7:30 p.m. This timing provided participants with the flexibility to attend the course after their daytime commitments, ensuring minimal disruption to their daily routines. The course had a total duration of 32 hours, allowing for comprehensive coverage of first aid principles and techniques. A total of 24 students enrolled in the First Aid Management course, highlighting their interest in acquiring skills to respond effectively in emergency situations. Out of the enrolled students, 20 successfully completed the course, demonstrating their dedication and commitment to learning and applying first aid practices. The course covered a wide range of topics, including assessing and managing various types of injuries, administering CPR (Cardiopulmonary Resuscitation), handling choking incidents, and addressing medical emergencies. The resource persons, Dr. Siharan Chakraborty and Sri Arumoy Jana, with their expertise in the field, provided comprehensive instruction and practical demonstrations to enhance participants' understanding and confidence in delivering first aid. The course emphasised hands-on practice and real-life simulations to simulate emergency scenarios and enhance participants' ability to respond effectively. Participants were trained in techniques such as wound care, bandaging, splinting, and managing common medical emergencies. The course was offered free of charge, aligning with Ramakrishna Mission Sikshanamandira's commitment to providing accessible education and promoting the well-being of individuals within the community. In conclusion, the First Aid Management course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Sri Arumoy Jana, provided participants with essential skills and knowledge to handle emergency situations effectively. The course equipped individuals with the confidence and competence to administer first aid and potentially save lives. The high completion rate among the participants reflects the course's effectiveness and relevance in addressing the need for first aid training in various settings.



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SAMPLE CERTIFICATE

FAM/07/18-191

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Belur Math, Howrah, PIN - 711202

SELF STUDY COURSE ON
FIRST AIDS MANAGEMENT
COURSE COMPLETION CERTIFICATE

This is to certify that **Milan Tudu, B.Ed.-II Year, Session: 2018-19** has successfully completed the Self-Study Course (**Duration: 32 hours**) on 'First Aids Management' conducted at Ramakrishna Mission Sikshanamandira from 11 August 2018 to 19th September, 2018.


Course Coordinator


Principal/Vice Principal-


Date: 24th September 2018

8. Course Name: Advanced Research Methodology

Course Code: **ARM/08/18-19**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Abhijit Guha**

Name of the Resource Persons: **Dr. Abhijit Guha, Dr. Anujit Patra**

Mode: **offline**

Course Duration: **17 February 2019 to 03 April 2019**

Contact Hours: **Every Saturday and Sunday from 2:00 p.m. to 5:00 p.m., for a total of 35 Hours**

Total Number of students Enrolled: **38**

Total Number of Students Completed: **33**

Course Fee: **NIL**

Brief Descriptions:

The Advanced Research Methodology course (Course Code: ARM/08/18-19) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Abhijit Guha serving as the Course Coordinator. The course aimed to provide participants with in-depth knowledge and skills in research methodology to enhance their research capabilities. The resource persons for the course were Dr. Abhijit Guha and Dr. Anujit Patra. The course was conducted offline, allowing participants to engage in interactive sessions and hands-on learning. The course spanned from 17 February 2019 to 03 April 2019, with contact hours scheduled every Saturday and Sunday from 2:00 p.m. to 5:00 p.m. This weekend schedule allowed participants to dedicate focused time to the course without

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interfering with their weekday commitments. The course had a total duration of 35 hours, providing ample time for comprehensive coverage of advanced research methodology topics. A total of 38 students enrolled in the Advanced Research Methodology course, indicating their interest and recognition of the importance of research skills in their respective fields. Out of the enrolled students, 33 successfully completed the course, demonstrating their commitment to acquiring advanced research knowledge and skills. The course covered various aspects of research methodology, including research design, data collection methods, statistical analysis, and interpretation of research findings. The resource persons, Dr. Abhijit Guha and Dr. Anujit Patra, with their expertise and research experience, guided the participants in understanding and applying advanced research concepts and techniques. Participants were exposed to both theoretical frameworks and practical applications through case studies and hands-on exercises. They were trained in selecting appropriate research methods, designing research studies, and analysing data using statistical software. The course also emphasised ethical considerations in research and the effective presentation of research findings. The course fee for the Advanced Research Methodology course was waived (NIL course fee), reflecting Ramakrishna Mission Sikshanamandira's commitment to promoting research skills and knowledge without financial barriers. In conclusion, the Advanced Research Methodology course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Abhijit Guha, provided participants with advanced research skills and knowledge. The course equipped individuals with the necessary tools and techniques to undertake high-quality research in their respective fields. The high completion rate among the participants indicates the course's effectiveness in meeting the needs of individuals seeking to enhance their research capabilities.

SAMPLE CERTIFICATE

ARM/08/18-19/1



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SELF STUDY COURSE ON


Advanced Research Methodology

COURSE COMPLETION CERTIFICATE

This is to certify that **Sandip Paul, B.Ed.-II Year, Session: 2018-19** has successfully completed the Self-Study Course (**Duration: 35 hours**) on 'Advanced Research Methodology' conducted at Ramakrishna Mission Sikshanamandira from 17 February 2019 to 03 April 2019.


COURSE COORDINATOR

Date: 05 April 2019


PRINCIPAL/VICE PRINCIPAL

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9. Course Name: Advanced Life-Skills Training

Course Code: **ALST/09/18-19**

Course Provider: **Ramakrishna Mission Sikshanamandira**

Course Coordinator: **Dr. Siharan Chakrabarty**

Name of the Resource Persons: Swami (Dr.) Tattwasarananda, Dr. Siharan Chakraborty

Mode: offline

Course Duration: 15 July 2018 to 16 August 2018

Contact Hours: Every evening from 5:00 p.m. to 6:00 p.m., for a total of 30 Hours

Total Number of students Enrolled: 23

Total Number of Students Completed: 19

Course Fee: NIL

Brief Descriptions:

The Advanced Life-Skills Training course (Course Code: ALST/09/18-19) was conducted by Ramakrishna Mission Sikshanamandira, with Dr. Siharan Chakrabarty as the Course Coordinator. The course aimed to provide participants with advanced skills and knowledge in various life skills to enhance their personal and professional development. The resource persons for the course were Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty. The course was conducted offline, allowing participants to engage in interactive sessions and experiential learning. The course duration was from 15 July 2018 to 16 August 2018, with contact hours scheduled every evening from 5:00 p.m. to 6:00 p.m. This timing allowed participants to attend the course after their daytime commitments, providing them with the opportunity to enhance their life skills without disrupting their daily routines. The course had a total duration of 30 hours, ensuring comprehensive coverage of advanced life skills topics. A total of 23 students enrolled in the Advanced Life-Skills Training course, indicating their recognition of the importance of life skills in personal and professional growth. Out of the enrolled students, 19 successfully completed the course, demonstrating their commitment to acquiring advanced life skills and applying them in their lives. The course covered a wide range of life skills, including communication skills, emotional intelligence, problem-solving, decision-making, stress management, and time management. The resource persons, Swami (Dr.) Tattwasarananda and Dr. Siharan Chakraborty, shared their expertise and experiences to guide participants in developing and applying these skills effectively. Participants engaged in various interactive activities, group discussions, and case studies to enhance their understanding and application of advanced life skills. They learned effective communication techniques, strategies for managing emotions and stress, methods for making informed decisions, and techniques for solving complex problems. The course also emphasised self-reflection and personal development, empowering participants to lead balanced and fulfilling lives. Ramakrishna Mission Sikshanamandira provided the Advanced Life-Skills Training course free of charge, aligning with their commitment to promoting holistic education and personal growth without financial barriers. In conclusion, the Advanced Life-Skills Training course organised by Ramakrishna Mission Sikshanamandira, under the coordination of Dr. Siharan Chakrabarty, provided participants with advanced life skills and knowledge. The course equipped individuals with the necessary tools and techniques to enhance their personal and professional development. The high completion rate among



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the participants indicates the course's effectiveness in meeting the needs of individuals seeking to cultivate and apply advanced life skills in their lives.

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