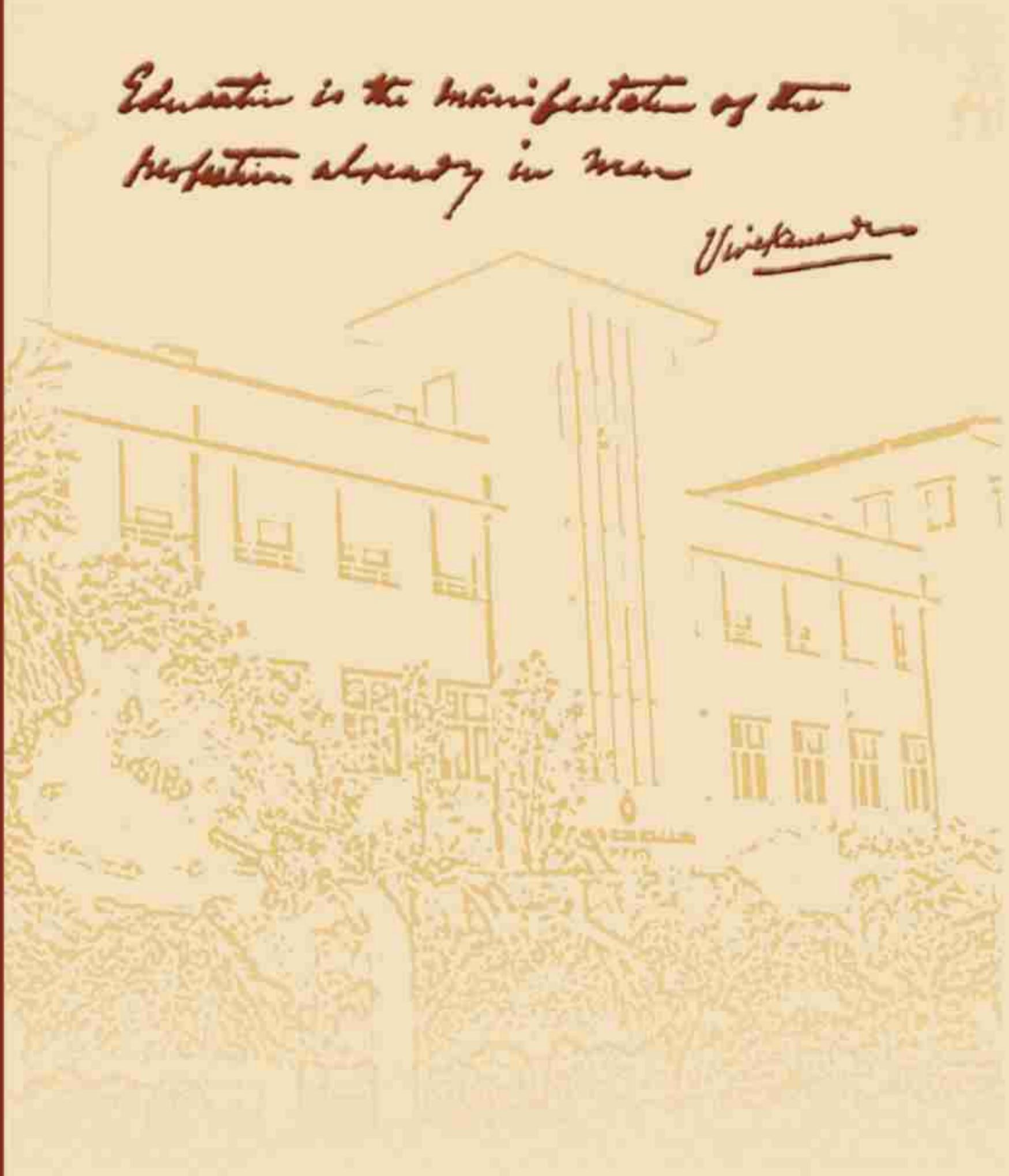


*Education is the manifestation of the
perfection already in man*

Vivekananda



Ramakrishna Mission Sikshanamandira

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

Belur Math, Howrah - 711202





"Education is not the amount of information that is put into your brain and runs riot there, undigested, all your life. We must have life-building, man-making, character-making assimilation of ideas. If you have assimilated five ideas and made them your life and character, you have more education than any man who has got by heart a whole library." – Swami Vivekananda



The Sikshanamandira

At the culmination of Swami Vivekananda's spiritual odyssey of Bhaarat Darshan, his accumulated experiences made him aware of the treasures of Indian culture hidden behind the misery and poverty of contemporary society. Swamiji perceived that the acute suffering and the repression of the smouldering identity of our great nation beneath that is a direct consequence of absence of education in its purest form.



Thereafter he lived and preached the paramount significance of education and educators in building the character of an individual that is infallible, pure, and rekindled with the idea of sacrifice for the common good. In keeping with the guiding principles of Swamiji, Sikshanamandira was established in 1958 to instil values, competency, and integrity to the future generation of teachers and teacher-educators and to set an example of teaching at its pinnacle.

THE VISION



Sikshanamandira Hostel during winter

Sikshanamandira aims to actualize Swami Vivekananda's educational vision through the pursuit of excellence in the field of teacher education and fundamental research. Our resolution is to impart a unique blend of modern educational approach and traditional values to future teachers and teacher educators to equip them with the knowledge necessary to face the changing social needs through the discovery, development, and proper implementation of acquired knowledge.

THE MISSION

- ❖ **Harmonising Ideas:** To Prepare teachers and curriculums that reflect a contemporary scientific approach imbued with India's rich heritage of cultural and spiritual values.
- ❖ **Venturing into the Unknown:** To facilitate trailblazing research in teacher education and innovative practices with methodical circulation and publication of the results in the academic circle.
- ❖ **Covering the Spectrum:** To promote scholarly research and physical and mental wellbeing through M. Phil, Ph. D and Diploma programmes.
- ❖ **Broadening the Horizon:** To explore interdisciplinary and multidisciplinary approaches in the field of academia and research.
- ❖ **Working together towards Success:** To Cooperate and collaborate with other esteemed national and international institutions with similar objectives.



The Sikshanamandira

THE COLLEGE AT A GLANCE

- ❖ Established in 1958 by Srimat Swami Vimuktanandaji Maharaj (one of the architects for actualizing the educational vision as was envisaged by Swami Vivekananda), as a Residential Teachers' Training College for male students sponsored by the **Govt. of West Bengal and affiliated to the University of Calcutta.**
- ❖ Recognized by the National Council for Teacher Education in the year 2002-03 (as per the NCTE Regulations 2014, the present intake capacity for the B.Ed. programme is 100 for a year).
- ❖ Declared as a College of Teacher Education (CTE) by the Ministry of Human Resource Development, Govt. of India in the year 2001.
- ❖ First accreditation by the National Assessment and Accreditation Council (NAAC) in 2007 with 'A' grade.
- ❖ Upgraded into a post graduate College by the NCTE in the year 2008 (as per the NCTE Regulations 2014, the present intake capacity for the M.Ed. programme is 50 for a year).
- ❖ On the recommendations of the University Grants Commission, the University of Calcutta conferred the status of an Autonomous College in favour of this institution in 2008.
- ❖ M.Phil. Programme in Education was initiated in the year 2012-13.
- ❖ Post-graduation Diploma in Guidance and Counselling Course started in the year 2013.
- ❖ Started Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies (SVCRES) a research wing under the University of Calcutta in 2014.
- ❖ Re-Accredited (Second Cycle) by the NAAC in 2015 with an 'A' grade.
- ❖ Extension of Autonomous Status for another six years conferred on 2015.
- ❖ Started Postgraduate Diploma in Yoga Education and Certificate Course in Communicative English and Writing in 2016.
- ❖ Awarded the status of College with Potential for Excellence (CPE) by the UGC in 2016.
- ❖ Selected by the UGC as a mentor institution under PARAMARSH Scheme in 2019 for mentoring NAAC Accreditation aspiring institutions to promote quality assurance in higher education.
- ❖ Third Cycle of Re-Accreditation by the NAAC in 2024 with an 'A' grade.
- ❖ Received 10 years of extension of the autonomous status from UGC in 2025.



শ্রীমত স্বামী বিষ্ণুনাথস্বামী শিক্শামন্দির প্রতিষ্ঠাতার প্ৰাণেণ কর্তব্যে
(১২ই জানুয়ারি, ১৯৫৮)

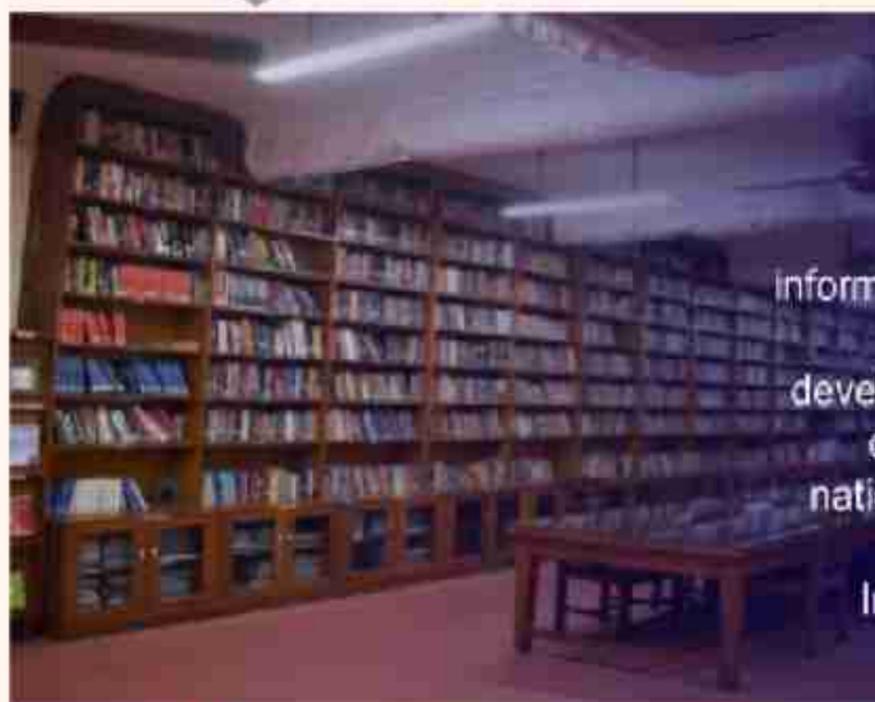


Why Sikshanamandira?

THE AMENITIES

-  24 * 7 WiFi Enabled Campus
-  Well Equipped Gymnasium
-  ICT Enabled Classrooms
-  Hostel Facilities





THE LIBRARY

"Keys to the future, Gateway to the past"

RKMSM Library provides an extensive collection of information resources, services and facilities to our students and staff for their learning, research and personal development. The College's state of the art library boasts a collection of over 23000 books along with a plethora of national and international journals. The library is equipped with a separate 24 *7 air conditioned Study Zone, an Integrated Library Management System and acts as an integral source of e-resources.

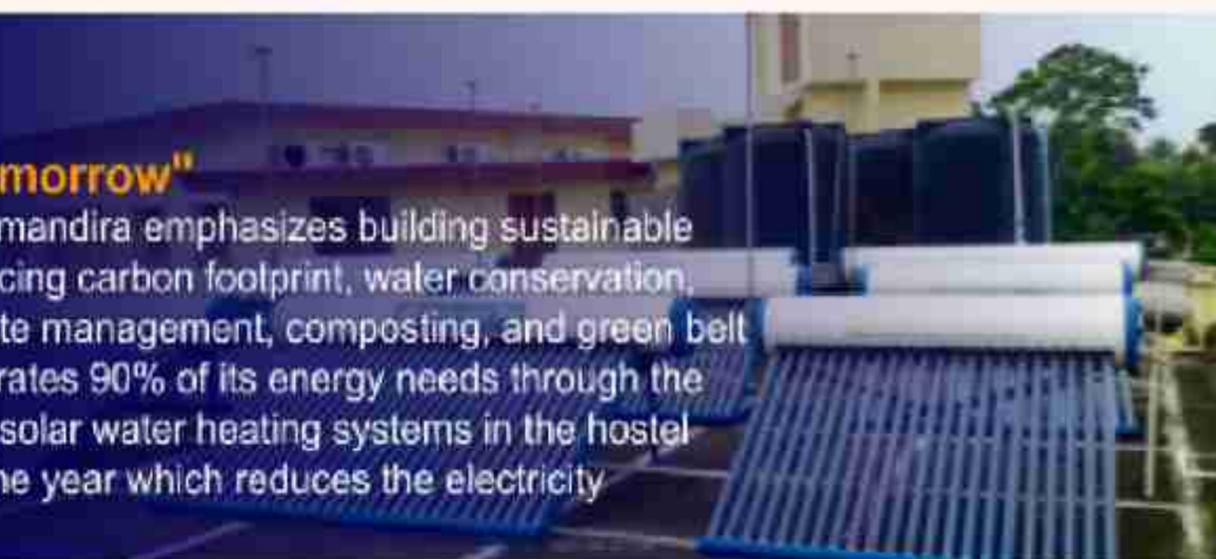
-  Separate Research Library
-  College Playgroud, Volleyball Court
-  Subject Specific Resource Rooms
-  Indoor Sports Room, Recreational Room
-  18*7 Air Conditioned Study Zone
-  Auditoriums



GOING GREEN

"Go green for a better tomorrow"

Ramakrishna Mission Sikshanamandira emphasizes building sustainable infrastructures focusing on reducing carbon footprint, water conservation, alternative energy sources, waste management, composting, and green belt development. The college generates 90% of its energy needs through the Rooftop Solar System. Rooftop solar water heating systems in the hostel provides hot water throughout the year which reduces the electricity consumption for water heating.





Why Sikshanamandira?

THE AMENITIES

-  18*7 Computer Kiosk
-  Music Studio/ Cultural Room
-  24*7 Supply of Purified Water



THE LOCATION

Located amidst a serene and picturesque ambiance, in close proximity of the sacred precincts of Belur Math, Sikshanamandira, is at a distance of about 200 metres to the west of the river Ganga and about 400 metres to the east of the Grand Trunk Road. The college is conveniently accessible by Bus Service to Howrah Station and Vivekananda Setu, by railway service from two local stations, and by ferry service on Hooghly River.

THE INCLUSIVITY

In response to the pressing issue of inclusivity, the college has installed key additional infrastructures such as Lifts and Ramps. Key facilities have been marked with Braille. A fully equipped laboratory with integrated Learning Aids and Text-to-Speech Software are available for usage.

THE INTELLECTUAL CAPITAL

Sikshanamandira boasts a rich pool of eminent faculties of every discipline. Our faculties play an active role in conducting multifaceted researches in the field of Educational Studies both independently and under the umbrella of SWAMI VIVEKANANDA CENTRE FOR MULTIDISCIPLINARY RESEARCH IN EDUCATIONAL STUDIES - the apex research wing of Sikshanamandira. The availability of such collective teaching and research experience, makes sure that the transfer of knowledge to the students becomes fruitful and ineffaceble.



Gayatri Chakravorty Spivak with the Faculties



The PGDYE Programme

Programme Vision

The Post Graduate diploma aims to create a supportive and collaborative learning environment for students from diverse backgrounds and cultures to acquire knowledge, attitudes, and skills essential in the practice of yogic exercise. The course will also help the students to envision a future where schools are seedbeds of health and happiness.

Where educators coach and embody lifelong well-being through dynamic teaching. And also all students learn life skills to cultivate mind-body fitness in tandem with academic success.

Programme Mission

This one-year regular course is designed to prepare education professionals for yoga education within the primary, secondary, higher and tertiary education sectors. Our mission is to empower all communities with yoga to cultivate health and wellness in adults to aged people. Through evidence-based Professional Institutes, Professional Development, and Educational Resources, Yoga Ed. equips educators with yoga tools to integrate yoga for children to age people into academic environments. The course provides participants with an opportunity to develop themselves or atman which is essential in the education process and also to undertake a particular practical project related to their own work. A wide variety of methodologies – lectures, seminars and workshops are used throughout with a selection of key guest speakers from the local and national context brainstorming on relevant areas of Yoga Education, and other relevant themes.

The course is designed particularly for Students of Postgraduate levels, Teachers, Instructors and Prospective Educational Leaders in the Indian Primary, Secondary and Higher Education sectors and other organizations working in this arena.



Inauguration of Yoga Wall Magazine

State level Yoga Competition





The PGDYE Programme

Programme Learning Outcomes

Post Graduate Diploma in Yoga education will enable the students to -

- ❖ Have the knowledge to train and prepare deserving candidates in the exoteric aspects of Yoga.
- ❖ Be able to perceive the integration of personality to the preparation for one's higher esoteric practices as the first step of the journey.
- ❖ Learn techniques of gaining good health, to develop a mind capable of discriminating the real from the unreal and to face the dualities of life with equanimity.
- ❖ Attain mental hygiene, emotional stability, integrate moral values and obtain a higher level of consciousness.
- ❖ Be motivated enough to opt Yoga Educator, Yoga Trainer etc. like professions as their career options.
- ❖ Be grounded fairly in the various academic aspects of the subject and find themselves well equipped to become a Yoga teacher.
- ❖ Be capable enough, as a yoga teacher, to prepare the students physically, mentally and spiritually for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society.
- ❖ Have a sound knowledge in the role of diet for living a healthy life and have the capacity to manipulate diet that can lead to a healthy, prosperous and productive life.
- ❖ Have the ability to advise yogic measures of prevention to avoid minor and major health problems and diseases.
- ❖ Be able to acknowledge the importance of meditation for living a joyful life; will know the various meditation techniques and become a good meditator that will benefit him personally and enable him to guide others as well.



PGDYE Trainee Demonstrating 'Artistic Yoga' on International Yoga Day, 2025

State Level Yoga Competition





The PGDYE Programme

Details of the Programme

- ❖ Course of Study: POST GRADUATE DIPLOMA IN YOGA EDUCATION
- ❖ Duration: 1 YEAR
- ❖ Semester: 2 Semesters
- ❖ Intake Capacity: 70
- ❖ Course Fees (including Yoga Dress & Practical Equipments): Total Rs. 11,000/- (Eleven Thousand only)
 - Rs. 6,000/- (Rupees Six Thousand only) to be paid at the time of admission.
 - Rs. 5,000/- (Rupees Five Thousand only) to be paid at the time of initiation of 2nd Semester.
- ❖ Hostel facility is available with additional annual charges of Rs. 15150/- (excluding monthly mess meal charges) payable once during the hostel admission.
- ❖ The Course has to be completed within 3 years.
- ❖ Classes will be conducted via Online-Offline Blended Mode.
- ❖ Classes will be held on the following days and times:

Days	Time	Mode
Tuesday	06:30 p.m. to 08:30 p.m.	Online
Thursday	06:30 p.m. to 08:30 p.m.	
Saturday	02:00 p.m. to 05:00 p.m. (Offline) or 06:30 p.m. to 08:30 p.m. (Online)	Offline / Online
Sunday	10:30 a.m. to 05:00 p.m.	Offline

N.B - 75% attendance in the classes is mandatory



Yoga Practice in New Abhedananda (Yoga) Hall



The PGDYE Programme

Eligibility Criteria

- ❖ **Academic qualification:** Minimum 3 years Graduate in any discipline from any UGC-recognized University.
- ❖ **Age:** Not more than 40 years. (Relaxation of age may be considered for In-Service [Government Service] candidates).
- ❖ **Sex:** Male only.

Admission Policy and Timeline

- ❖ **Mode of Selection:** Merit list will be prepared on the basis of the following:

Secondary		15 (W*)
Higher Secondary		15 (W*)
Graduation		20 (W*)
B.Ed./ B.P.Ed.		10 (W*)
M.P.Ed./ M.Ed./ M.A./ M.Sc./ M.Com./ Other equivalent degree		10 (W*)
Yoga/ Sports Performance:		10 (S#)
National Level/ All India Level	10 (S#)	Only the best Performance will be considered
State level/ Inter University	8 (S#)	
District Level/ Inter College	6 (S#)	
Interview/ Counselling		20 (W*)
Total		100

(w*: weightage, s#: score)

The applicants are to check the institutional website ([Notice Board Section](#)) as well as the [PGDYE Admission Page](#)) regularly for important announcements and updates.

Note:

- ❖ In-service Candidates will be given special preferences. **(Government Service Only)**
- ❖ Form fill-in mode: Online through the website (<https://rkmsm.org/>)
- ❖ **Online Form fill-in date:** From 9th July to 15th August, 2025 **2nd September 2025 (Tentative)**
- ❖ **Application Form Price:** Rs. 200/- only
- ❖ **Publication of list for Interviews/ Counselling:** **16th August, 2025 to be notified later**
- ❖ **Date and Time of Interview/ Counselling:** **17th August, 2025 (Sunday, Reporting Time: 10:30 am)**
- ❖ **Mode of Interview/ Counselling:** Offline platform
- ❖ The final Merit List & Waiting List will be published for admission on **19th August, 2025**
- ❖ **Reservation:** As per Rules framed by the Government of West Bengal
- ❖ **Dates of Admission:** **19th August to 22nd August, 2025** [through online mode]
- ❖ **Dates of Admission from Waiting List:** **23rd August, 2025** [through online mode]
- ❖ Classes start on **24th August, 2025 (Sunday)** from 10.30 am [through offline mode]



Yoga Awareness Camp

Common Yoga Protocol



Yoga Students (Batch: 2022-23) in front of the College Building

Contact



(033) 2654 - 9281 / 4814 / 1635 (Office)



rkmsm@rediffmail.com | rkmsmc@gmail.com



www.rkmsm.org



Ramakrishna Mission Sikshanamandira
P.O. - Belur Math
Dist. - Howrah
State: West Bengal
India
Pin: 711 202

Follow us on



Visit us on



Ramakrishna Mission Sikshanamandira

(ANCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE)

COLLEGE OF TEACHER EDUCATION (CTE)

SWAMI VIVEKANANDA CENTRE FOR MULTIDISCIPLINARY RESEARCH IN EDUCATIONAL STUDIES

Belur Math, Howrah - 711202

