

Post Graduate Diploma in Guidance & Counselling 2nd Semester Examination- 2014 – 15
DEVELOPMENTAL PSYCHOLOGY FOR COUNSELLING
Fifth Paper (PGDGC 105)

ASSIGNMENT

(To be submitted by 7th June, 2015)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** questions from the following: 2×10
 - (a) What is flooding? (b) What is defence mechanism? (c) What is behaviour therapy?
 - (d) How would you define Indian perspective of dream?
 - (e) What are the differences between projection and introjection?
 - (f) What is systematic desensitization? (g) Describe the stages of cognitive development.
 - (h) Describe two functions of ACTH. (i) Which type of therapy has similarity with Vedanta?
 - (j) Describe two side effects of ECT.
 - (k) Describe any two outcomes of Yogic Prescriptions in maintaining daily life activities serene and healthy. (l) Who are the Neo-Freudian psychologists? Name at least two of them.

 2. Answer **any six** questions from the following: 10×6
 - (a) What do you mean by behaviour modification? Describe any techniques for behaviour modification with suitable examples. 4+6
 - (b) Briefly describe the structural concept of mind including nature of id, ego, and super ego, conscious, subconscious and unconscious. 10
 - (c) Describe the Humanistic view of personality. 10
 - (d) What do you mean by development? In this connection discuss the problems of adolescence. 3+7
 - (e) Give a brief statement of Erik Erikson's theory of personality. 10
 - (f) Give an account of the scope of Indian Psychology. In this connection delineate the contribution of Jadunath Sinha & Girindrasekhar Bose to Indian Psychology in contemporary India. 6+2+2
 - (g) Describe cognitive therapy with its application in modern days. 4+6
 - (h) What is moral development? Describe stages of moral development according to Kohlberg. 2+8
 - (i) Describe **any one** of the followings: 10
 - (a) Coma
 - (b) Electroconvulsive Therapy
 - (c) Neurosurgery

 3. Answer **any one** question from the following: 20×1
 - (a) Construct a framework on problems and remedies on adult client due to prolonged unemployment.
 - (b) Describe in details the cognitive behavior therapy.
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**Post Graduate Diploma in Guidance & Counselling 2nd Semester Examination
- 2014 – 15**

**ABNORMAL & BIO-PSYCHOLOGY
Sixth Paper (PGDGC 106)**

ASSIGNMENT

(To be submitted by 7th June, 2015)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** questions from the following: 2×10
 - (a) What is CNS?
 - (b) What is DSM-IV-TR?
 - (c) Define psychopath?
 - (d) What do you mean by delinquency?
 - (e) Mention two salient features of personality disorder?
 - (f) Mention two salient features of Alzheimer's patient.
 - (g) What is epilepsy?
 - (h) Define neurobiology?
 - (i) What do you mean by emotion?
 - (j) What do you mean by eating disorder?
 - (k) What do you mean by abnormal behaviour?
 - (l) What is paranoid personality disorder?

 2. Answer **any six** questions from the following: 10×6
 - (a) Describe the biological model of abnormal behaviour.
 - (b) Discuss the psychological casual factors of abnormal behaviour.
 - (c) What is stress? Discuss the causes of stress and the coping mechanism of stress.
 - (d) Describe the symptoms & treatments of Bipolar disorder.
 - (e) Enumerate the anatomical structure of Nervous system of human with suitable diagram(s).
 - (f) What is ASPD? Delineate the characteristics & treatment of ASPD.
 - (g) Portray the characteristics, causes and treatment of personality disorder.
 - (h) What is called as suicide? Describe the psychological dimension and sociological dimension of suicidal phenomenon.
 - (i) Discuss the historical perspective of abnormal behaviour.

 3. Answer **any one** question from the following: 20×1
 - (a) Illustrate in detail the multi-axial classification system of Abnormal Behaviour according to DSM-IV and its significance.
 - (b) Discuss the symptoms, causes, diagnosis and treatment of Dementia patient.
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**COUNSELLING IN PRACTICE
Seventh Paper (PGDGC 107)**

ASSIGNMENT

(To be submitted by 7th June, 2015)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** questions from the following: 2×10
- (a) What is 'Autism'?
 - (b) Who are called gifted children?
 - (c) What is meant by learning disability?
 - (d) What is CBT?
 - (e) What is 'Seizure'?
 - (f) Mention any two causes of cardiac impairment.
 - (g) Mention any two problems of Autism Spectrum Disorder.
 - (h) Who are hearing impaired children?
 - (i) What is meant by cerebral palsy?
 - (j) Define 'AIDS'.
 - (k) What is family therapy?
 - (l) Define Counselling.
2. Answer **any six** questions from the following: 10×6
- (a) Discuss the characteristics of traumatized child and the counselling process to manage their problems. 10
 - (b) How would you manage depression of patient as a counsellor? 10
 - (c) Why should a counsellor consult with teachers, parents and school administrator? 10
 - (d) How will a counsellor assess a child of infantile autism? What steps will a counsellor take to advise the parents? 5+5
 - (e) Discuss the problems faced by the gifted children in school and counselling process for gifted children. 10
 - (f) Discuss the steps of rehabilitation process of hairing loss patients. 10
 - (g) Discuss the causes of Epilepsy and the strategies of its management. 10
 - (h) Write short notes on
 - (i) Case history method
 - (ii) Educational counselling 5+5
 - (i) Describe the process of managing bipolar disorder. 10
3. Answer **any one** question from the following: 20×1
- (a) What do you mean by family therapy? What types of problems can be treated with the help of family therapy. Discuss different types of family therapy. 4+6+10
 - (b) Define visual impairment. Give a detail account for educating a visually impaired child for rehabilitation purpose. 4+16