



RAMAKRISHNA MISSION SIKSHANAMANDIRA

(A NCTE recognized Govt. Aided (WB) Autonomous Post-Graduate College under University of Calcutta)

College with Potential for Excellence (CPE),

College of Teacher Education (CTE) & Swami Vivekananda Centre for
Multidisciplinary Research in Educational Studies (SVCRES)

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Belur Math, Howrah – 711202, West Bengal.

OFFICE OF THE CONTROLLER OF EXAMINATIONS

No. CE-35/EXP/PGDYE/25-26

Schedule for 1st Semester Examination of Post Graduate Diploma in Yoga Education Programme 2025-2026

Date		Course Code	Course Name	FM	Time
02/03/2026 (Monday)	Theory	611	Foundations of Yoga	100	12 Noon – 3 PM
06/03/2026 (Friday)	Theory	612	Anatomy and Physiology of Yogic Practices	100	12 Noon – 3 PM
11/03/2026 (Wednesday)	Theory	613	Yoga Sutras of Patanjali	50	11.30 AM – 1.30 PM
	Theory	614	Methods of Teaching Yoga	50	2 PM – 4 PM
15/03/2026 (Sunday)	Practicum-I	615	Asanas, Pranayamas, Bandhas and their Techniques	100	11 AM onwards

20.02.2026

Sw. Urjitananda

(Swami Urjitananda)

Controller of Examinations

Swami Urjitananda

Controller of Examinations

Ramakrishna Mission Sikshanamandira

Belur Math, Howrah-711202, W.B.

Copy to

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5. Faculty Notice Board	10. Scrap/Guard File